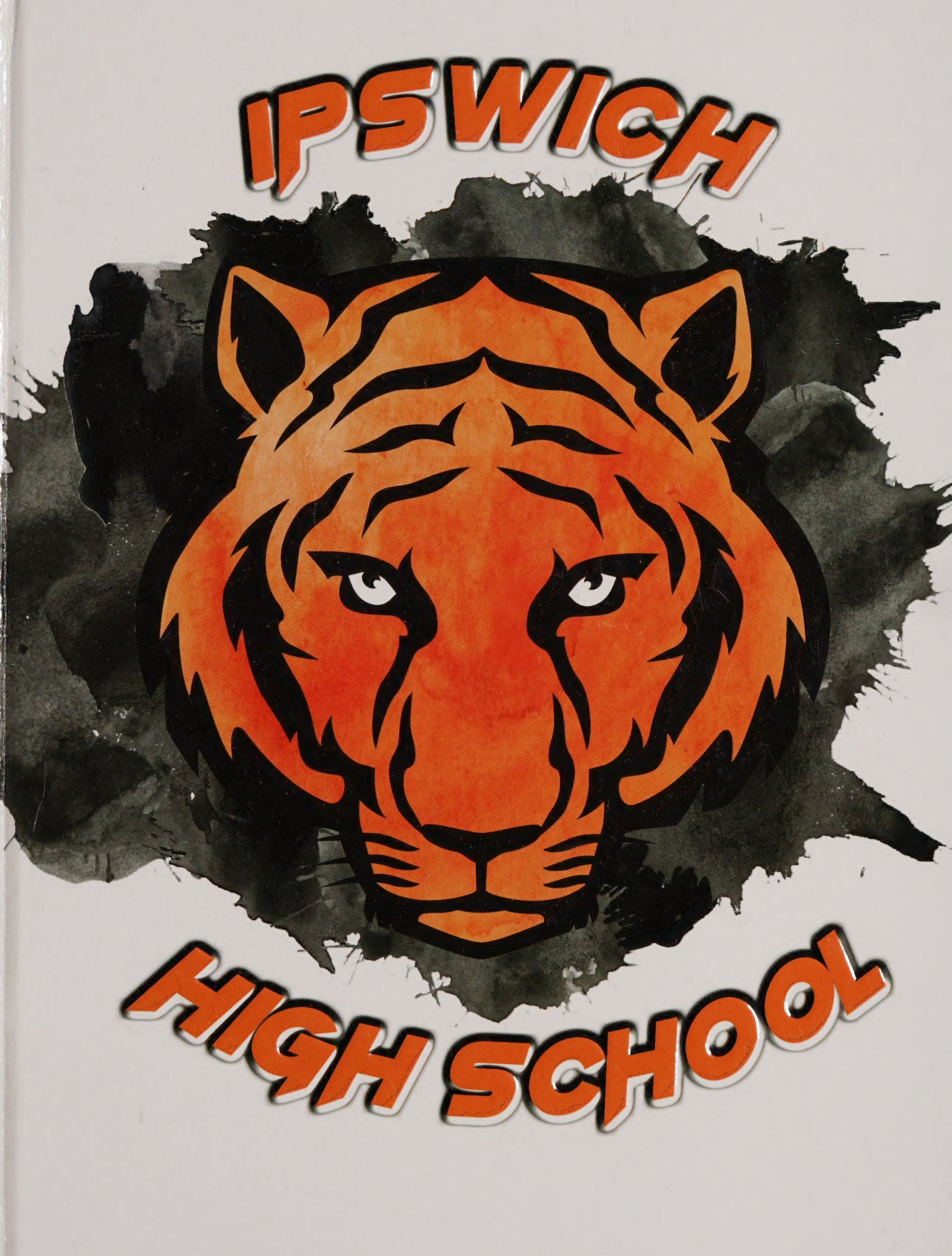
IPSWICH
HIGH SCHOOL

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Table of Contents

Faculty & Students

2-3 Senior Class Photo
4-5 Yearbook Staff
6-11 Faculty
12-13 Summer
14-15 Class of 2022 Collage
16-21 Class of 2022
22-23 Class of 2021 Collage
24-29 Class of 2021
30-31 Class of 2020 Collage
32-37 Class of 2020

Fall

38-39 Fall Divider
40-41 Football
42-43 Cheer
44-45 Girls Cross Country
46-47 Boys Cross Country
48-49 Girls Soccer
50-51 Boys Soccer
52-53 Field Hockey
54-55 Golf
56-57 Volleyball
58-58 Fall Sport Awards
59-63 Spirit week
64-65 Homecoming

Winter

66-67 Winter Divider
68-69 Boys Basketball
70-71 Girls Basketball
72-73 Swim
74-75 Girls Track
76-77 Boys Track
78-79 Gymnastics
80-81 Hockey
82-83 Winter Sport Awards
84-85 Cotillion
86-87 Semi

Spring & Student Life

88-89 Spring Divider
90-91 Spring Sports
92-93 Junior Prom
94-99 Clubs
100-101 Steam
102-103 Visual Art
104-105 Band
106-107 Orchestra
108-109 Chorus
110-111 Music Awards
112-113 Drama
114-115 French
116-117 Foreign Exchange
176-177 Favorite Local Places
178-196 Business Ads
197-212 Parent Recognition Ads

Senior Section

118-119 Senior Collage
120-150 Senior Portraits
151 Senior Class Will
152-153 What Would It Be Like If
154-155 Seniors With Underclassmen
156-157 Then & Now
158-161 Superlatives
162-167 Senior Siblings
168-169 Book Awards
172-173 Where Are We Going
174-175 Advice to Underclassmen

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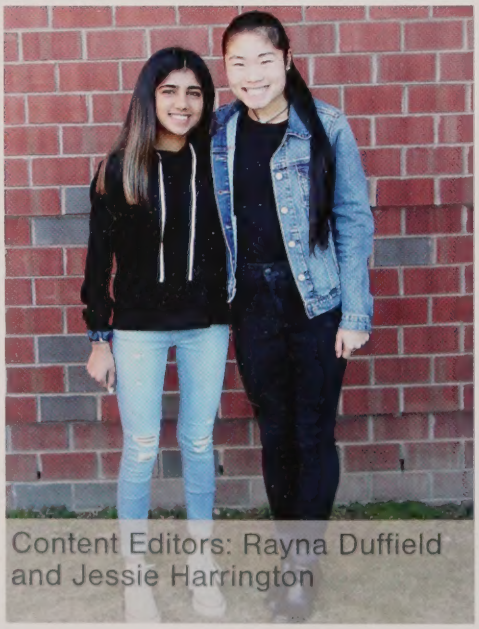
CLASS OF

2019

Yearbook Staff

Back: Alphonso Lopez, Pierce DeBoer, Liam Russell
Middle: Kylie Smith, Lucy Platt, Coco Spicer, Abbi Sullivan, Mr. Sidmore
Front: Jessie Harrington, Eva Capobianco, Lauren Kennedy, Mary Kate Flaherty, Charlotte Manolian, Lilly Sheridan

Business Editors: Evan Antonakes and Ben DiBello



Content Editors: Rayna Duffield and Jessie Harrington

Head Photographer: Ellie Keveny

DESIGN
CAPTURE
CREATE
WRITE
EDIT
COLLABORATE

Faculty

Putting Down Roots

by Eva Capobianco

"It's soothing in a weird way," Mrs. Hayoz laughs, "it's relaxing, just focusing on records and following the paper trails into history." In Mrs. Hayoz's sophomore year of college, her professor had them make family trees. Mrs. Hayoz quickly became fascinated with genealogy. "I didn't really know a lot" she said about her family, "my father is from Switzerland, and my mom was adopted." As a result, Mrs. Hayoz knew very little about her family. Naturally, she jumped at the opportunity to discover more. As a kid, Mrs. Hayoz always loved history. In sixth grade, after reading a book about the murderer Mary Tudor, she became fascinated with history. She had found her passion. A year later, she realized she wanted to teach and everything came together. However, now that she's on the other side of the desk, her passion is no longer famous historical figures. She has a much different focus, "It's you guys," she said. "Every day it's something new." Mrs. Hayoz loves the students and faculty here at Ipswich High. "It's small enough that you know everyone and you can build strong relationships with students." Mrs. Hayoz also loves the history of our coastal town; a town that has "the most first century homes in the country," and a "rich history and culture." Hayoz's summers often revolve around teaching, with most of her days being spent planning, fixing curriculum, or going to professional development days. Outside of schoolwork, Mrs. Hayoz likes to spend her free time with her husband Derek, dining at various restaurants, visiting family, reading, and playing with her two young kittens. Much of Mrs. Hayoz's summers are also spent diving into census records and making family trees for friends and family. Although she is a new teacher here, Hayoz is setting down roots in the community.

Wood Nails It

by Eva Capobianco

"Teaching and coaching share lots of principles. You have to break skills down, model them, and demonstrate them." Mr. Wood, who recently took over the head girls soccer coach position sees many similarities between coaching and teaching English. "It's powerful to see how kids are outside of a classroom setting," he says.

Mr. Wood discovered a major component of what he wanted his life to be in his junior year of high school. Wood took a service trip to Honduras that left a lasting impression on him. He knew that he always wanted to "give back, and be a role model," and there should always be a service component to what he did. Originally, Wood wanted to become a lawyer. "I saw the lifestyle of the people I worked for and how there was no family time, and realized that wasn't what I wanted to do," he said. Wood saw that working in the legal field was the furthest he could get from having a service component in his work. He reevaluated his life, and saw that teaching others was what he was passionate about.

In Mr. Wood's eyes, Ipswich High School is an amazing place. "I loved it from the first time I showed up here." IHS produces "well-rounded students." When a student graduates, Mr. Wood says the school has made them into a whole person. After high school, "they aren't just a machine that can spit facts back at you." He enjoys how students here are passionate about music, academics, and sports. He has a rare opportunity to get a glimpse of a whole student on and off of the field. Wood spends his time at Ipswich High giving back to kids as both students and players.

Ready to Lead

by Eva Capobianco

It's no secret that Mr. Dalton's retirement last year left big shoes to fill. Mr. Mitchell was eager to give IHS his all, spending all of last summer at the school preparing for the school year. Mitchell even went as far as making flashcards with each teachers picture on the front and name on the back. "I might've scared a couple of them. They'd come to introduce themselves to me and I already knew their names," he laughed.

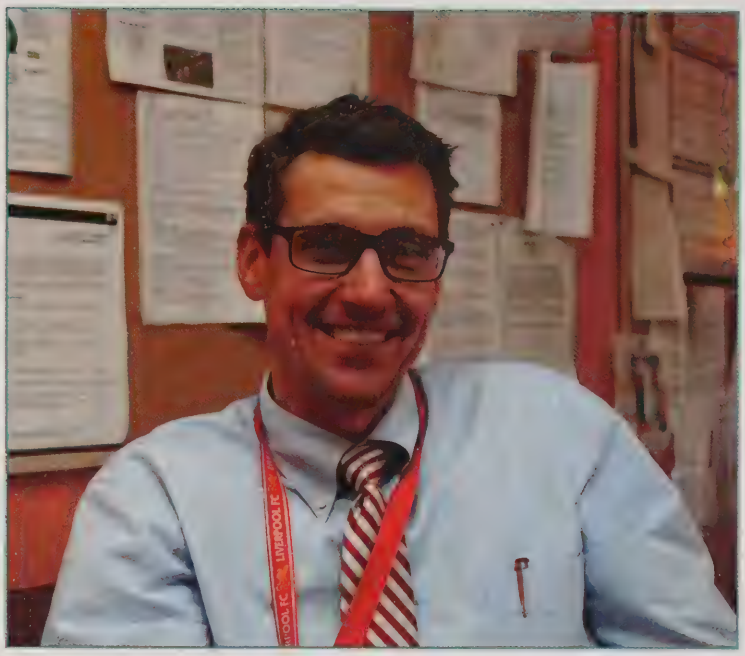
Mitchell grew up in Westfield, Mass. The highlight of his high school career came senior year, "the school's cross country team finally beat their rival, who had never been beaten before, in a huge upset." Mitchell said that this team was the most connected it had ever been that year. This team connectedness is that same type of family we find here at IHS. As a student, Mitchell loved English classes. Mitchell went on to Boston College for both his bachelor and masters degrees. He was on track to become a political science major when, late in the game, he realized he wanted to teach. "Thankfully, I had taken enough English courses that they let me switch majors really late," he said. After college, Mitchell went on to teach English for eight years. School has changed since he was in high school, with more standardized tests and pressure to perform. As someone who "always gravitated towards leadership positions," Mitchell took up his first leadership position as the 'Director of Humanities' the year his wife became pregnant with their first of two sons. Mitchell enjoyed this demanding task and went on to pursue administrative positions.

The role of principal is one of great importance to a school. Mitchell is able to see both sides of the picture dealing with the best and worst parts of the job. "Having to assign consequences for poor behavior" is by far the worst part in his eyes. However, there's more good to the job than bad. "Watching the interplay between students and teachers, and the relationships between them is incredible," he says.

When not in school, Mitchell is often doing something active. He enjoys team sports, such as soccer and basketball. In the summer, he goes hiking and camping with family and friends. During the winter, he loves to ski. As for food, his favorite is "any Italian food except for veal and calamari."

Mitchell loves being here in Ipswich. He admires the way students are invested in the community. The school is smaller than the ones he has worked at in previous years. Mitchell enjoys that he can form a deeper connection with each individual student. "Students have a lot of pride in the school they go to," he says, "people genuinely enjoy coming here." There's a lot less negativity here towards school as students have an eagerness to learn.

Looking to the future, Mitchell hopes to continue creating well-rounded students. Ipswich has been known to create powerful students with eager, active minds. Mitchell says he sees himself staying in Ipswich long term.



Front Office

Mr. Carovillano, Mrs. Burgess, Mrs. Kennedy, Mr. Mitchell

Guidance

Mrs. Ryan, Mrs. Powers, Mrs. Downing, Mr. Downing, Mrs. Starrett, Ms. May, Ms. Scibisz

Music

Mr. Lee, Mr. Dolan, Mrs. Frost, Mr. Coelho

Athletic Department/Health

Mrs. McGinley, Mr. O'Flynn, Mr. Gallagher, Ms. Barclay

School Nurses

Mrs. Stasiuk, Mrs. Reed

World Languages

Ms. Harvey, Mrs. Murphy, Ms. Killian, Mr. Craven, Ms. Marotta

Library/Technology Dept.

Mrs. Chang, Ms. Hammond

Support Services

:tty D'Angelo, Lisa Ellrott, Greg Bergeron, Dan McCarron, Jared ırvey, Suzanne Bediz, Susan Warner, Brian Pereira, Steve Laglais ont) Kayla Dorey, Jackie Leavitt, Sandy Maio, Aiyanna Lamkin, ngela Williams, Diane Tarr, Meg DiGenova, Meg Finnegan, Stephanie ker, Danielle Poirier Not Pictured: Irene Culkeen, Andrea Ebinger, n Bappe

Visual Arts

Ms. Pepe, Ms. Elliard

Science and Engineering

Back: Mr. Poranski, Mr. Gallant, Ms. Ham, Mr. Chmura, Mrs. Chandler
Front: Mrs. Latimer, Mrs. LaFrance, Ms. Barclay, Ms. Reif, Ms. Chandler

Math

Back: Mrs. Allman, Mr. Mabbott, Mr. Poranski, Ms. Horst
Front: Ms. Werner, Mrs. Whitman, Mr. Hughes, Mrs. Manos, Ms. Reif

Social Studies

Back: Mrs. Smith, Mr. Ames, Mr. Krieger
Front: Mrs. Hayoz, Ms. Fritz, Ms. Turner

English

Back: Mr. Wood, Mr. Sidmore, Mrs. Kane
Front: Mrs. McShane, Ms. Panciera, Mr. Sargent

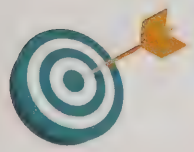
TEACHER OPINIONS

1 BATHROOM DOORS?

78% say Leave them off
21% say Just put them back

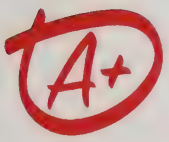
2 ENRICHING STUDENTS:

18% say Love it!
56% say I guess it works
25% say It's annoying



3 SHOMS:

53% think They're the best!
46% think What's a SHOM?



4 WHICH IS WORSE:

37% dislike Grading more
62% dislike Meetings more

5 BEST SCHOOL DANCE:

62% say Senior Prom
6% say Junior Prom
0% say Cotillion
21% say Homecoming
9% say Semi

6 WHICH WOULD YOU RATHER:

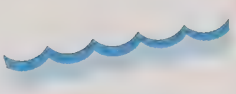
68.8% would rather Detention
31.3% would rather Lunch duty

7 WHICH IS BETTER:

28% prefer Giving a test
71% prefer Giving a project

8 LUNCHES:

9% opt for School lunch
87% opt for Home lunch
3% opt for Snacks instead



9 BEACHES:

53% go Crane's Beach all the way
46% go Anywhere but Crane's

10 COFFEE FROM:

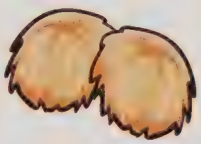
34% stop at Dunks
31% stop at Zumi's
15% stop at Starbucks
18% stop Elsewhere

11 DESSERTS:

9% reach for Cake
50% reach for Ice Cream
40% reach for Both!

12 PETS:

84% say I'm a dog person
15% say I'm a cat person

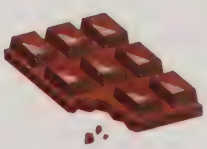


13 SPIRIT WEEK:

71% think its So much fun!
28% wonder Where's the time for learning?

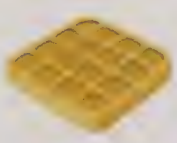
14 FAVORITE DAY OF SPIRIT WEEK:

6% love Charity Day the most
6% love USA Day the most
21% love Halloween the most
21% love the Class Themes the most
43% love Tiger Day the most



15 THE BASICS:

71% pick Chocolate
28% pick Vanilla



16 BREAKFAST:

37% want Pancakes
62% want Waffles

NUMBERS ARE ROUNDED TO THE NEAREST WHOLE NUMBER

BASED ON A SURVEY SENT TO TEACHERS

Summer

Do you have a summer job?

Yes

No

*One symbol = 10 people

Do you like your summer job?

Yes

No

Did you go to a Cranes Castle Concert?

Yes

No

Did you go on vacation?

Yes

No

Where did you go on vacation?

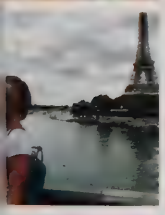
In the United States

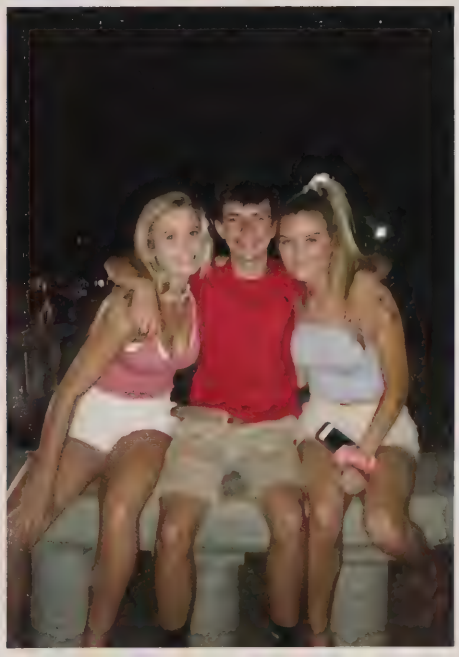
International

Did you go to the beach?

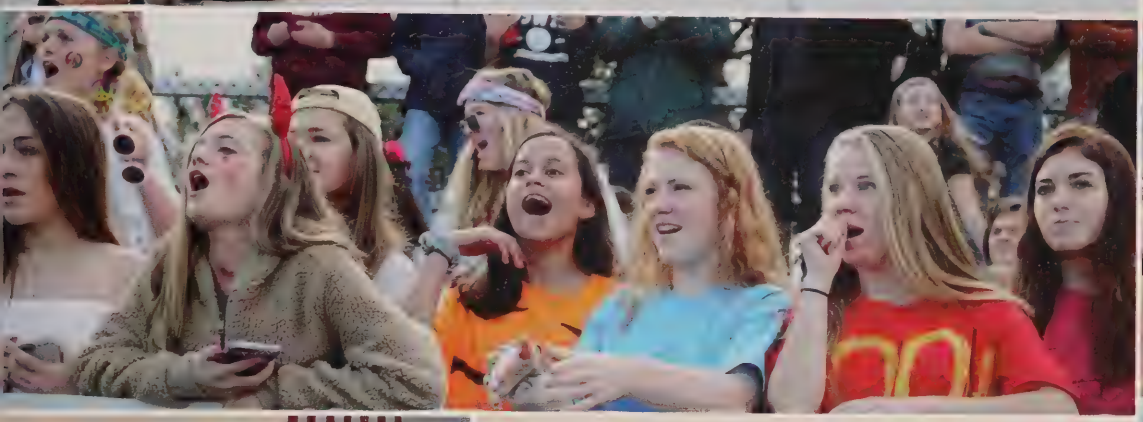
Yes

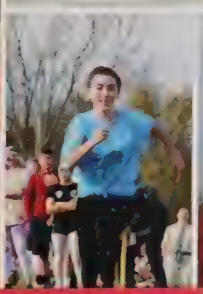
No





class of 2022





CLASS OF

Class Officers: Beckett Devoe, Thatch Phypers, Teddy Gray, Thomas Surpitski

Michael Anthony

Margeaux Appleton

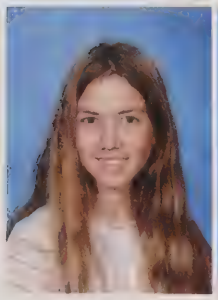
Aiden Arnold

Andrew Beaudoin

Destiny Belew

Noah Bissell

Morgan Bodwell



Ava Borgman

Ella Borgman

Elizabeth Bova

Daniel Buletza

Anna Burtnett

Madison Butler

Cassidy Canzano

Dexter Cayer

Maliq Chandler

Hannah Clapp

Josephine Clapp

Taylor Clapp

Katherine Coffey

Chloe Conley

Mia Corcoran

Amelia Cormier

Cody Dailey

Benjamin Darke

Anthony Davis

Mae Davis

Annabelle Dawson

2022

Faith DeBoer

Alexander DeStefano

Beckett Devoe

Finn Donovan

Chloe Doonan

Eleyna Dubrow

Madelyn Duffy

randon Dziadose

Jaclyn Dziadose

Alexandra Eliopoulos

Madeleine Farris

Makayla Ferguson

Colby Filosa

Emily Fisher

laryKate Flaherty

Jessica Flowers

Zoe Forni

Kaitlyn Foye

Avianna Gahm-Diaz

Seamus Gallagher

Micah Galuski

John Gillis

Erik Goldsmith

Kaitlyn Gookin

John Graney

Carly Gray

Theodore Gray

Augustus Grotnik

rystle Hathaway

Charles Henderson

Hunter Henderson

Lydia Hickey

Ava Horsman

Jameson Houran

Walter Irwin

CLASS OF

Alexis James

Caroline Jepsen

Effrem Johanson

Spencer Johnson

Emily Jones

Ethan Kanter

Clare Kelly

Owen Kincaid

Carter King

Estelle Krause

Marshall Lang

Matthew Lear

Gwenyth Lee

Mia Lindqvist

Elizabeth Linkletter

Charisma-Joy Lombardo

David Lonergan

Emma Longo

Finn MacLennan

Charlotte Manolian

Kristina Markos-Williamson

Farlei Marques

Morgan Marshall

Carter McDavitt

Bradford McGowan

Madison McLaughlin

Ari Mootafian

Julia Moseley

Katelyn Moseley

Skyler Moseley

Jaclyn O'Brien

Owen O'Donnell

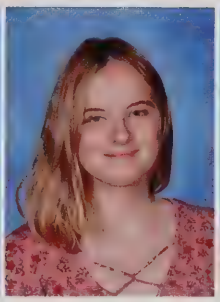
Aubrey O'Flynn

Claire O'Flynn

Hasibullah Omar

2022

Jason Padgett


Jaedan Parker

Jack Parr

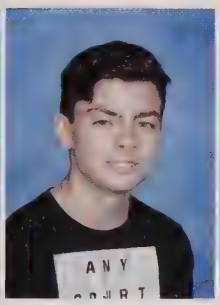
Victoria Pekrul

Chloe Petradelis

John Phypers

Samuel Pinsky

Liam Powers



Tyler Pratt

Alexis Putur

Gabriella Ramasci

Lili Rataj

Giovanni Recupero

Isabella Rees

Jackson Rees

Riley Regan

Jake Reily

Nicholas Rishi

James Robie

Mackenzie Rokes

Finnian Russell

rom Doodles to Designs

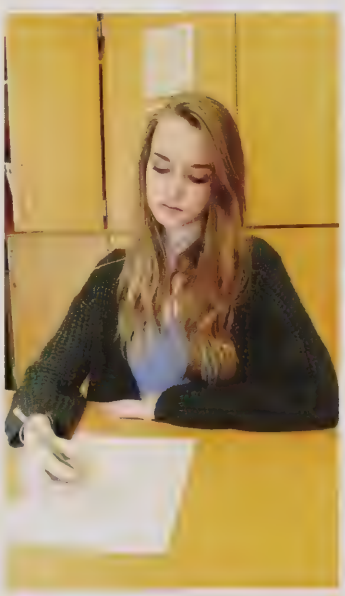
MaryKate Flaherty

Just give her a paper and a pencil and she will give you a masterpiece. hen freshman Jessica Flowers is in class, her teachers can expect more than ey bargained for, instead of the average answers to math problems in algebra a theme statement in English class, she creates extra doodles on the side. Jessica has been drawing as long as she remembers, and hasn't stopped. er. In her free time she draws and hangs out with friends. But for Jessica, awing is more than a simple hobby. "My favorite thing about art is that you in express yourself through different mediums and there are no rules in art so u can portray what you feel," Jessica said. "I've gotten many positive actions from my friends and it makes me feel good and empowered."

Jessica has had much success with art in the past. One proud moment was ving a photograph displayed in the Ipswich Museum. Later, she received a ld key in the Scholastic Art Association on her illustration entitled, "Part of ature." A gold key in the Scholastic competition means her piece was one of e best works and will automatically be considered for national-level awards.

Jessica will always use art at least as a hobby and possibly in a career in aphic design. While many are over the moon about her work, one person who ntinues to push and inspire Jessica is her art teacher Nicole. Jessica has ade many illustrations through the years, but overall her favorite piece was an painting self-portrait she made this past summer.

Although she loves art as a hobby, she has yet to produce that masterpiece. ut like all artists, she knows it could be right around the corner. She's just aiting for the right moment of inspiration.



CLASS OF

Jake Sheppard

Margaret Sheridan

Garrett Silveira

Christopher Sindoni

Ashley Smith

Parker Smith

Eleanor Soininen

Maximilion Somers

Caroline Spencer

Evan Stein

Alison Sullivan

Thomas Surpitski

Cowan Sweeney

Jennifer Tarr

Ridvan Tshibambe

Riley Turner

Jack Vanderbilt

Katharine Vellante

Anna Vincze

Meghan Wallace

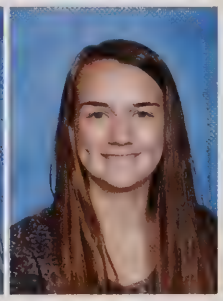
Paul Wertz

Cade Wetter

Tyler White

Olivia Whynott

David Wonson


Nell Woolfolk

Ready for the Stage

by MaryKate Flaherty

Memorizing your lines for a play may be tough for some, but not for her. Freshman Margeaux Appleton loves the stage and hopes to be on it often in the future. She enjoys the teamwork during rehearsals and plays, and appreciates all the hard work the director and the "techies" put into the show.

Margeaux has been acting for as long as she can remember, but realized it was a passion of hers in sixth grade when she first joined. "Well, at first I was nervous because I didn't want to perform in front of people but I decided to join the play with some friends and give it a try. And it's surprising to me now because I can't really think of what I would do without theater, it is such a safe and accepting place and it's such a big family," Margeaux says. Her favorite play that she was part of was *Fiddler on the Roof*. "Even though I had been apart of theater before then, being with all the middle schoolers and high schoolers and such a supportive group of people really made me realize how much I loved performing," she said. Margeaux enjoys the support from her peers and enjoys showing off the hard work that the cast has put into a show.

"My favorite thing about being on stage is getting to be somebody different in every show. After all the rehearsals and hard work, getting to step on stage and be proud of what the cast has put together and living in the moment is amazing," said Margeaux. "I try to do shows outside of school at places such as community theaters or take classes if it works into my schedule." Margeaux views accomplishments with her acting as "finally getting a scene down," or "singing a really hard piece." Margeaux has been inspired by many talented artists such as Patti LuPone, Kerry Butler, Taylor Louderman, Sutton Foster, and Laura Osnes.

Margeaux hopes acting and singing can turn into a career when she is older, but for now, she plans to continue doing what she loves. "I plan to continue acting and hopefully keep improving. I'd love to be in a career that involves acting and music but for now, I will just continue to practice and see where it takes me!" she said.

Big Bird is the Word

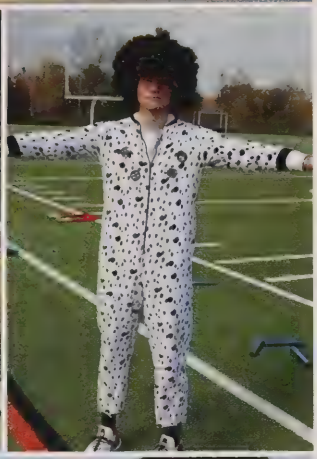
by MaryKate Flaherty

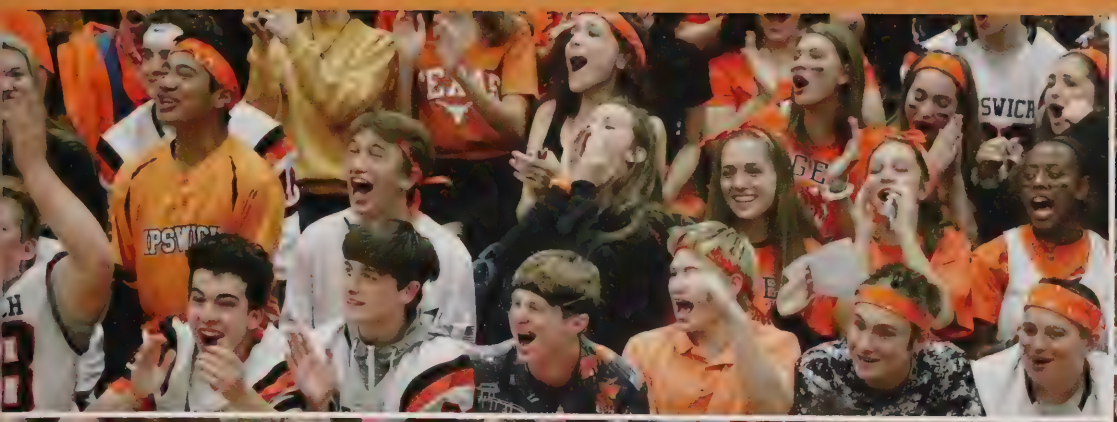
Setting goals and completing them is hard, but he's ready for a challenge. Freshman Garrett Silveira has been making music and playing the guitar for nearly four years, and he enjoys it too much to stop. He began playing music when he was young, "My dad always played guitar for me. So one day in the summer of 2015 my uncle let me play a black Fender precision bass, and I've been hooked ever since. Also, when my cousin showed me Black Sabbath, I wanted to learn how to play every song on that greatest hits record," he said. Garrett's favorite part about making music and playing guitar is that there are many other musicians that you can play, connect with, and learn a lot from. Each artist has a unique sound a individual musical experience. Garrett enjoys the flexibility of playing and creating music, because he can do it anytime he wants. He also enjoys exploring and experimenting with different genres of music. "The options are basically limitless," he said.

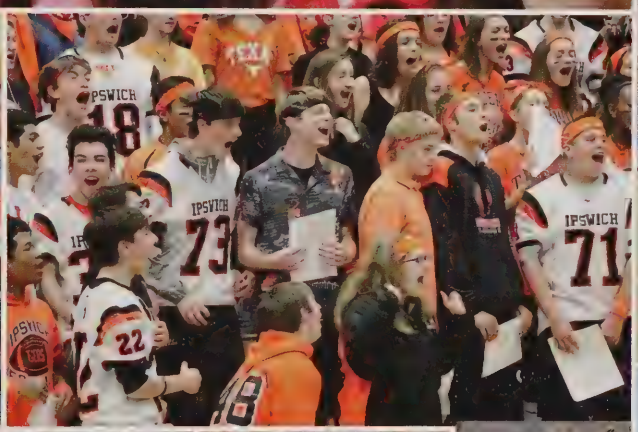
"I have to say my favorite performance was my first pod performance, 'The Birth of Big Bird' one might say. In eighth grade, before classes started, I got on the console in the pod and played like I never had before." Most of the time, Garrett plays in his basement because that's where his guitar, amps, and drums are. "When I practice, it's fun, I might make a new riff and work from there. Performing is a different story. The amount of energy I exert in one song is extreme."

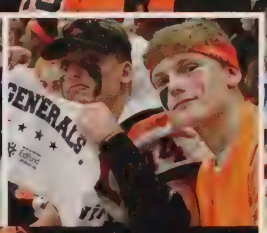
Garrett hopes to become a songwriter and musician in the future. "I hope music is in my future. There is so much more I could learn and experiment with. I have only scratched the surface of the music world." Garrett wants to learn more about music as he progresses through his writing and guitar playing. The more he digs into the music world, the more likely he is to find big birds, big words, and lots of original music.

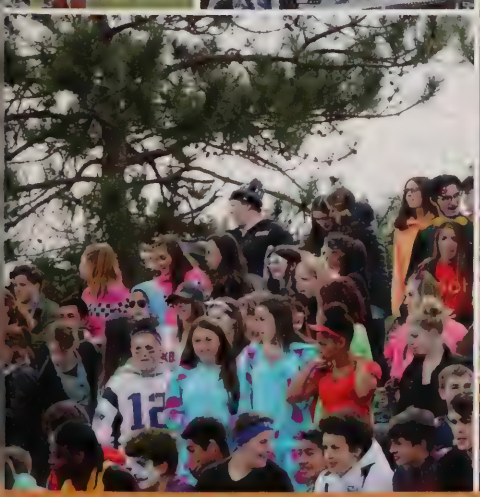
class of 2021











CLASS OF

Class officers: Bree Ring, Cece McElwain, Lydia Comprosky, Louisa Roesler

Alexandria Albanese

Thea Alexson

Reagan Amazeen

Cameron Antonakes

William Baise

Marina Beauvais

Cole Bekeritis

Justin Belfiore

Audrey Berger

Haven Bromby

Piper Brown

Justin Bruhm

Jacob Buchanan

Margaux Cayer

Sandra Colameta

Lydia Comprosky

Davan Connelly

Zoie Connelly

Carrie Corder

Madeleine Cormier

Reilly Coughlin

Ella Crudele

Franklin Curley

Riley Daly

Egan Davidson

Allyah Day

Elijah Day

Ana Clara de Souza

2021

Jackson DeGrappo

Dominic Della Valle

Marlin Dessources

Manuel Devaney

Reilly Dillon

Cole Dione

Edward Donovan

Ava Doran

Teaghan Duff

Rowan Galanis

Rex Geller

Isabelle Giglio

Maxwell Gosh

Cayla Greenleaf

Level Up

by Lucy Platt

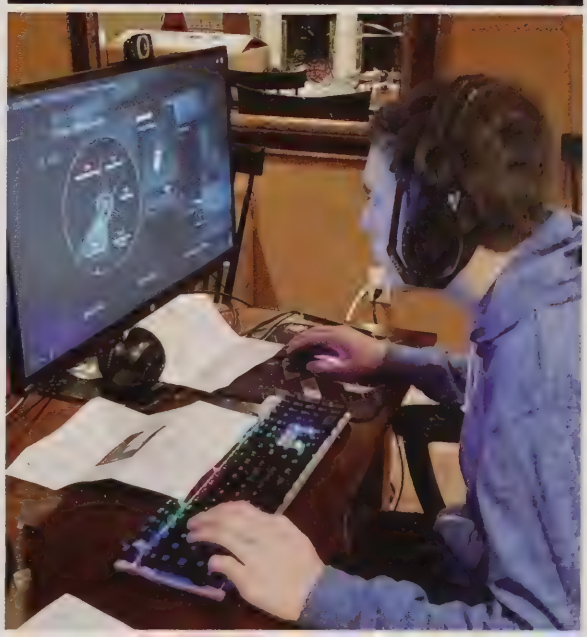
According to The New York Times, 2.6 billion people play videos games every day. Ipswich teens are no exception. Like most boys his age, Ned (Ed with an N) Donovan, student-athlete, and of course, gamer, struggles to build time into his very busy schedule for "leveling up" - in all aspects of his life.

Ned proudly describes himself as a "student-athlete-gamer" and struggles to balance time for all of his activities. He works hard to get to the next level in not only his school work, but also his extracurricular activities and gaming.

Although most gamers buy all their equipment, Ned built his own computer for gaming with his friends. While it isn't the right approach for everyone, "It interested me, and I had the money," Ned said. A few months and dollars later, he had created his own gaming PC. The investment was well worth the reward, and now he can put days at a time into gaming solo or spending time with his friends online.

Throughout IHS, Ned is respected and feared because of his gaming prowess. "Ned's gotta be one of the coolest guys I've ever had the honor to game with," fellow gamer Brady Scobert said. This fear and respect is true for most of the sophomore class, and it extends into other grades as well.

For most, life is a hard game to play. But not for this gamer. He believes that gaming is one of the most important aspects of his life and a good way to spend his time. Although he has a lot going on, he finds time for his favorite hobby and earns points for completing all of his tasks before signing off for the night. One thing's for sure: next time you think you've made it to the next level and you're all alone, look around. You're likely to find that Ned has already beaten you to it. He's already leveled up.



CLASS OF

Jillian Gregory

Jayden Halecki

Isabelle Harper

Hanna Hauenstein

Sean Hedderman

Trevor Henry

Charles Huntley

Keigan Iwanicki

Elijah Jodz

Carina Jones

Zephan Keach

Emma Kennedy

John Kilgour

Kaylee Klyce

Balanced Brains

by Lucy Platt

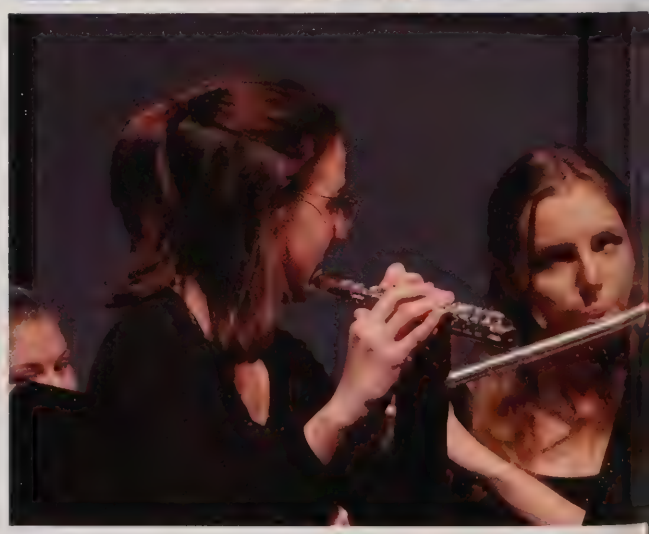
Most students have a dominant side of their brain. The arts use one side of the brain, while academics use the other. Studies have found that students who engage both sides are more productive and successful than those who specialize with either one.

Although academics and music can take up a lot of time, one sophomore has managed to find balance. Marianna Mattin not only takes higher level classes, she also has a passion for art and music.

In the music part of her life Marianna plays the flute in the high school band. She uses the music to convey emotion and passion. While playing the flute she engages and develops the right side of her brain. The same effect can be seen when she draws or paints. Not only can she express herself through music and art, but she also learns to engage the right side of her brain.

Advanced classes are daunting for most people, but Marianna loves the challenge. She has been at least two years ahead in math since sixth grade and is currently taking AP calculus as a sophomore. In addition to calculus, she is also taking AP psychology because "It was the only fun class that would fit in my schedule."

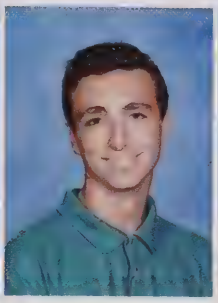
Balancing both sides of the brain not only helps kids do better in school, but also find success in life. When their minds are out of balance, people struggle to manage hard facts and working memory, or creative efforts. For Marianna, as well as the rest of us, it's important to maintain balanced brains.



2021

Noah Kravitz

Ethan Lara


Wesley Lathrop

Matthew Lavoie

Caitlin Leet

Dylan LeGere

Wilton Lestage

Aidan Lewis

Nickolas Liani

Sarah Lombard

Malcolm Macdonald

Jack Macklin

Ian Maher

Joshua Mallette

Laurel Markos

Marianna Mattin

Cade McAdams

Reanna McAtee

Rachel McCatty

Zachary McCormick

Cecelia McElwain

amenech Meneghini

Kateri Moore

Domenic Morello

Kara Morneau

Elise Morrow

Anna Mossler

Eiley Mulvihill

Jessica Murphy

Andrew Nagus

Cooper Norton

Aidan O'Flynn

Aidan O'Keefe

Jonah Orroth

Samantha Orroth

CLASS OF

Pejae Parent

Angela Parro

Anthony Parro

Joseph Parro

Lucy Platt

Jacob Plourde

Melanie Powers

Erica Prisby

Ava Radzim

Lily Ramsdell

Madelyn Richard

Mathew Richard

Gabrielle Ring

Angelina Rix

Louisa Roesler

Jeremy Sanidas

Elias Santoro

Olivia Santoro

Natalie Schoonover

Brady Scobert

Jacob Scruton

Shane Seaman

Rowan Silva

Monica Sirois

Cassidy Smith

McKenzie Smith

Summer Smith

Wesley Smith

Sophia Stasiuk

Nathan Stevens

Ryan Sultzbach

Gwyneth Tabor

Lillyin Teal

Cole Terry

Nikhil Walker

2021

Lauren Waters

John Werner

Lauryn Whynott

Jake Samuel Wilde

Jackson Wile

Tucker Wile

Nicole Wilson

Dagan Winter

Alexander Yanakakis

Steven Yon

ın Eye for Design

' Lucy Platt

People express themselves in many different ıys. Some use music, others painting, and still ore, writing. Lilly Teal, however, expresses herself rough makeup. It all started in fifth grade when she d little knowledge and no experience with makeup d cosmetology. Over the years, her love and rsistence has lead to her to work hard and prove.

Lily draws inspiration from other art forms to help r express passion in a new way. She looks to any forms "Like music especially." She pulls from ver art and colors that stand out to her. "I will see album cover I like and think about color and how an creatively transform that into a makeup look," e says. Although Lilly is not looking for a future in ıkeup and special effects, like most art, her work certainly a reflection of creativity and the world ound her.

While most teenagers her age don't share their eative masterpieces beyond their circle of friends the school community, Lilly's goal is to reach a der audience. She recently began Instagramming r makeup on her account @lillymakeup to reach a oader range of people. Sharing your work isn't sy for everyone, but Lilly offers one piece of vice: "If you really enjoy doing something and you n't think you're good at it just keep learning and ogressing." Lilly's positive attitude and willingness share serves as an inspiration to all and proves ıt progress is possible when you stick with it and rk hard on the things you love.

class of 2020

TIGER DEN

TIGER
STRONG

CLASS OF

Emily Davidson, Ellie O'Donnell, Ethan Driscoll, Chad Keveny

Collin Adams

Andria Alexson

Bailey Amazeen

Elsa Anderson

Dmitrios Angell

Bridget Baker

Ashley Barrios

Brett Beaulieu

Isaac Bergner

April Blais

Jacob Bodden

Mei Bradford

Ashley Bradley

Lydia Brendel

Annika Brink

Megan Callahan

Grace Campanello

Madeline Chesley

Julian Colville

Sam Corbett

Kyleigh Cranston

Mya Cuevas

Sean Cusack

Zachary Dailey

Audrey Daly

Emily Davidson

Grace DeBoer

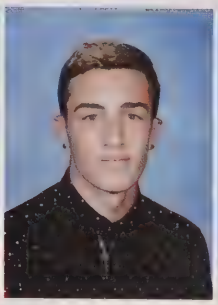
Pierce DeBoer

2020

Julian DelVecchio

Jack DeMarco

Isabelle DiNocco


Luke Dione

Ciera Doherty-Crestin

Charles Dorries

Ethan Driscoll

Brendan Duffy

Amaya Duvall-Wanyo

Charles Eagan

Mariana Ferreira

Christopher Folan

Kevin Freeman

Aurora Gabriel

Between Two Worlds

by Coco Spicer and Abbi Sullivan

International travel is often perceived as glamorous. Some travel for work, some travel for vacation, and some even travel to study abroad. Since she was a little girl, however, Ashley Barrios has been travelling between two worlds because she lives two halves of her life on different continents.

Born close by in Beverly, MA, Ashley lived the first few years of her life in an average American community. "When I was two years old, I was supposed to just go to visit my Mom in Guatemala for a few weeks because her whole side of the family is there, but I ended up staying," she said.

When Ashley moved here for good in fifth grade, she had a hard time adjusting to some of the things we consider normal in America, like the school system. "The years are different, and everything is in one school, all the way from preschool to 'basicos', which is like middle school. There is no high school, because you learn everything in middle school, and then go to college."

Living in Guatemala had its perks for Ashley. She is fluent in Spanish and finds that being bilingual has helped her a lot. "It is much more convenient because I'm not restricted to just talking to English speakers, I can talk to people in Spanish too." Although Ashley loves it here and has made so many new friends, there are some things she misses about her old life, "I don't really miss Guatemala, but I miss the people there and my family, I have not been back since 5th grade. Neither has my mom but I am going back in June," she said.

Although it's a long flight and the trip won't last for years this time, she is looking forward to reuniting with her extended family. The amazing food won't hurt either, especially her favorite shaved ice treat, *Granizadas*, which is just one of the perks of setting foot in her other world once again.

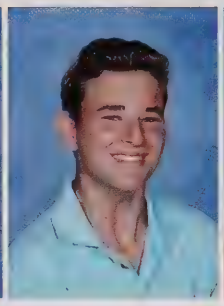
CLASS OF

George Gallagher

Tatum Galuski

Alex Garcia

Anthony Gelsomini


Andrew Gilligan

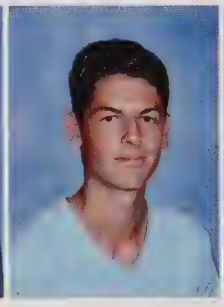
Anne Gillis

William Ginolfi

Lucas Goldsmith

Shannon Gookin

Robert Grady


Damian Guldiman

Jonathan Hamilton

Brendan Hopping

Olivia Horsman

A Stand Up Guy

by Abbi Sullivan

For most people, when they think of Andrew Gilligan, one word comes to mind: funny. As the son of comedian Paul Gilligan, funny is in his genes. "I have always looked up to my dad. He is so nice and outgoing, and everywhere he goes he is always helping people or making them laugh," he said. It's typical for many young boys to look up to their father and to aspire to be like them. But for Andrew, his father is much more than just a dad to him. Not only is he interested in following in his footsteps as a comedian, but also as the kind of person he is.

This year Andrew performed a comedy act in the talent show that had everyone laughing. One thing many wanted to know was whether or not he wrote the jokes himself. "Yes, I wrote them by myself. But my dad played a big part in giving me criticism and telling me what was and wasn't good," Andrew said.

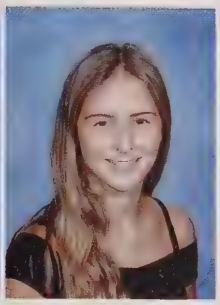
Andrew really enjoys performing in front of people. "I like seeing people's reactions and making them laugh. I like having an impact on people's happiness," he said. Without the support and encouragement of his family, though, Andrew would not be able to accomplish his goals and work towards his dream of following his Father's footsteps. His grandparents and parents motivate him to be successful in every way. As entrepreneurs themselves, his parents are constantly encouraging him to chase his dreams and supporting him in everything that he does.

Though he has a few more years to spend sitting in his chair at school, it won't be long before you see him standing up on a stage.

2020

Cameron James

Hannah Janvrin


Sarah Janvrin

Ethan Jean-Charles

Elisabeth Johnson

Faith Johnson

Anna Jones

Margot Kelly

Charles Keveny

Ellen Keveny

James Kim

Evan Kneedler

Camryn Knowlton

Amelia Krause

Lucas Kubaska

Kayla Laddin

Brianna Langlais

Kyleigh Larson

John Lear

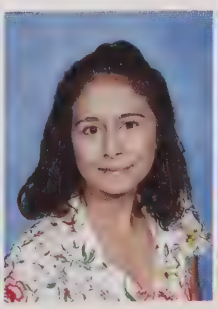
Emma Lombara

Alphonso Lopez

Trevor MacRae

Maxwell Maino

Clayton Manolian


Iza Marques

Fernando Martinez

Sean Mellow

Jose Merlos-Morales

Heather Milano

Jack Miller

Scott Miller

Jose Montiel Rivas

Ali Moulton

Amanda Nardo

Erika Noftall

CLASS OF

Casey Nordberg

David Willian Novais

Wyatt O'Brien

Sadie O'Connell

Haley O'Connor

Lilly O'Connor

Elizabeth O'Donnell

Kylie O'Keefe

Raphaella Pastos

Connor Perley

Jenelle Radzim

Bailey Roach

Tyler Roberts

Thomas Robie

Ana Rodrigues

Katherine Rokes

Jason Rollins

William Russell

Lillian Sheridan

Helia Silveira

Grant Smith

Kylie Smith

Alexander Somers

Nicholas Sotiropoulos

Michael Souter

Coco Spicer

Abigail Stanicek

Margaret Stone

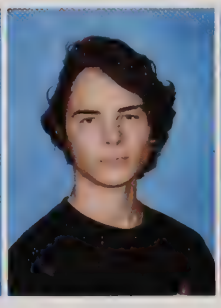
Abbi Sullivan

Danielle Surpitski

Natasia Surpitski

Joseph Teixeira

Jacklyn Thomas


Zakary Thompson

Emma Tracy

2020

Brian Trefry

Maddison Tuttle

William Vanderbilt

Kenneth Wallace

Phillip Ward

Bryn Weaver

Alan Williams

Adeline Wittkamper

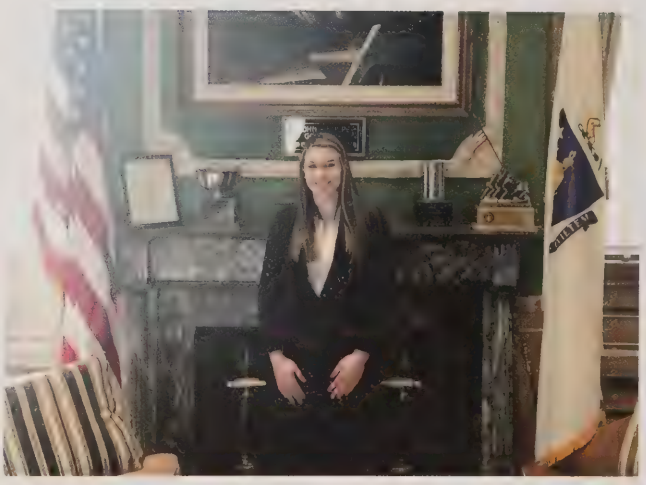
Meredith Wonson

Andrew Zambernardi

Kathryn Zelkowitz

Political Potential

y Coco Spicer



As children, many people pretend to be the things they later aspire to ecome in life. Some pretend to be doctors or pro athletes, while others, the iture President of the United States. For Ellie O'Donnell there was never a uestion about what she hoped to become. Her dream of becoming a politician as clear to her even at an early age. For most people, their childhood hopes nd dreams give way to more practical career paths. But for Ellie, her dream ay become a reality. She has clear goals and is ready to do whatever it kes to accomplish them.

This past summer, Ellie had the opportunity to participate in a leadership amp at American University in Washington D.C. "The camp focused ecifically on political science and public policy. I met friends from all over e country and of all different political standings. At camp, we had a mock esidential election along with a senate subcommittee simulation. Over nine ays, I got to meet high profile politicians, tour Washington D.C. and gain a etter understanding of how our federal government operates."

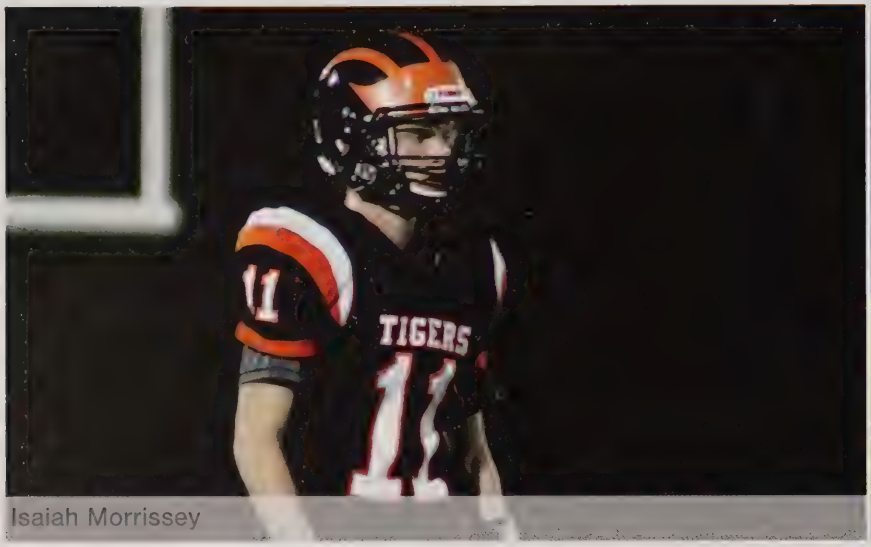
Ellie has always been interested in politics and hopes to have a career in overnment, "Ideally, I hope to one day be part of the federal government, as ther a senator or representative. However, I know that this will be a process. y general plan is to begin to get involved locally and at a state level during y college years, building experience and connections I'll be able to use nen I hopefully run for congress someday. I definitely see myself being volved in government, whether that be the state or federal level."

Ellie is very passionate about her beliefs and has strong opinions regarding olitics. "I typically describe myself as financially or fiscally moderate and cially liberal. I am a registered democrat, but bipartisanship is something at I really support and believe in," she said.

Ellie has been thinking about college and her future since the beginning of gh school and knows exactly what she wants to do. "In terms of colleges, n looking to major in political science at universities in either Boston or ashington D.C. Northeastern University, Tufts University, Georgetown niversity and George Washington University are all schools I would love to tend one day."

AUTUMN

Football



Isaiah Morrissey

There's More to This Morrissey

by Abbi Sullivan

It's a Friday night, the air is cold and the crowd is silent. The stands are full of fans awaiting the kickoff. The players on the field are hunched over, going over the plays in their heads. Standing at the 25 yard line only one thing is going though this player's mind; music. Most people wouldn't suspect that the star wide receiver would also have a passion for singing, but this athlete is not your ordinary player. There is much more to him that many don't know.

Being one of five siblings who were all major athletes, Isaiah had big shoes to fill. His brother Killian who graduated two years ago is one of his biggest role models. Most younger siblings look up to their older siblings but for Isaiah, "It's more like I envy him. Killian has always been seen as a big athlete and I feel like I'm just as good, but still working to gain my recognition." Isaiah feels, out of all his siblings, he is the closest with Killian. "We grew up sharing a room, so we really had no other choice but to talk all the time."

Killian went on to play sports in college, like many other high school athletes dream of. Many people would assume that Isaiah has the same goal as Killian, but he has a different plan in mind. Although he loves football, in Isaiah's' perfect world, you would see him trying out for American Idol. Or having his own concert, rather than being a star player in the NFL.

While most highschool boys would ask for video games, Isaiah received singing lessons for a Christmas present this past year and takes them occasionally. He says that when he sings it's totally different than football, but he still feels passion for both. Many people don't take his passion for singing seriously, or even support it, but he says, "I'd say I'm really hard on myself, nothing pushes me except myself, I'm just trying to be the best I can be with football, but also to stay positive and happy." Isaiah says, "Over time, I have learned to not care so much about what people think, as long as it's making me happy."

Music is something that carries throughout Isaiah's life in every aspect, including football. You can catch him singing his favorite song, "When I Was Your Man," by Bruno Mars in the halls at school, before practice, and even on the field. And although Isaiah is not your typical high school football player, he is a big part of his team and many look up to him for his positive mindset and hard work.

Tye Wallis

Jack Macklin

Erik Anderson

Alex Somers

Isaiah Morriss

...e team focuses before heading back ...the field.

The defensive line drops into a 3-point stance.

The team runs onto the field, excited for the game.

Ben Yanakakis drops into the pocket.

Will Ginolfi takes a moment to gather himself.

Chase Huntley runs across the field.

The team huddles to strategize for their next play.

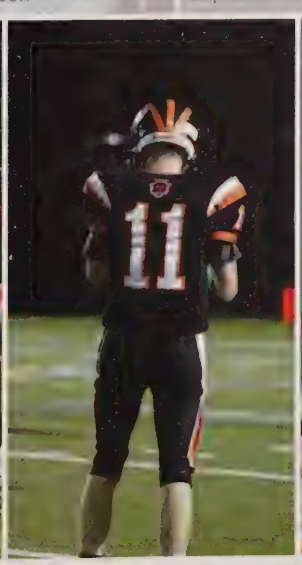
Back: W. Ginolfi, E. Day, D. Cayer, T. Wallis, J. Wile, Z. McCormick, A. Arnold, C. Terry, C. Huntley, J. DeGrappo, J. Macklin, I. Morrissey, B. Trefry, B. Yanakakis, Coach Lamkin, Coach Ginolfi, Coach Fassette, A. Williams, T. Roberts, J. Bruhm, A. Lewis, N. Stevens, N. Walker, C. McAdams, E. Anderson, D. Legere, C. James, A. Yanakakis, A. Somers, M. Somers, Coach Dorwn, Coach Foster, Coach Gorrell D. Lonergan, D. DellaValle, M. Richard, J. Parro, M. MacDonald, J. Gillis, G. Ted, A Parrro, F. Marques, C. Henderson, M. Dessources, J. Kilgour, M. Richard

...eniors: Isaiah Morrissey, Ben Yanakakis, Tye Wallis, Erik Anderson

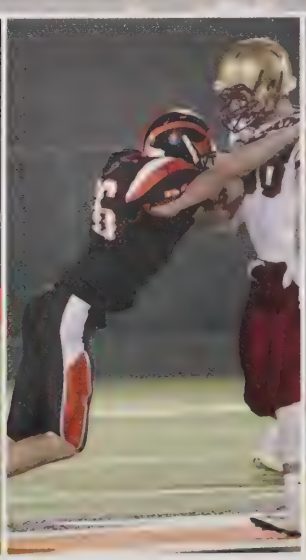
Captains: Cam James and Ben Yanakakis

...ylan Legere walks ...ack to centerfield ...ter assiting his ...ammate with a ...uchdown.

Alex Somers snaps the ball to Ben Yanakakis.



Isaiah Morrissey prepares for the next play, determined to get a touchdown.



Tye Wallis tackles the opposing team at a home game against the Clippers.

Cam James walks back across the field after a touchdown at the first home game.

Cheer

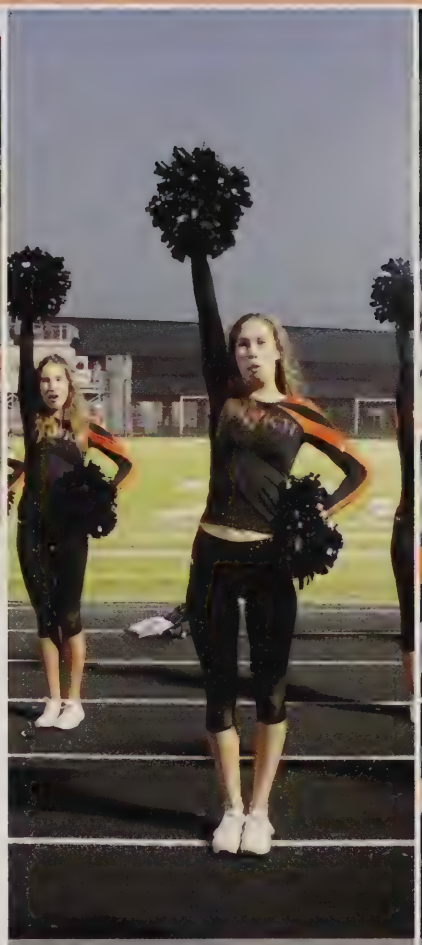
Olivia Horsman

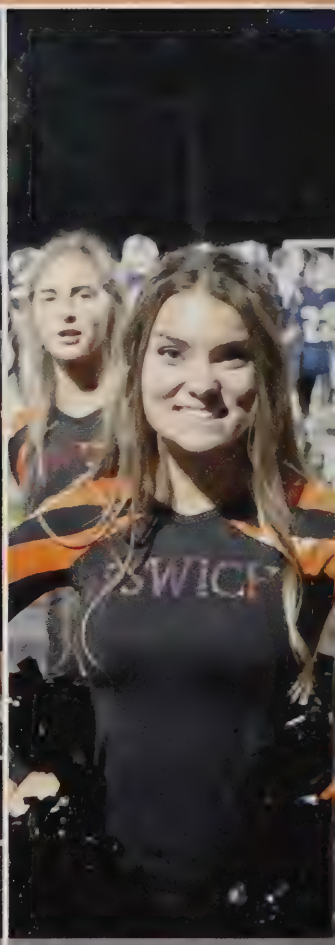
All Cheers No Tears
by Coco Spicer

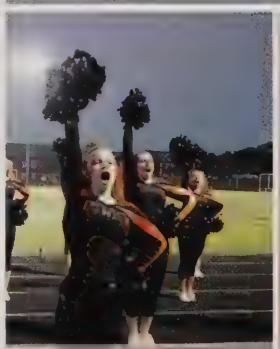
Approximately 100,000 to 200,000 people a year tear their ACL in the United States alone. Unfortunately for Olivia Horsman, she was one of them. As soon as the doctors told her she had torn her ACL and meniscus, she knew one thing: cheer would not be the same. Although she's still recovering, progress wouldn't be possible without the support of her team. "Choosing one single person who helps and gives me the best advice is hard. If I had to choose someone it would have to be Ciera (Doherty-Crestin). Anytime I'm struggling she's always cheering me on and has helped me so much with stunting. Since she has the same position as me, she helped me become the back that I am today."

After taking a year off, she is back this year working her way back up. Although Olivia can't jump, tumble, or do everything she used to be able to, her whole team can agree that she is an amazing backspot. "Tearing my ACL limited me in many ways. In the routine this season I was not allowed to do every aspect of the routine, like jump or tumble, which made me sad because those are things I love to do." The friendships that she has made because of cheer are ones that will last a lifetime, the team as a whole is very close-knit and are all friends. "I would call anyone on the team one of my best friends. I have a bond with them that is different than any other and I'm grateful for each and everyone of them and the friendships I've made."

Not everyone realizes it, but cheer is a very hard sport that requires a lot of dedication, "In my opinion, cheer requires more dedication than almost any other sport, and you need to always be giving 110%, even on your bad days, which can be hard. It is a team sport and requires effort from everyone on the team, or else it won't work." Olivia and the rest of her team can agree that without cheer, and the friendships they've made over the years, life would not be the same. "Cheer has taught me that it doesn't matter whether you win or lose, as long as the team is happy and successful. The bond the team has is special and even that is enough for me. The time when I felt most proud was at a competition, and we were not positive that we were going to win, but we hit our routine and were all proud of it, that it didn't matter if we won or lost." Even though she has an injury that limits her, Olivia still tries her hardest, giving her team everything she possibly can.


Ciera Doherty-Crestin


Andriana Silva


April Blais

Coco Spicer and Olivia Horsman

Erika Noftall

ıe girls hit their jumps during competition at Masco.

The team poses with their three trophies after winning first place and grand champs.

The team gets ready to take the mat at their first competition.

yers April Blais, Megan Callahan and Hannah ınvrin hit their pyramid.

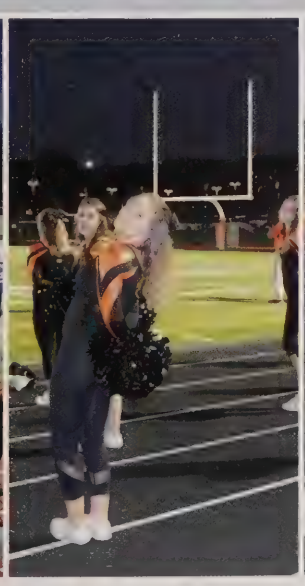
Back: E. Noftall, E. O'Donell, M. Chesley, C. Doherty-Crestin, O. Horsman, R. Coughlin, A. Smith, R. Regan, C. Spicer, A. Sullivan, S. Janvrin, A. Silva, M. Callahan, A. Duvall-Wanyo, A. Blais, H. Janvrin, K. Markos

ıe team waits in their opening positions for the music to start.

Captains April Blais, Megan Callahan and Erika Noftall

Senior Andriana Silva

e team cheers at first football me.



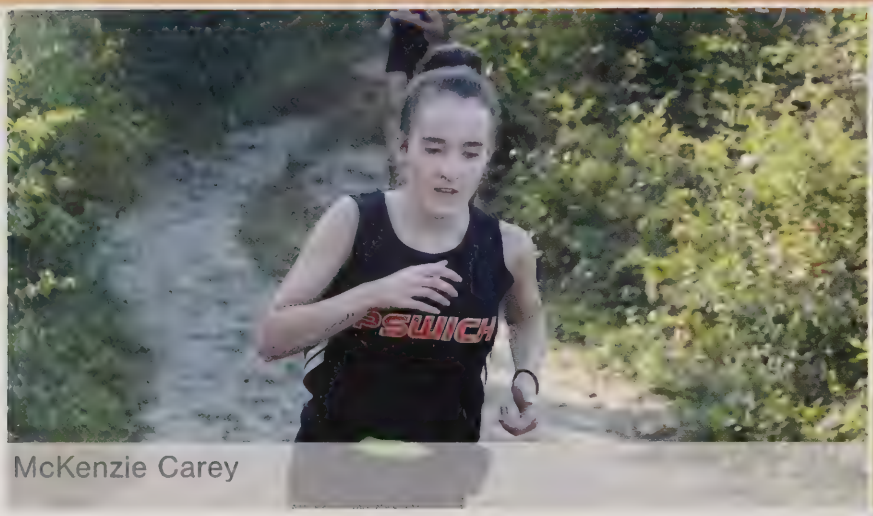
Junior Coco Spicer watches the game after a touchdown by the tigers.

Senior Andriana Silva cheers at the fans in the bleachers.

Erika Noftall smiles for the camera at the first game of the season against Essex Tech.

Junior flyers Megan Callahan and Hannah Janvrin hit their first stunt.

Girls XC


McKenzie Carey

In Her Element

by Pierce DeBoer

In some sports, running is used as punishment. Jogging for miles, running until you can't go any further; these are things most other athletic teams want to avoid. But not cross country.

Senior McKenzie Carey has been running cross country since eighth grade, so she knows how to deal with a punishing run. She understands the intricacies of running. For instance, the weather. Her ideal running weather is 57 degrees and sunny-perfect for a run. Other factors like what shoes she wears, which trail she runs, and how long it might take determine the success of a workout. This may make some people believe the hardest part of running is the struggle to balance every factor and adapt to changing conditions. According to McKenzie, however, the "Hardest part of running is not getting down on yourself if you don't do your best." In this way, running is as much a mental game as it is physical. Luckily, McKenzie has a solution to this problem: her teammates.

To McKenzie, "A successful XC team is supportive," and every member of the team should "work hard to motivate and push each other." She says her favorite part of the cross country team is the inside jokes the runners all share with each other, which makes practice more enjoyable. This is her last year on the team, and "[She's] going to miss [her] teammates...not having them behind [her] is going to be a new life experience." McKenzie is extremely thankful for her entire cross country career, as it "has made [her] more confident and a more social person." Thanks to all of the support her teammates provide her, McKenzie is able to power through anything.

Jessie Harrington

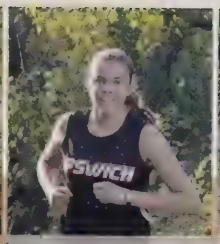
Rayna Duffield

McKenzie Carey

Joanna Mullen

Hannah Herron

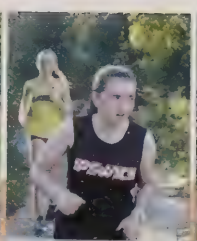
lanie Powers



Teaghan Duff

Madeline Cormier

Carina Jones



Emma Kennedy

Hannah Clapp

Chloe Doonan

niors R. Duffield, J. Mullen, H. Herron, J. Harrington, M. rey

Back: E. Kennedy, J. Mullen, B. Langlais, C. Nordberg, H. Herron, A. Brink, T. Duff, F. Johnson
Front: C. Doonan, A. Cormier, A. Jones, M. Powers, J. Harrington, C. Jones, M. Cormier, R. Duffield, M. Carey

ptains Rayna Duffield and Jessie rrington

Juniors Annika Brink and Faith Johnson hug it out.

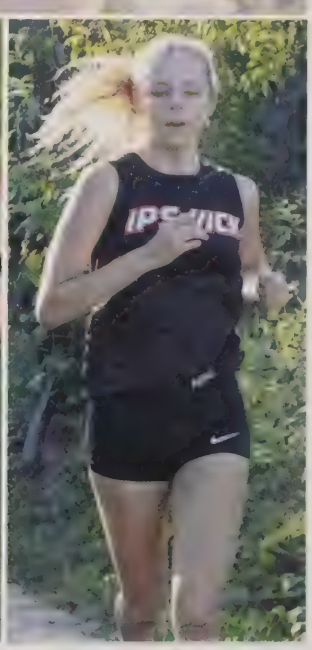
Sophomores Melanie Powers, Carina Jones and Madeline Cormier flash a grin at their last home meet

ior Brianna Langlais sees finish line and is ready for last kick at the last home et of the season.

Junior Anna Jones makes the final turn, determined to finish strong.

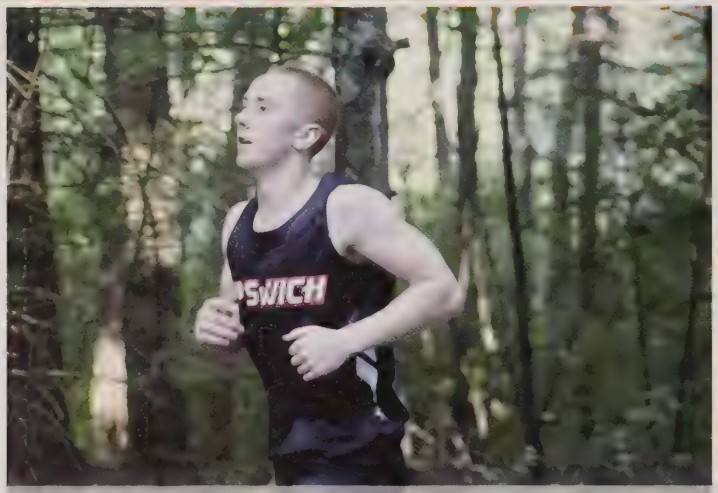
Junior Annika Brink faces the blistering heat, battling her way to the end.

Junior Faith Johnson fights through the end of the race.



Junior Casey Nordberg charges towards the finish in the last home meet of the season.

Boys XC



Jack Norris

The team rallies together before a huge early-season win against th Amesbury Pioneers.

Fast Start, Big Heart

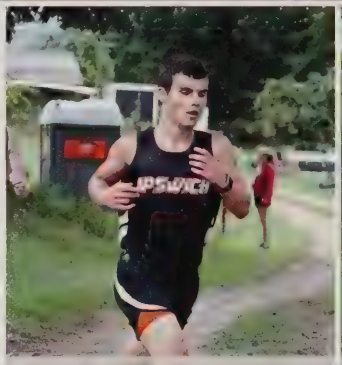
by William Russell

On a foggy fall day this past September, he sprinted across the finish line to roaring applause. With his arms held high, the bright orange shoelaces shined in the sunlight.

At heart, Jack Norris considers himself a basketball player. In fact, Jack first joined cross country just to "Work on [his] endurance for basketball." He never expected to become a cross country phenomenon, but he was always committed to practicing and trying to become "The fiercest competitor" on the team. Jack "Loves competing in general", and his positive attitude translated well into cross country. Before long, the dividends of the activity began to pay off.

Jack learned to appreciate the value of organized hard work and dedicated his time on the team to improving himself and others. He learned about how, on any given day, someone can have a great workout or terrible endeavor based only on how much effort they put into the run. Jack learned to not feel pressure when running, and just focus on thinking "simply" and pushing through the pain. When Jack started his senior year he was ready to apply what he learned from his past experiences, and did so as an example for how to get involved in the community.

He took pride in working hard on off days, and encouraging everybody else to work hard during runs and core workouts. Jack says that in the last home meet of his life he was trying to "Push myself for" Talia Duff, and that he finds a sense of calmness in being able to work hard for a good cause.



Zach Forni

Jack Demarco

Luke Dione

Joe Sirois

Jack Norris

onah Orroth

E. Donovan

Nick Liani

Ben Darke

Paul Wertz

Parker Smith

Finn "The Prodigy" Russell

Norris J. Colville, P. Wertz, P. DeBoer, J. Bergner, W. ıssell, and L. Dione get hyped before a home meet.

Head Coach S. Markos, I. Bergner, L. Dione, E. Donovan, P. Wertz, D. Angell, J. Colville, W. Russell, P. DeBoer, Z. Forni, P. Smith, B. Darke, J. DeMarco, J. Norris, F. Russell, N. Liani, J. Orroth, (not pictured) J. Sirois

ptains Zach Forni, Liam Russell, f Jack Demarco.

Seniors Jack Norris, Zach Forni, and (not pictured) Joe Sirois

Sophomore Nick Liani runs with Paul Wertz and Julian Colville at a meet at Zibell Farm.

n Russell gives his all to try nish the last half mile of his .

Dmitri Angell feels strong as he pushes himself after almost a mile of racing at Georgetown.

Julian Colville opens up his stride in an effort to maintain pace with a Georgetown runner.

Isaac Bergner commits everything he has to holding pace with a group of Triton runners.

Junior Pierce DeBoer pushes himself early on in a race at Georgetown.

Girls Soccer

Nicole Sindoni

Colby Filosa

Girls Got Rhythm

by Lucy Platt

Rhythms are all around us in our daily lives. What would life be without them? A heart without a beat is a flatline. An orchestra without a meter is just noise. And a team without a rhythm is not a team. Waves, daily routines, footfalls, and your pulse all have rhythm, and without it, we couldn't exist.

For some, finding the rhythm in sports comes naturally. Freshman varsity player Colby Filosa has found hers in running. "I use my heartbeat to find my rhythm not just in running but also when I play the clarinet", Colby explains. She also says, "My position in soccer requires lots of running, and getting in to a rhythm really helps with pacing." While running is an important part of soccer, it isn't the only thing that defines a good player. Players who bring athleticism along with communication skills to the field increase the level of cohesive play. Varsity senior Nicole Sindoni believes verbal and nonverbal communication is key to staying together and being in the same rhythm. She uses these same skills of nonverbal communication off the field in orchestra where she plays the cello. Nicole says, "The best playing is when everyone is in sync." Staying in sync means that all the players are in the same rhythm and communicating with each other.

Playing as a team, a band, or an orchestra all require rhythm and communication. Finding that can bring a team closer together and make them work more as a machine and less as individuals.

Kelsey Cranston

Gena Lara

Hannah Scruton

Cassidy King

Cate Phypers

atie Rokes

Carter King

E. Dubrow

C. Knowlton

M. Farris

Angelina Rix

Sarah Lombard

ptain from left: Hannah Scruton, Cate
/pers, Cassidy King

Varsity back row from left: Alyssa Terry, Carter King, Kelsey Cranston, Cassidy King, Sydney Doolan, Cate Phypers, Olivia St. Peter, Cayla Greenleaf, Angelina Rix,
Front row: Lauryn Whynott, Katie Rokes, Nicole Sindoni, Hannah Scruton, Colby Filosa, Annie Gillis, Lauren Waters, Gena Lara

iors from left: H. Scruton, C. King, G. Lara, A. Terry, O. St. Peter, C.
/pers, N. Sindoni, S. Doolan, K. Cranston

Junior varsity back row from left: Kyleigh Cranston, Emma Longo, Martine [illegible], Sarah Lombard, Maddi McLaughlin, Madeleine Farris
Front row: Eleyna Dubrow, Alexa Eliopoulos, Summer Smith, Isabelle [illegible], Kaylee Klyce, Jennifer Tarr (Not Pictured) Camryn Knowlton

dney Doolan passes
ball to her teammate
oss the field in their
ne against
wburyport.

Alyssa Terry traps the ball in their game against Georgetown.

Lauren Waters pushes ahead of her opponent in hopes of scoring a goal in their game against Newburyport.

Olivia St. Peter tracks the ball from across the field in their game against Amesbury.

Katie Rokes goes for an instep drive in hopes of scoring a goal in their game against Amesbury.

Boys Soccer

Jackson Filosa

Squashing Challenges

by Alphonso Lopez

Introduced in England in 1884, squash is a racquet-type sport played by either a single or two player team. Similar to raquetball, squash isn't a traditional team sport. It has a ball 1.6 inches wide, and is only played indoors. Though squash is a completely different sport from soccer, Jackson Filosa still finds joy in committing to both.

Jackson's parents introduced him to squash, but he chose soccer to follow in his brother's footsteps. Though very different, Jackson found both through family connections. Jackson enjoys spending time with his parents playing squash. In spite of their fiercely competitive nature, squash makes Jackson's family bond stronger. The same competitive bond encourages him and his siblings to make time to play soccer together. Jackson and his family always set aside the score in favor of supporting each other with advice and friendly competition.

Jackson's family dynamic helps him bring his love for sports and competition to the soccer field. He appreciates how "We always have fun during practice, which keeps the team close." Being commited and close, like family, improves the team work ethic. Though they love to have fun, the team also knows the importance of "Staying focused in practice and games," he said. Because of Jackson's committment to his family and teammates he knows that together, whether at home or one the field, they can squash any challenge.

Aiden Johanson

Jacob Eliopoulos

Cam Mallette

Justin Foye

Jason Finkst

hn Lear

Jacob Scruton

Alphonso Lopez

Carlos Montiel

John Werner

Thatch Phypers

Jacob Eliopoulos

aptains: Jackson Filosa, Nico Roesler, and Jacob Eliopoulos

Varsity: Coach Scruton, J Finkst, D Guldimann, J Foye, A Johanson, C Gagnon, T Doolan, Coach Christo, A Lopez, J Montiel, C Mallette, J Eliopoulos, N Roesler, J Filosa, J Scruton, T MacRae, J Lear

Merlos, C Norton, J Phypers, E Kneedler, E Johanson, W Lestage, Morello, C Dorries, S Johnson, M Gosh, R Dillon, C Perley, C Wetter, Werner, C McDavitt, M Galuski, D Buletza, B McGowan, I Maher

Seniors: T Doolan, C Mallette, J Finkst, J Foye, N Roesler, A Johanson, J Filosa, J Eliopoulos, C Gagnon

hase Gagnon reaches win a ball from a idfielder's tackle.

Trevor MacRae trucks through a fifty-fifty ball to beat a defender.

Trevor Doolan gets ready to sprint after the ball.

Damian Guldimann prepares to clear the ball from his final third.

Jacob Scruton crosses the ball into the box to try and win an assist.

Field Hockey

Emma Lombara

Business As Usual

by Lilly Sheridan

Millions of people suffer through back problems each year. In the United States, back injuries have become an epidemic. But for the Lombaras, having a strong back is just part of the family business.

Field hockey is tough on your back. In order to make a play for the ball, staying low to the ground is key. Running, cutting, and shooting the ball in this position requires one to have a strong back. The hunched field hockey position is more natural for Emma than it is for most. Emma is used to all the bending over, because during the summer she works with her dad installing and removing hardwood floors. She installs wood floors the most, "Hammering them in place with perfect precision," she said.

Being precise is the most difficult part. Her dad owns a flooring company called S.C.L. During the summer she will go with him and work all day long, helping him with whatever project he's doing. The work of putting down a hardwood floor takes an incredible amount of effort, but "Seeing the finished product is the best feeling," she said. Emma feels the same way when her team makes a play and finishes it off with a goal. Both accomplishments take a lot of strength and endurance.

Emma didn't start playing field hockey because she always wanted to. She actually wanted to play ice hockey. She had dreamed of playing ice hockey since she was a little kid. Unfortunately, she was unable to, because her main sport, basketball, was during the same season. So she decided to play field hockey, because it was the next best thing. Emma started playing field hockey when she was in 5th grade, and as the years passed, she grew to love it. She always gets excited for games, and even "Gets excited to go to practice." For Emma, playing field hockey is a way to let go of all her emotions and feel supported. Her team is "the most supportive group of people," and her safe place. Emma is so thankful for everyone on her team, her coaches, and for the family business for making her strong and a hard worker.

Maddie Wilson

Katherine Noftall

Rixt Van Der Kooi

Marisa Sheppard

Kayci Brouillette

ith DeBoer

Sam Orroth

K. Brouillette

Kayla Laddin

Maddie Wilson

Lexi James

L. Comprosky

rsity Captins: Maddie Wilson, Heather Milano, Katherine
ftall

Varsity: R.Galanis, H. Milano, R. Daly, S. Orroth, A. Moulton, R. Van Der Kooi, A. Krause, M.Wilson, E. Lombara, K. Laddin, M. Bodwell, K. Noftall, K. Brouillette, T. Galuski

niors: Maddie Wilson, Marisa Sheppard, Katherine Noftall, Rixt Van Der Kooi,
yci Brouillette

JV: R. Amazeen, J. Moseley, E. Morrow, L. Comprosky, C. Manolian, E. Krause, A. Barrios, I. DiNocco, F. DeBoer, P. Parent, M. Sirois, A. O'Flynn, L. James, I Marques

ather Milano runs
oss the field to attack.

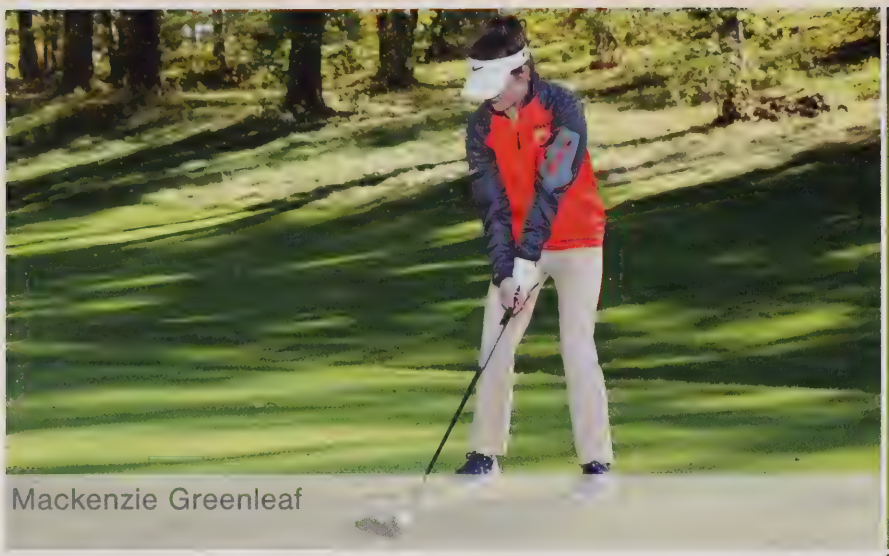
Rowan Galanis sprints down the field with the ball.

Amelia Krause waits patiently for the other team to come towards the Tigers' goalie.

Tatum Galuski gets low and is ready to defend Kayla Laddin in goal.

Riley Daly dribbles the ball down the field to the offensive side.

Golf



Mackenzie Greenleaf

Golfing Is for the Girls

by Charlotte Manolian

Many perceive golf as a male-dominated sport. Ask any outsider what golf looks like to them and they might describe the following: A bunch of chubby middle aged guys riding around in golf carts with friends on a Sunday afternoon pretending to play a sport. But that's just their perception. The reality of golf for many, including Senior Mackenzie Greenleaf, is that golf has often felt like it wasn't for them. For her, this stems from the fact that she's the only girl on the course. Since joining the Ipswich High School Golf Team her freshman year, she has been one of only two girls playing in the CAL.

Success in golf starts with an attitude of confidence. For Mackenzie, finding hers was a process. "I'm definitely a more confident player now. When I was a freshman and sophomore it was intimidating to be the only girl. Over the years I have definitely gotten more confident." Being the only girl on the golf team was unnerving at first, but Mackenzie has found her place on the team and proven herself.

As a returning player, Mackenzie knows the lay of the land, but remembers being a newbie all too well. "My advice would be if you're not sure, definitely try it. The team is super welcoming and you should venture outside your comfort zone. It's definitely worth it." While she understands the challenges of establishing oneself on a team, she feels strongly that it shouldn't stop anyone from joining.

Mackenzie said she was always nervous when she first joined, "Being the only girl sometimes it was difficult to find my place, but it got more comfortable as I got older. As I got to know people it wasn't that big of a deal anymore. I was just another player on the team." Knowing she was an asset to the team was a boost to her spirit and playing confidence. In reality Mackenzie believes that once you get to know everyone, it's no big deal.

These days Mackenzie's not the lone lady on the fairway. Mackenzie and many other women are changing the perception of golf from a male-dominated sport to one women play professionally too. Pro golf has begun to reflect this change. Nowadays there are many well known women golfers, and most, like Mackenzie, plan to keep on playing for the foreseeable future.

Robert Grady

Nick Fonzi

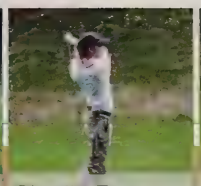
Ethan Driscoll

Mackenzie Greenleaf

Carter Tracy

Rowan Silva and Egan Davidson walk from the teebox to the fairway.

ill Vanderbilt



Charlie Eagan

Bob Grady

Nick Fonzi

Rowan Silva

Lucas Kubaska

C. Eagan, Will V, and B. Grady

Grady, N. Fonzi, W. Vanderbilt, and C. Eagan prepare for their
st hit.

Back (left to right): Coach Gary. W. Vanderbilt, L. Kubaska, E. Driscoll, A. Gilligan, M. Greenleaf, Coach Lamson
Front (left to right): J. Vanderbilt, B. Grady, R. Silva, N. Fonzi, E. Stein, E. Davidson, C. Tracy

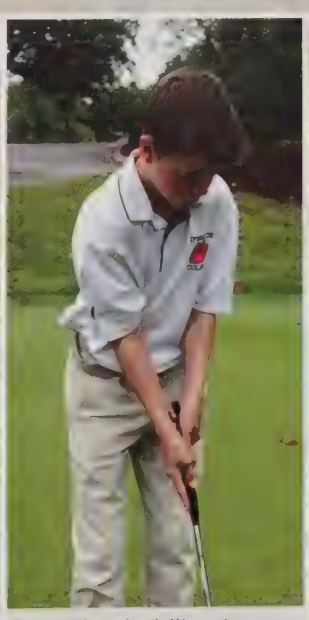
niors (left to right): Carter Tracy, Nick Fonzi, and Mackenzie
eenleaf

Captains: Nick Fonzi and Mackenzie Greenleaf

wan Silva watches the
ll after he chips it onto
e green.

Egan Davidson sizes up the hole before taking a shot.

Andrew Gilligan prepares to chip the ball onto the green.



Jack Vanderbilt sets up for a final putt.

Charlie Eagan watches as his drive soars over the course onto the fairway.

Volleyball

Abby Stanicek

Unfinished Business

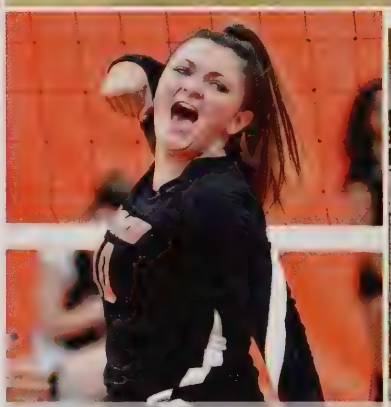
by Lauren Kennedy

Every sport has that moment: time stops and the hands of players and fans are sweating. This time, it's volleyball. The Elliot Roundy gymnasium roars, and the score is 14-13 in favor of Ipswich. One more point to victory. Stanicek is at the net, with her five teammates behind her. The coach's voice from the sideline is fading away.

Late into the 5th set, so much work has been put into the game nothing could stop the team now. Everyone was working to be the best for their team, not the best on the team. "Do your job" is the only thing on Stanicek's mind. The opposing team serves the ball, a pass is made into a set, and Stanicek ends the game with a kill. The team jumps up and down and the fans swarm the court. Winning comes from more than just the fight of one game, and here is now Stanicek gets to these moments.

Playing on the court and being in the moment is one thing, but to sit on the sidelines and watch your fellow teammates play is a whole other thing. Last year, in the semi-finals, Stanicek sprained her ankle and was devastated that she would be out for the rest of the playoffs. When the next season came around she was ready to make up for time lost last year. "My motivation comes from my teammates," Stanicek said. "Watching the girls I am honored to practice and play with pushes me to be the best I can for my team." When her coach corrects her, Stanicek makes it her new personal goal to apply the information as soon as possible in order to create success. Her biggest accomplishment over her years is going from JV freshman year, to starting Varsity her sophomore year.

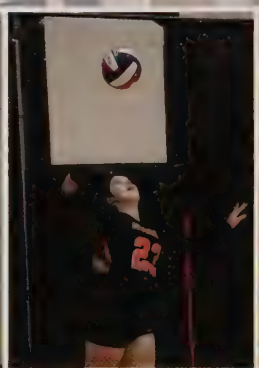
Through it all, Stanicek is encouraged by her teammates and works hard every day to improve on her individual skills in order to support team success. Small moments like this, when she feels unstoppable and all the nerves are gone are what athletes like Stanicek plays for. One can feel alone in the midst of pressure, but at the end of the day you're fighting for your team, and Stanicek is one who never takes anything for granted.



Lauren Kennedy celebrates after a kill.

Ava Warren hits the ball far o the outside.

Louisa Roesler



Addie Wittkamper

Jillian Gregory

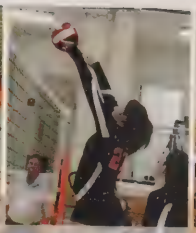
laire O'Flynn

Katelyn Moseley

Liz Linkletter

"Mack" Rokes

Maddie Duffy



Meghan Wallace

The team huddles before the game.

ck: L Ivonac, A Mossler, M Wallace, L Platt, A Doran, B
ıg, K Moseley Front: J Dziadose, K Coffey, Z Forni, L
kletter, M Corcoran, M Duffy, M Rokes.

Back. Coach Kerri O'Connor, Lauren Kennedy, Addie Wittkamper, Abby Stanicek, Claire O'Flynn, Emily Davidson and Kyleigh Larson. Front: Louisa Roesler, Lilly Sheridan, Haley O'Connor, Ava Warren, Jillian Gregory, Grace DeBoer.

nior Varsity Captains Bree Ring and
na Mossler

After dominating through 5 sets the team celebrates their victory in the middle.

Varsity Senior Captains Ava Warren and Lauren Kennedy

ıce DeBoer gets in a stance as she waits the opposing team's ve.

Emily Davidson reaches high to attack the ball at the net.

Kyleigh Larson shows perfect form as she releases the set from her fingers.

Lilly Sheridan gets ready in a low position for the opposing team's serve in the back row .

Haley O'Connor releases the ball high in the air after a set to the outside.

Top: First Team All-Stars Rixt Van Der Kooi and Riley Daly
Bottom: Second team All-Stars Heather Milano and Maddie Wilson

Field Hockey

Top: First Team All-Star Lauren Kennedy
Bottom Abby Stanicek

Volleyball

Top: Offensive Player of the Year Will Ginolfi
Bottom: First Team All-Stars Isaiah Morrissey, Charles Huntley, Will Ginolfi, Cole Terry, and Brian Trefry

Football

Fall Sports Awards

Top: First Team All-Star Hannah Scruton
Bottom: Second Team All-Star Cassidy King

Girls Soccer

Top: Cheerleading All-Star Andrianna Silva
Bottom: Golf Second Team All-Star Bobby Grady

Cheerleading and Golf

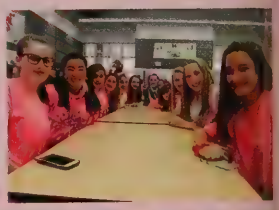
Top: First Team All-Star Jake Scruton
Bottom: Second Team All-Star Justin Foye

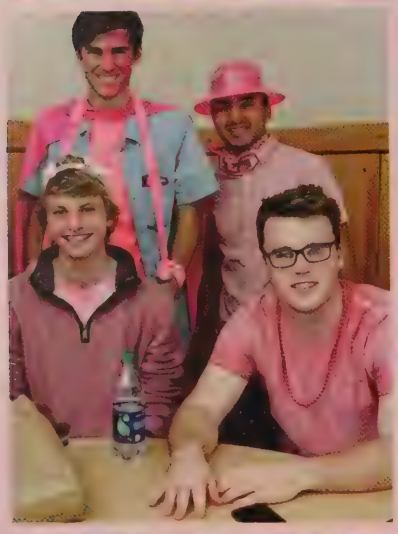
Boys Soccer

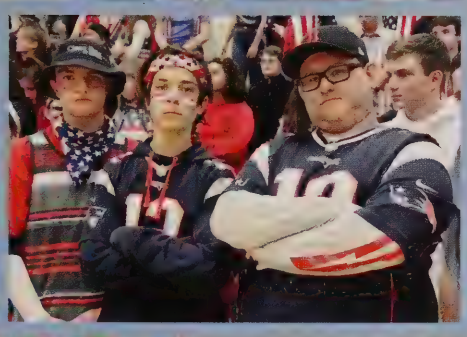
Spirit Week

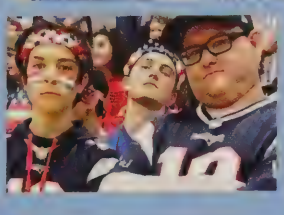
Pink Day

Breast Cancer Awareness



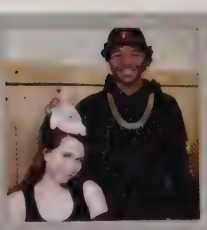


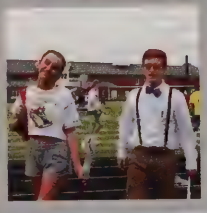
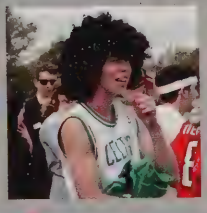


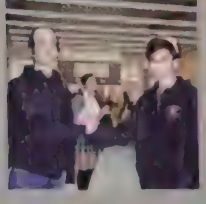


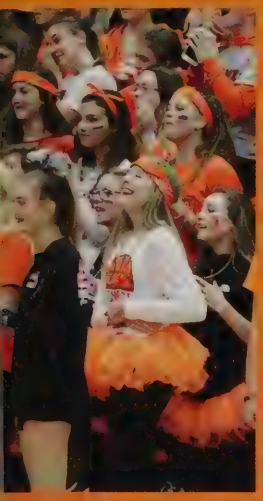
USA Day

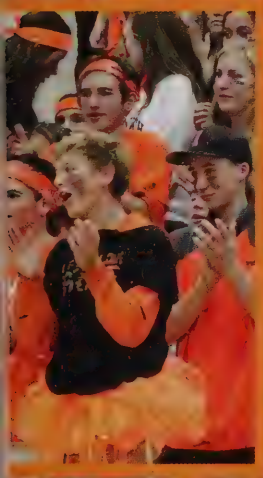
Halloween Day

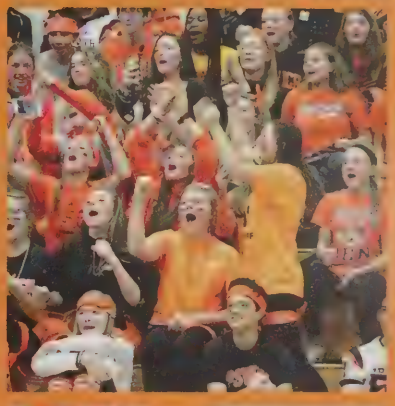


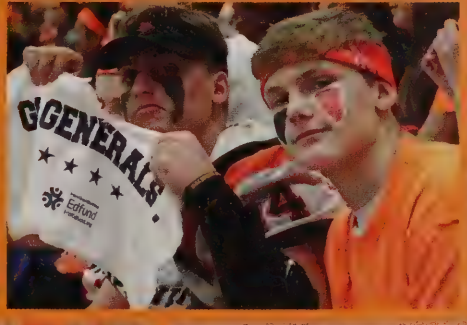



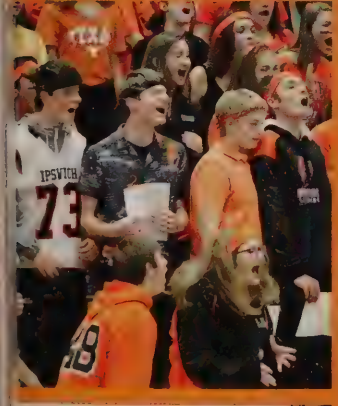












Tiger Day

Homecoming

Night to Remember

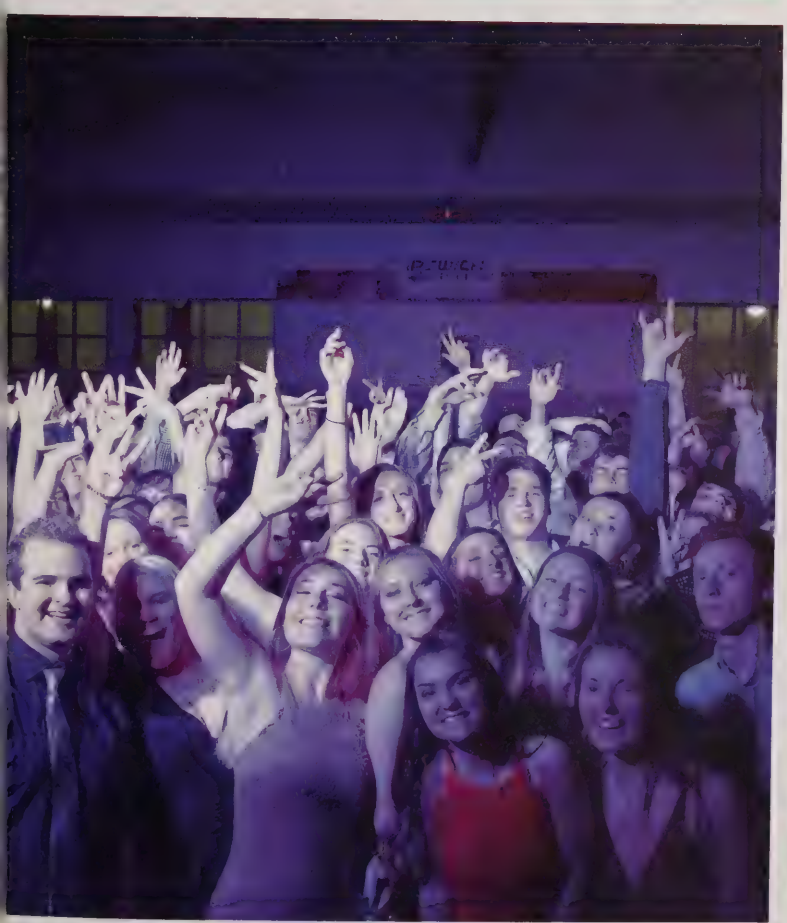
by Alphonso Lopez

The best traditions return each year because they raise our spirits and bring back so many memories. For the students of IHS, homecoming is one tradition we look forward to every year.

Everything one would expect from a typical homecoming was there: food, people, a dance floor, and drinks. "It's just a good time with good people," said Chris Folan.

Even though most things were the same this year, the music was what set this homecoming celebration apart. DJ CJ, from Beantown Sound, had a great list of tracks waiting to keep energy up. But it was the crowds' requests for music that made the difference. Late in the night someone in the crowd asked for Mo Bomba and the DJ had to rock the gym with it. "I could feel the energy in the room shift once Mo Bomba began," said Hannah Herron.

In keeping with tradition, the end of homecoming night will be remembered for a long time not only because of Mo Bomba, but also for the celebration of friendship and fun.



WINTER

Girls Basketball

Mya's Magic

by Lillian Sheridan

Everyone always has their favorite sport growing up, but most kids grow out of it and move on to something else. But in Mya Cuevas's case, all she ever wanted to do was play basketball.

Mya grew up playing basketball and has loved it since her very first practice in elementary school. Basketball became her priority sport as she grew older, and now she focuses solely on basketball year round.

Like anything else, being good at a sport comes with its challenges. To get there, Mya certainly hasn't taken the easy road. Staying in peak shape and improving her basketball skills even in the off season requires constant effort. But this hasn't been her only struggle. Over the years Mya has suffered many serious injuries that have put her on the bench. Multiple knee injuries, back problems, and tweaked ankles have set her back, but she never gives up and always works through the pain to return to the court.

For Mya, success means giving her full attention to basketball and her health. It starts by going to the gym regularly and getting in the best possible shape. Being focused, in the moment, and determined to reach her goals has always paid off. Mya continually improves her fitness and her game, finding balance and the inner strength to persevere. Her quiet strength and determination make her a force on the court, and a formidable threat to her opponents.

Perhaps the most notable victory for Mya is the way her determination and focus in basketball transfer to other areas. Many students struggle to carry rigorous course loads and busy schedules. But again, Mya perseveres. While homework and tests might not be as challenging as physical therapy and perfecting free throws, Mya gives it the same focus and determination. In the end, her success in both areas comes from the same lesson: hard work, focus, and determination pay off.

Tatum Galuski slides into position for some aggressive D.

The team lines up before tip off for the national anthem.

ck: Mya Cuevas, Cassidy King, Sydney Doolan, Cate Phypers, Claire O'Flynn, Riley Daly, rtine Linnerud, Front: Tatum Galuski, Emma Lombara, Carter King, Erika Noftall, herine Noftall

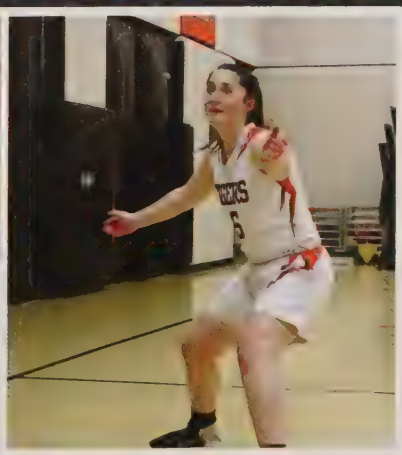
Captains: Cate Phypers, Katherine Noftall

iors: Cassidy King, Sydney Doolan, Cate pers, Martine Linnerud, Katherine Noftall

Back: Julia Moseley, Skyler Moseley, Ava Horsman, Ava Radzim, Maddi McLaughlin Front: Jennie Tarr, Madelyn Duffy, Maddy Richard, Alexa Eliopoulos

te Phypers leaps up the tip off.

Katherine Noftall gets into a defensive stance.



Sydney Doolan closes off the lane to the hoop.

Boys Basketball

Poise at Point

by Lauren Kennedy

Life is like basketball: it changes quickly and unpredictably. Preparing to face life's ups and downs with poise requires people to be ready to react, adapt, and rise above each obstacle. Like life, basketball provides the opportunity for people to test themselves, and lean on each other in their most difficult moments.

Every time they step on the court players face unforeseeable challenges, not only individually, but as a team. Pushing them forward, the glory of winning and the agony of losing is the fuel pumping through each person's veins.

While teamwork is important, mental and physical quickness are essential to the game of basketball. Senior captain and point guard Jason Finkst can attest to this. "It's a fast moving game and you always have to be ready. For most, the mental aspect of this is what's the most difficult to face".

As with any sport, players make errors, but what players do with their mistakes is what separates the best from the worst. The best players learn and grow from their mistakes and use them to push themselves to their maximum potential. When the coach asks Finkst to do something outside his comfort zone, he works hard to find how to make it work for him and his confidence grows.

Advice that Finkst once received and will always remember is that you can "never let the moment get to you." It is his hope that, in the eyes of his coaches, parents, friends, teammates, and the fans of the program, he has done his job well and will continue to grow as a player and as a leader in the future.

While he can't always tell the outcome of a game or what challenges a given day will bring, Finkst knows one thing to be true in both life and basketball: How one deals with ups and downs, and who they face them with can make a big difference in one's success.

Jack Sotiropoulos jumps high into the air for the tip off.

Dan Stedman goes in for the layup.

Jack Norris protects the ball at his side.

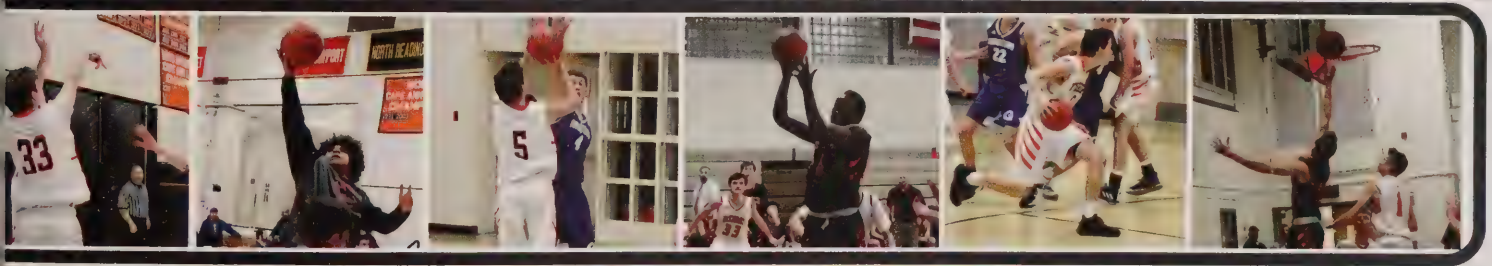
:k: Daniel Stedman, Collin Adams, Will Vanderbilt, Nikhil Walker, Andrew Gilligan, on Finkst, Cam James, Front: Jack Norris, Ethan Jean Charles, Brendan Duffy, Isaiah rissey, Ben Yanakakis, Jacob Eliopoulos

Seniors: Jack Norris, Daniel Stedman, Jason Finkst, Ben Yanakakis and Jacob Eliopoulos

Captains: Isaiah Morrissey, Jason Finkst and Ben Yanakakis

: Finn Donovan, Thatch Phypers, Garrett Silveira, Paul Wertz, Seamus igher, Spencer Johnson, Evan Stein, Front: David Lonergan, Micah Galuski, Wetter, Sam Pinsky, Farlei Marques, Jack Vanderbilt

Back: Aidan O'Keefe, Wes Lathrop, Clayton Manolian, Justin Bruhm, Manny Devaney, Reilly Dillon, Zach McCormick, Cole Bekeritis, Charlie Henderson, Tyler White



ob Eliopoulos takes ball to the hoop.

Ben Yanakakis dribbles the ball low to keep his opponent away.

Coach Laroche draws up a play for the team in the huddle.

Swim

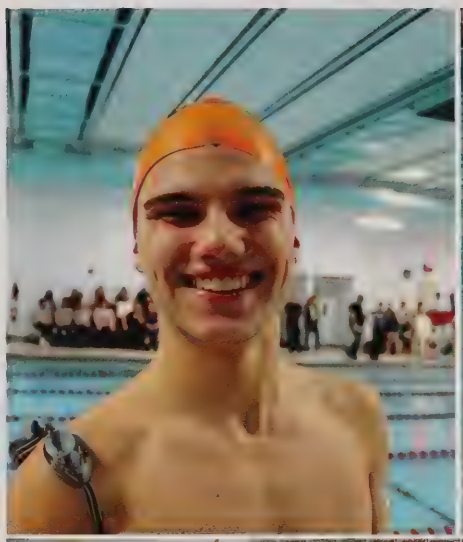
Swimming in Successes

by Liam Russell

He wakes up late after a long night of homework and rushes to school. In free period when most kids would study or hang with their friends, he's jamming with symphony. After school he's off to swim practice, where he serves as captain and one of the team's premiere athletes. Next, he works a quick Friday night shift, hangs out with friends, and then tries get to bed early to teach Sunday School in the morning.

Zach Forni is frequently asked "how do you do it all?" The outstanding student, multiple-instrument musician, and three-season athlete is open about how much he loves to challenge himself. "I feel like it's important to always put my best foot forward," he said. Sometimes, this means putting his best foot in the pool. A swimmer since freshman year, Zach has consistently improved his events, the 50 meter freestyle, and 100 meter butterfly. He says the key to getting better at anything is "making good habits." Zach firmly believes in putting in the work during the off season and never giving up, even when you have a bad meet.

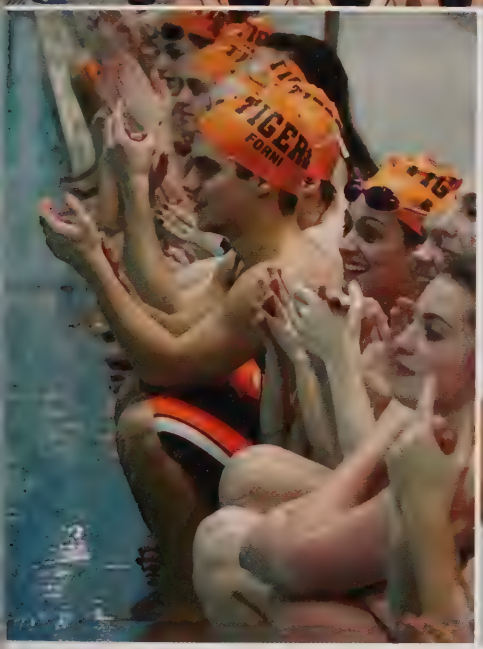
Despite his many scholastic and extracurricular achievements, Zach said that one of his proudest moments was being elected captain of the swim team. To Zach, serving as swim captain is an "absolute blast." With the opportunity to work even harder than he did before, the position is exciting. He hopes to use his role to set an example of work ethic, and teach underclassmen about the value of persistence. Although he's busy in many areas of his life, it appears like maybe Zach Forni can do it all.

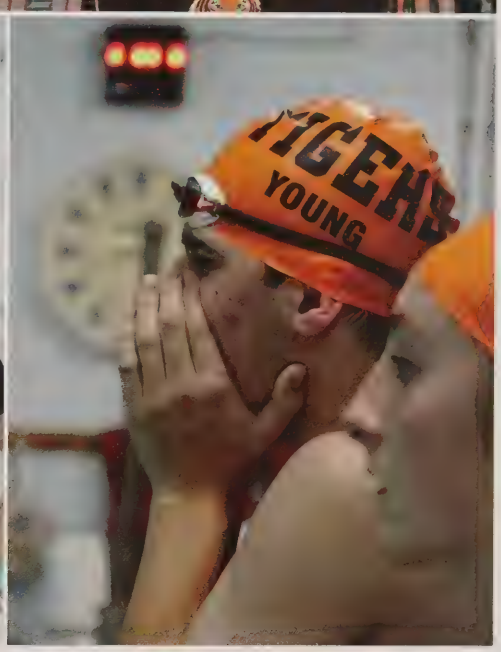


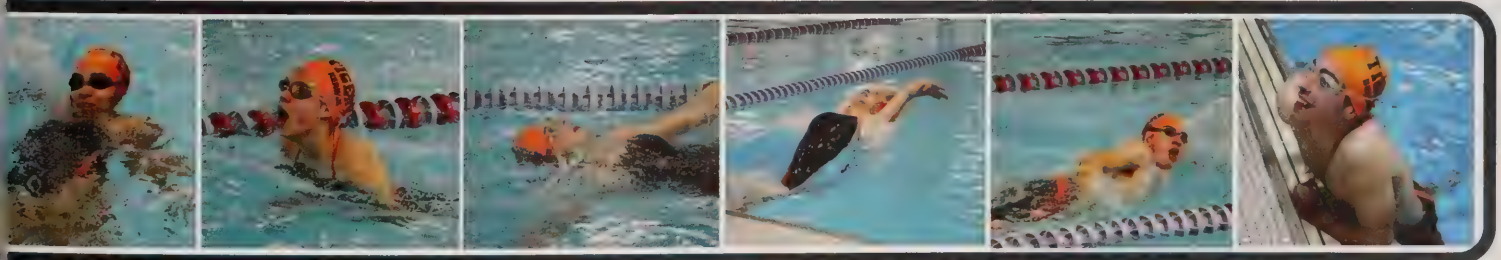
Senior Stephen Moore swims the 50 free at a meet against Lynnfield.

Kayla Laddin, goes up for a breath during the

Mackenzie Greenleaf swims the at a meet against Lynnfield

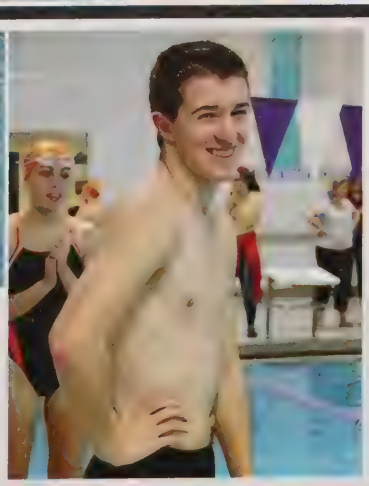






ace Campanello
its as she
epares to jump in
the start of her
ce.

Melanie Powers smiles and she finishes up her race.



Brendan Hopping smiles after a successful race, and continues to cheer on his friends on the sidelines.

Girls Track

Over Every Hurdle

by Alphonso Lopez

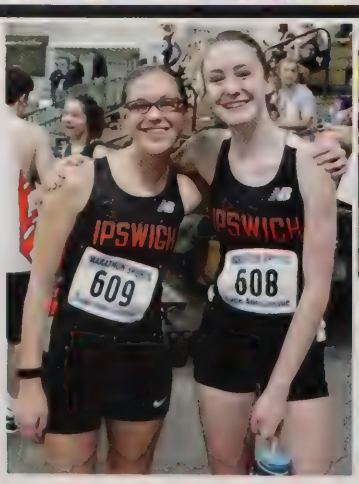
All sports have pregame strategies; soccer has foundations, baseball has batting practice, and football has numerous plays; but track has no uniform pre-race strategies. Track doesn't require the same level of planning between the coach and team, but Jessie Harrington still has her fair share of warm up traditions.

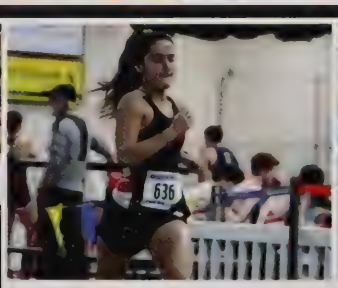
In track it is vital to maintain a competitive mentality, and Jessie has two tricks to stay focused. Before a race Jessie likes to talk with her competition in order to stay relaxed and meet new people. Another go-to strategy for Jessie is dancing or jumping around before a race. Jessie's techniques let her stay focused, improving her performance and inspiring those around her.

For Jessie "outside of meets and during practice it's just all about positivity." During practice the team's positivity pushes everyone forward, and encouragement from the coaches inspires everyone to push harder. Jessie says that she "becomes closer with her coaches each practice." Each track practice is full of hear laughs, high fives, and praise between teammates, which makes track easy to enjoy.

Though track's competition is serious, the mood and traditions of the team reflect the fun-loving people who participate in it.

Distance runners Anna Jones and Faith Johnson (right) smile after the first race of their junior seasons against Hamilton Wenham on December 8.





Maddie Wilson strides down the straightaway in a desperate dash for the finish line.

Rayna Duffield digs deep midway through another win in the two mile.

niors: (top) Allie Sanidas, Hannah Herron, Rixt Van Der Kooi, Adriana Jimenez, ttom) Jessie Harrington, Maddie Wilson, Rayna Duffield (not pictured) Olivia St. er

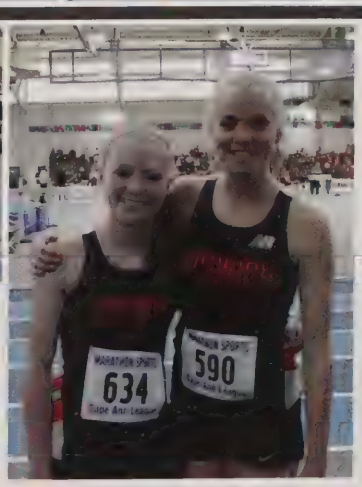
Captains: Grace DeBoer, Heather Milano, Maddie Wilson, Rayna Duffield, (not pictured) Olivia St. Peter

left) K O'Keefe, A Krause, R Van Der Kooi, C Nordberg, A Stanicek, A Moulton, C Doherty-Crestin, vidson, S Orroth, H Herron, A Sanidas, F Johnson, H Milano, L Comprosky, A Brink, A Jimenez, B lais, R Galanis, C Filosa, J Harrington, R Amazeen, C Leet, R Coughlin, E Krause, M Mattin, A Rix, ssler, A Gabriel, I Harper, C Smith, M Farris, S Smith, A Gillis, G DeBoer, L Waters, L Whynott, M n, T Meneghini, A Jones, M Sirois, F DeBoer, R Duffield (not pictured) O St. Peter

Maddie Wilson, Marianna Mattin, and Maddy Farris finish their last lap in the 600 meter race strong.

annah Herron ishes her leg of e 4 by 400 meter lay at the Reggie ewis Center.

Olivia St.Peter runs the third leg of the 4 by 200 meter relay against Hamilton-Wenham.



Annika Brink and Lauren Waters smile for a picture before their race. The two eventually took first and second place in the 1000 meter run over Hamilton Wenham.

Boys Track

Right on Time

by Pierce DeBoer

The track is full, with teams from all around the state gathered to compete. Evan Antonakes stands behind the starting line waiting in anticipation for the official to make his commands. "On your mark. Get set. Go!"

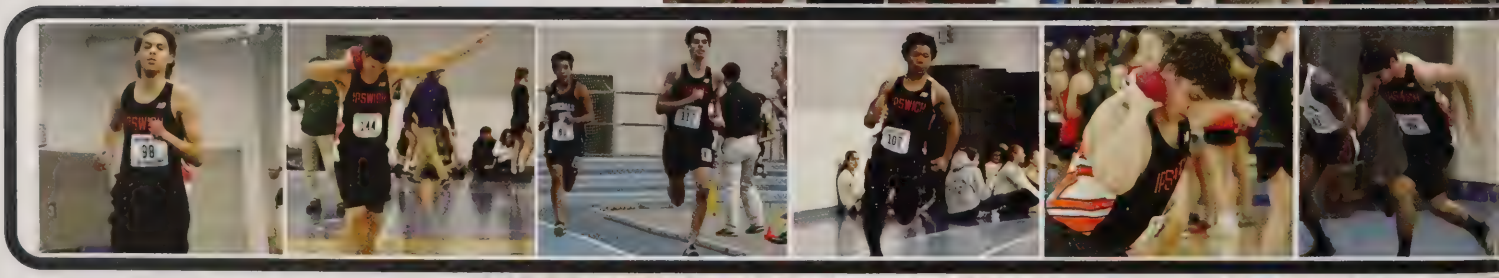
Evan "Has always enjoyed running," and "Did it to train for other sports." Track is all about improvement, which takes a lot of time and effort. "As time went on, I began to like it more and more," Evan said.

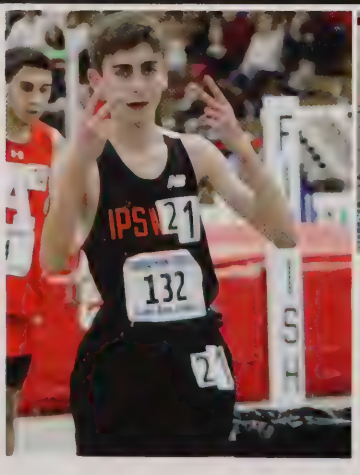
Evan competes in the 55m dash, 4x200m relay, and occasionally the 300m run. The common theme with all these events is speed. At practice, Evan does "Things [he] think[s] [he will] need to work on," and tries his best to get in a good workout. He arrives to practice on time every day, and stays until the end, always working hard.

In spite of all the time he spends practicing his events, the events themselves don't last long at all. "Varsity meets take like 12 hours and I run for like seven seconds," he said. No wonder his favorite part of track are the practices, where being "together with people makes it more fun."

Even if meets drag on for a bit, Evan still doesn't mind putting in the effort to improve. And yes, it pays off. His personal record for the 55m is 6.84 seconds, almost 18 miles per hour.

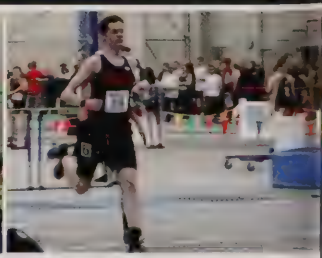
Since joining in his freshmen year, Evan has proven himself to be a valuable member of the track team, and he plans to continue running in college. Until then, Evan will keep improving. It's all just a matter of time.





Jonah Orroth celebrates a personal record in the 2 mile.

Pierce DeBoer successfully clears the bar to win the high jump at the first meet of the season.



Sam Fitzpatrick strides through the finish line in the 55 meter hurdles, taking first place.

iors: (top) Kevin Yon, Samuel Fitzpatrick, Nicholas Roesler, Erik Anderson, Evan Antonakes, Mason
b (bottom) Ian Profenno, Shao Qiu, Chase Gagnon, Joshua Colburn, Not pictured: Stuart Geller,
Schildkraut

Captains: Alphonso Lopez, Pierce DeBoer, Samuel Fitzpatrick, Trevor MacRae, (not pictured) Stuart Geller

ldimann, S Fitzpatrick, J Colville, E Driscoll, D Angell, E Anderson, R Geller, E Antonakes, W
ell, N Roesler, A Lopez, J Macklin, J DeGrappo, O O'Donnell, C Terry, P DeBoer, J DeMarco, A
kakis, K Yon, C Gagnon, M Webb, Z Keach, S Qiu, J Colburn, I Profenno, B Scobert, P Smith, F
ell, R Grady, B Darke, W O'Brien, T MacRae, J DelVecchio, C Sindoni, M Dessources, S Yon, J
iiton, N Liani, J Houran, M Somers Not pictured: S Geller, D Morello, J Orroth, C Schildkraut, J
er

Sprinters Marlin Dessources and Cole Terry pose for a picture after their events.

ck DeMarco looks
ong in a dominant
n which led to his
ate qualification for
e mile.

Trevor MacRae finishes his first race of the 2018 campaign with a personal record in the 300 meter dash.

Captain Stu Geller triumphantly poses for a picture after his last throw during the the shot put against Lynnfield.

Gymnastics

Bend, Don't Break

by Charlotte Manolian

At some point in every sport, players are bound to get hurt. We push ourselves to the limit to try and be the best we can be. Nowhere else is this more true than in the world of gymnastics.

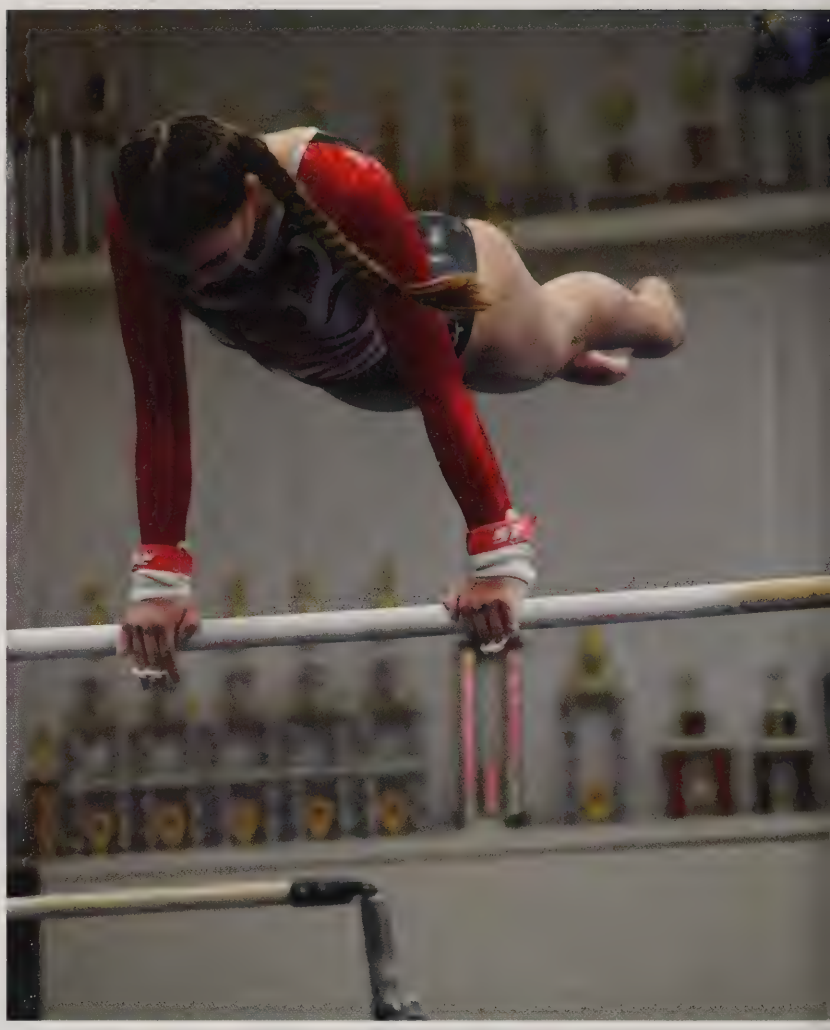
Ninth grader, Riley Turner recently pushed her limits, fell off the bars and broke her elbow. Now fully recovered, she's back and stronger than ever.

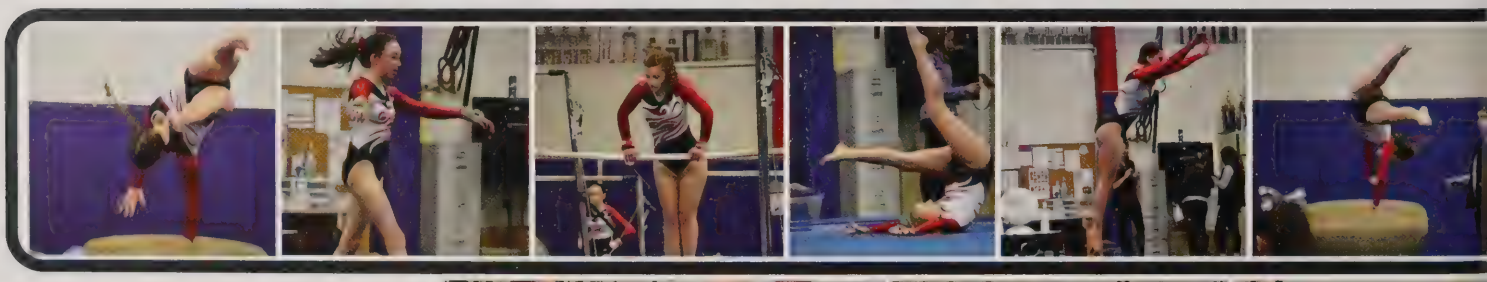
Inspired to start gymnastics when she watched Gabby Douglas at the olympics, Turner has been doing gymnastics since she was nine years old. She enjoys doing flips the most, but her favorite skill is back twisting, also called a full twist or a full. The layout requires an extended body while flipping upside down, while the full-twist requires a 360-degree rotation. Her favorite event is vault because she can do "suks," which is a roundoff back handspring over the vault apparatus.

One of the most rewarding parts of the sport for Riley is competitions. "Competition team camaraderie is my favorite. I love how everyone comes together and does everything as a team. The team is always supportive cheering everyone on, hyping each other up." But, at the same time she dislikes the pressure and stress that comes along with the competitions, because what she does affects the overall team score. But victories can be bittersweet when tarnished with injury.

When a gymnast breaks a part of their body, the recovery requires a lot of hard work and perseverance. Riley showed immense perseverance after she fell off the bars and broke her elbow. "Breaking my elbow was one of the most traumatic moments I have ever experienced," Riley explains. She returned, but approached the bars with nervous caution. Eventually she gained her strength back and overcame the mental block. " I had to learn to not give up so soon - to just keep working towards my goal," she said.

Riley would like to keep gymnastics in her life, whether through college athletics or coaching. Time will tell. "Gymnastics is an amazing sport, although it can be tough at times. Just make sure to never give up and stay with it, and you will get what you have been working for." While persevering through challenges can be hard, Riley has learned the importance of being flexible. Pushing the limits requires one to bend, but not break.





Chloe Doonan competes on beam executing one of the more difficult skills, a cartwheel.

Victoria Pekrul pulls herself up on to the bar.

Victoria salutes to the judge before competing her flo routine.

ubrey O'Flynn
ands in one of her
arting poses on
eam while
ompeting.

Riley Turner flips her self around the high bar during her routine.

Riley Turner sticks one of her skills on the beam during competition.

Hockey

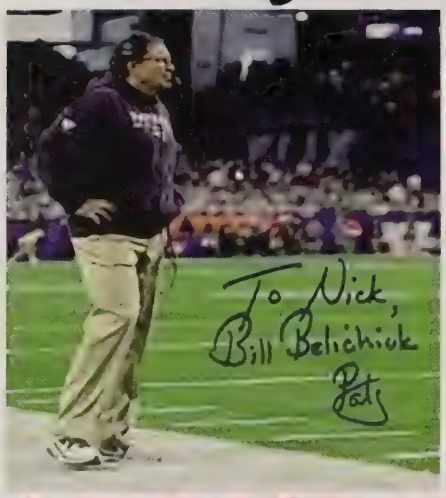
Photographic Memories

by Lucy Platt

Inspiration in sports comes in all forms: Listening to personal stories, watching games live, and even meeting sports idols in person. Captain Nick Fonzi, however, draws inspiration from his autograph collection. From a young age, Nick has kept a collection of autographs from athletes, and to this day he continues to add to it. Although in school Nick plays hockey and golf, outside of school he is a huge Patriots fan. "My favorite signed poster is from Bill Belichick," says Nick. How does he get the autographs? "I send letters to players with a sports card in them and they sign it and send them back," he said. These signed cards and posters influence Nick's goals both on and off the ice.

Nick has loved hockey since he learned to skate at age 3. As he grew up, his love for hockey continued to grow. In 2006, he attended his first Bruins game and was lucky enough to catch a puck. To this day, he has kept it as a memento of his first Bruins game. His love for the Bruins inspires him to keep playing hockey and improve his game.

Although the Bruins are his favorite hockey team, Nick also has a love for the Patriots. His collection of signed cards, posters, pucks, and other memorabilia are a constant reminder of the memories that inspired him to play in the first place. For Nick the signed photographs are more than collectibles, they are memories of his most treasured moments.



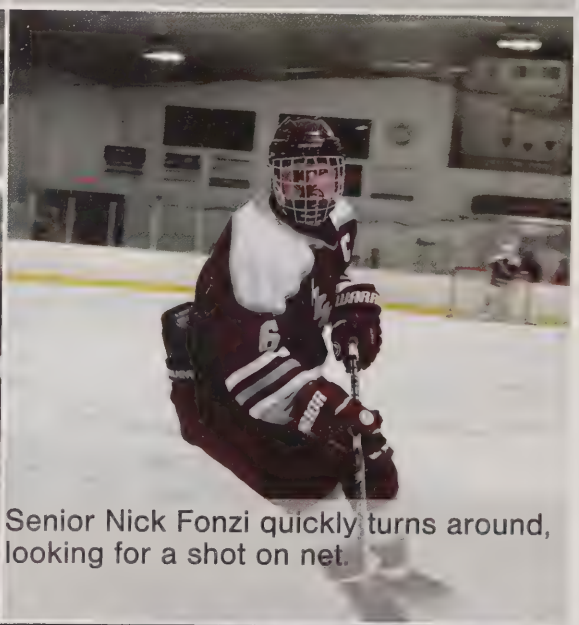
Back: A. Arnold, R. Silva, C. Folan, T. Wallis
Front: N. Fonzi, M. Kivekas, G. Recupero, A. Zambernardi

(Above) Max Kivekas falls on the puck to make a great save.
(Right) Sophomore Rowan Silva wins the face off at the drop.

As a sign of respect and good sportsmanship, the team shakes hands with Amesbury after a hard fought game.

The team huddles to talk strategy before the game.

Rowan Silva gets ready to face off, watching the puck closely.



Senior Nick Fonzi quickly turns around, looking for a shot on net.

n Arnold waits
ıe offense,
ıg to get a taste
ɔ action.

Nick Fonzi follows his team mates as they chase after the puck.

Max Kivekas (left) stands at the ready to stop any pucks that make it past the defense.

Sam Fitzpatrick (Top): CALS silver medal in high jump, bronze medal in 55m hurdles, and Baker Division Athlete of the Year

Evan Antonakes (Bottom): CALS bronze medal in 55m dash

Track and Field

Track and Field

Boys 4x400 Relay (Top): Damian G, Trevor M, Jack D, and Chase G took 3rd overall at CALS

Girls 4x400 Relay (Bottom): Hannah H, Jessie H, Colby F, and Heather M took 3rd overall at CALS

Track and Field

Hockey

Colby Filosa (Top): CALS silver medal in 300m dash

Max Kivekas and Nick Fonzi (Bottom): CAC All Stars

Winter Sports Awards

Basketball

on Finkst (Top): 1st Team Star
y Daly and Katherine tall (Bottom): 2nd Team Stars

Swim and Dive

Brendan Hopping (Top): Silver medal in 200 yard IM and 100 yard backstroke
Joanna Mullen (Bottom): Silver medal 100 yard freestyle

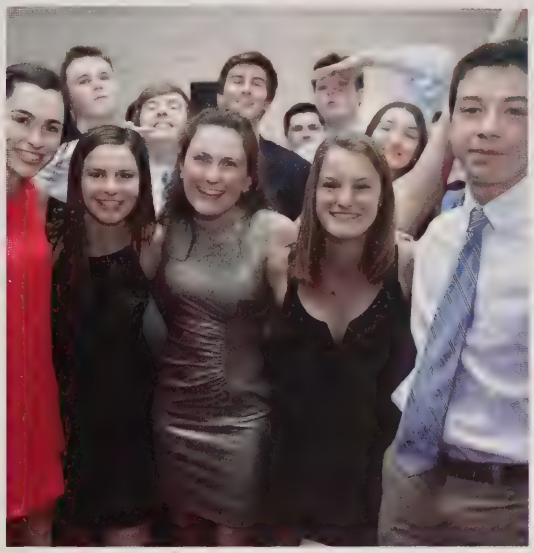
Swim and Dive

Sandy C (Top): Silver medal in 50 yard freestyle and bronze in the 200 yard freestyle

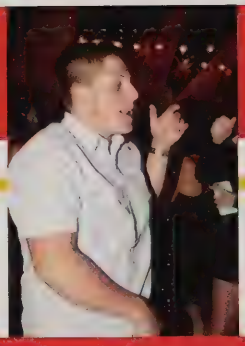
Girls 200 Yard Relay (Bottom): Mackenzie Greenleaf, Elsa Anderson, Joanna Mullen, and Sandy Colameta took silver

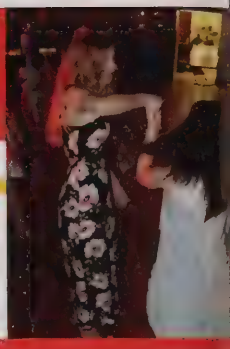
Cotillion

Friends, Food, and Fun



Semi 2018





Heather Milano and Maddy Chesley

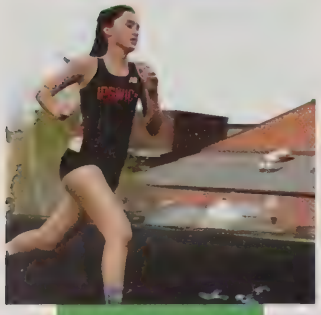
Back row: C. Eagan, W. Ginolfi, W. Vanderbelt, and A. Gilligan
Front row: A. Duvall, O. Horseman, M. Chesley and A. Sullivan

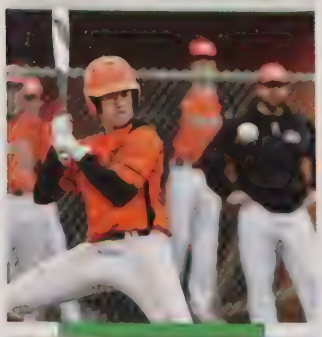
Back row: M. Chesley, E. O'Donnell,
Middle Row: E. Lombara, H. Milano, K. O'Keefe, A. Gabriel, and E. Capobianco
Front Row: A. Krause and T. Meneghini

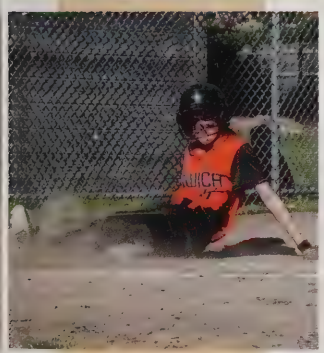
Keigan Iwanicki, Teaghan Duff, Audrey Berger, Isabelle Giglio, Amelia Krause, Aidan Lewis, Domenic Morello, Reilly Dillon, Emma Lombara

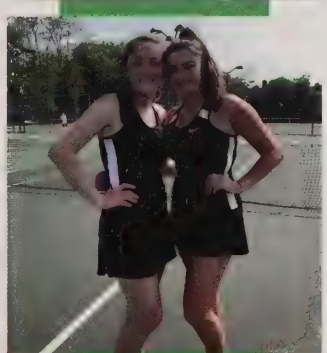
SPRING

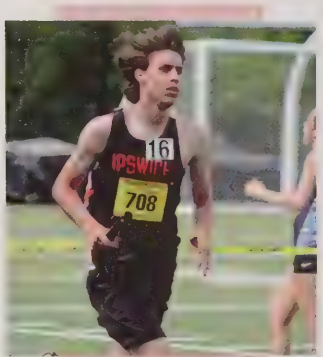
Spring Sports







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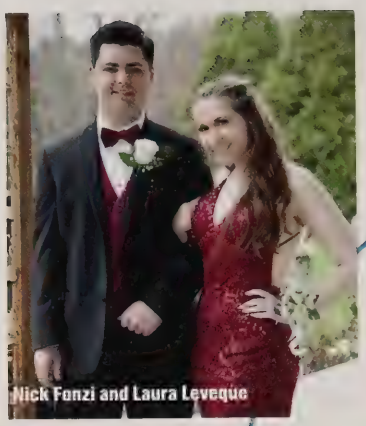
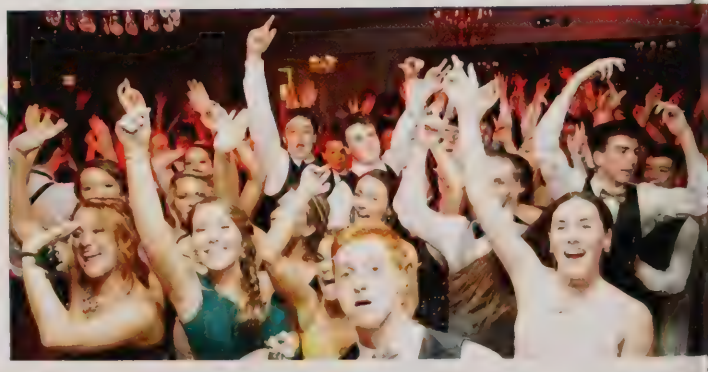
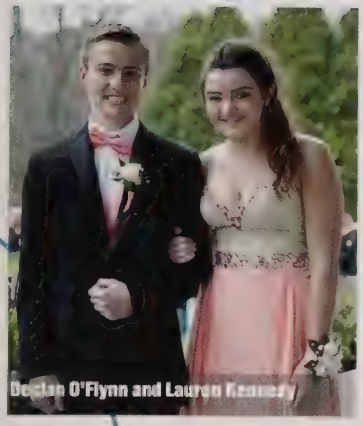
Junior Prom

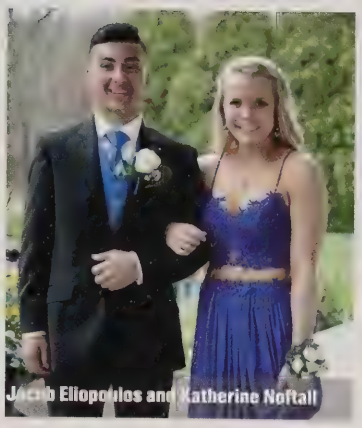

Nick Fonzi and Laura Leveque

Justin Foye and Cassidy King

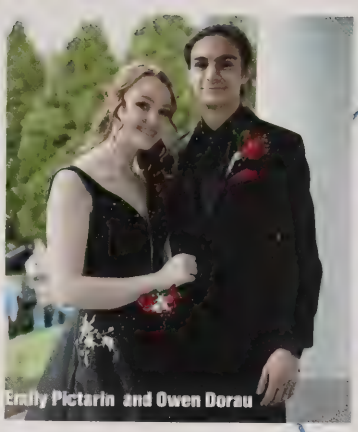




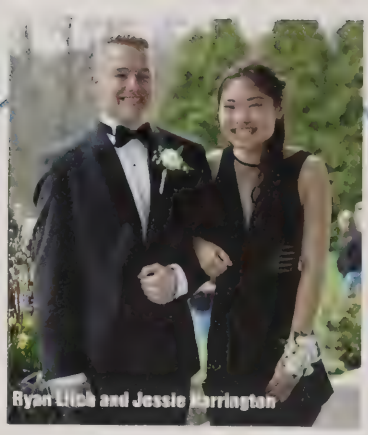
Declan O'Flynn and Lauren Kennedy



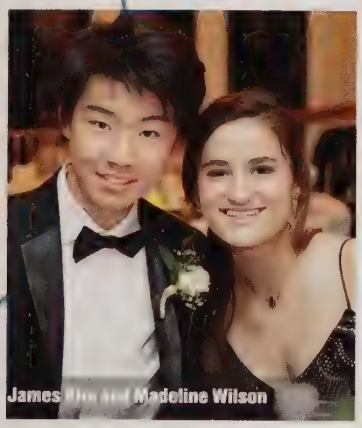
Jacob Eliopoulos and Katherine Noftall



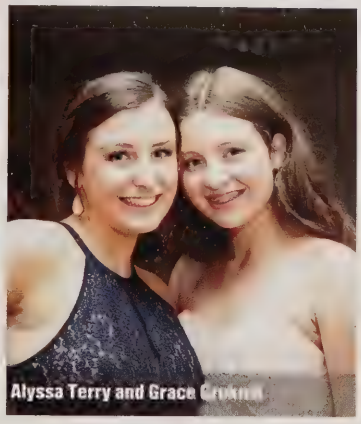
Emily Pictarin and Owen Dorau



Ryan Lilla and Jessie Harrington



James Ha and Madeline Wilson



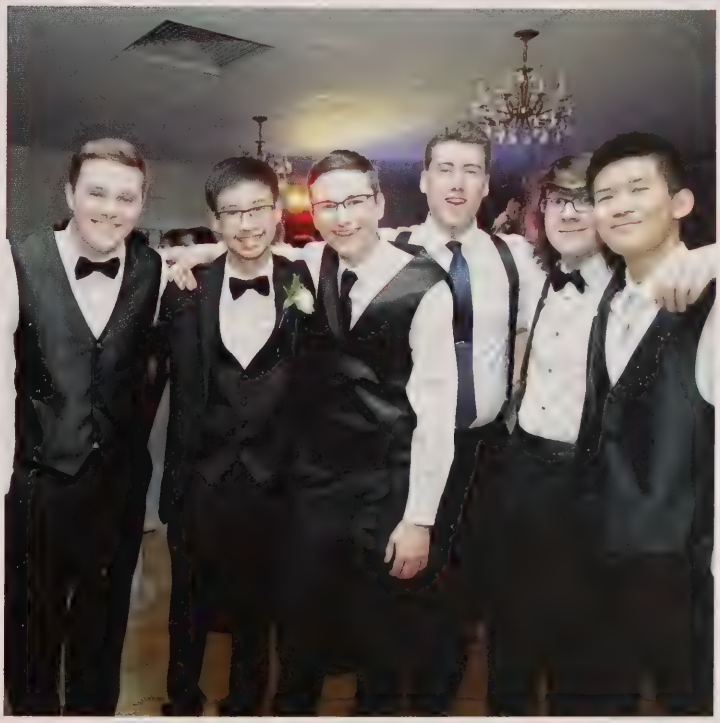
Alyssa Terry and Grace Grima

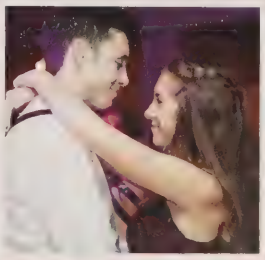
Alina Kenney and Shannon Sullivan

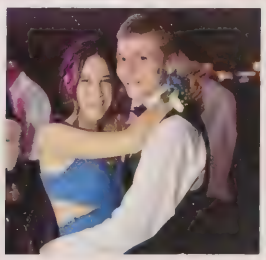
Heather Milano and Olivia St.Peter

Rain or Shine

by Lauren Kennedy







lair is up, makeup done, dresses e on. Everyone's ready to walk it the door. We have waited for is day ever since we were shman. The girls spent months cking out their perfect dresses, ding the right pair of heels, and oking their hair and makeup pointments. The boys, who have en practicing their moves on the nce floor, got fresh cuts, fancy kes, and asked the girl they've d their eye on. Nothing was ing to ruin the day for these niors... until the rain struck. irses in the palm of the hand turned to umbrellas and high heels to rain boots. Girls n into the hall before the rain struck, while the boys chased after them holding the ttoms of the dresses and umbrellas, stomping through big puddles along the way. Once inside, it was time to settle in for the meal. Hitting the spot, the unlimited mac cheese bar was the highlight of the night. Lights and cameras flashed around the the sco ball in the middle of the floor while the photo booth filled the night with smiles d laughs. That night, our grade came together, dancing the night away with friends d stepping out of our comfort zones. Prom will be a memory we never forget.

Art Club

Art Club is for High School students who would like to be more involved with the visual arts throughout the school year. The club promotes individual and collaborative exchanges of ideas. Monthly special events offer opportunities to explore unique materials and methods of arts and craft. Some examples of workshops include: learning to knit, scratch-boarding, stenciling, calligraphy, hand-building a ceramic mugs, and reconstruct clothing to create newly sewn fashions.

The Chameleon

The Chameleon is the official literary magazine of IHS. The Chameleon showcases literary works from all grades. Curated by the senior poetry and fiction classes taught by Mrs. Panciera, the Chameleon captures insights and creativity springing from the minds of students.

Close Up

Run by Mr. Krieger, Close Up club gives insight on the functions of the American Government and politics. Every year Close Up has gone to Washington D.C. to explore the center of American Democracy and get a feel for how our country works.

Code Club

Code Club is a club new to this school this year. e have had a lot of fun figuring out what direction to ke this club in. So far we have been working on arning Python, and plan to attend a few hackathons ter this year.

Enviornmental Club

The Environmental Club is working to spread environmental consciousness in IHS. Some of our goals for this year are to: present in elementary school classrooms to get them excited about saving the earth and host several climate cafes (facilitated conversations with the public). We have active committees working toward small projects every other month so that we can effectively accomplish all of our goals by the end of the year.

Global Languages Club

The Global Languages Club works to promote iversally important linguistic, cultural, and social essages in our world. To this end we fund the annual onsorship of a needy child in a Spanish or French eaking country through the local humanitarian ganization Partners in Development. We fundraise in der to meet our yearly goal with culturally relevant tivities, some of which pertain to holiday events and/or ner associated traditions here and throughout the world.

Gender Sexuality Alliance

The GSA is dedicated to cultivating a safe and inclusive environment for LGBTQ+ youth at Ipswich High School. The club participated in the regional GSA meetings and leadership conferences, all while encouraging everyone to explore their unique identity.

I Am

I AM, short for Ipswich Advisors and Mentors, is a program that matches up high-schoolers and elementary and middle school kids with the goal of providing them positive role-models and friendly support. The club meets at each elementary school and the middle school once a month, where everyone makes crafts, plays games, and creates meaningful connections that benefit both groups.

Interact

With over 90 members, the Interact Club one of Ipswich High School's largest clubs. So of their biggest projects include the Jingle Bel Walk, blood drives, a senior citizen luncheon, and the Polar Plunge. The Interact Club uses service projects within the school, locally, and internationally to live out their motto, "service above self."

Math League

Math League is the Ipswich branch of the Massachusetts Mathematics League. At our meetings we train in problem-solving, and each month we compete in meets against other Massachusetts schools.

Model UN

Model UN is a club where students pose as delegates to the UN from countries all over the world. Model UN is a good way to be a concerned global citizen and practice being globally aware and informed. In Model UN you can find students learning about diplomacy, international relations, and the United Nations.

Mountain Biking Club

The Ipswich High School Mountain Bike Club meets every other week in the fall and spring to ride the trails of Willowdale State Forest. All abilities of mountain bikers are welcome and we split into groups to offer rides for beginners and rides for more advanced riders. We are lucky to have fun, beautiful and challenging trails so come ride with us!

National Honors Society

National Honor Society's purpose is to uphold its four pillars of scholarship, service, leadership and character as goals toward which all should strive. We seek to promote good scholarly habits, take part in worthy service, and be leaders in all things that advance the welfare of Ipswich High School. Membership in this Society is considered one of the highest honors that this school can confer.

Poetry Stand

The Poetry Stand works much like a lemonade stand. Students set up a poetry stand in an area where there is a great deal of foot traffic and write poetry on the spot for free per the orders of customers.

Robotics

The Ipswich Robotics team strives to exceed the limits of expectations. The team spends the entire year preparing and participating in the First Robotics Competition, or FRC. This is an international competition where high school students build game-playing Robots.

Ski and Snowboard Club

The IHS Ski and Snowboard Club joins forces with the Hamilton Wenham High School Ski Club to organize weekend day trips to Sunday River and night trips to Mount Sunapee. Tickets are offered at a discounted rate, and any level of skier or snowboarder is welcome. Rentals and lessons are also available.

4-Square Club

4-Square Club was created to give student athletes something to do before their sport practices start. Last year it became a sort of tradition to play 4-square before indoor track practices, so now founders Liam, Pierce, and Alphonso want to invite athletes from other sports to play. We meet every day right after school, and stop playing when practices start. The club is not a real commitment, rather it is just an open activity for student athletes to pass the time.

Theater Tech

Power tools, paintbrushes, and more. From set, to lights, and all the way to sound, tech crew covers it all. All of tech crew builds and paints the set for the upcoming show. Booth technicians are in charge of lights and sound. They work to set up mics, design lights, and cue up sound effects. Run crew is backstage and move set pieces on and off stage. When something breaks they are always there to fix it.

Human Hamster Wheel

Stepping Up the Power

How do you charge your phone? Like most people, when your device runs out of power, you probably plug your cord into an outlet. Within minutes, your device is charged again. Although this is the easiest and quickest way to charge your phone, it requires an electrical outlet. But what steps does one take if an outlet isn't available? This is exactly the problem senior Aaron Poetz and junior Sam Corbett tackled.

Their solution begins with an 8 foot tall wooden wheel. The 2017-18 Engineering Projects class originally built the wheel, but the group left behind some problems to fix. Aaron and Sam redesigned the wheel to produce energy more efficiently. The wheel works just like a hamster wheel. A person walks inside the wheel which turns clockwise. When the wheel rotates, the energy receiver does exactly what it sounds like- receives energy. From here, the energy travels to the energy converter. The wheel creates 14 volts of energy, and the generator can only hold 12 volts. Without the energy converter, the generator would damage the battery, and break the generator.

Aaron explained that the most difficult part of the fix was redesigning the pulley system. The pulley that makes the wheel move was connected to a bike chain, which would often fall apart. Now, the wheel is connected to a much sturdier gear bipod and belt.

Through the process of trial and error, "redesigning this wheel taught me how to adapt from mistakes," said Sam. Together, Aaron and Sam brainstormed ideas to improve the wheel.

Although we all routinely charge devices, we might not think about where the power comes from. But we can be sure of this: Sam and Aaron could probably tell you how many steps it would take to charge your average cell phone.

RC Car Racing and Building

Alex Garcia

Michael Souter

Zach Dailey

Stephen Restuccia

The Dynamometer and the 3D Printer

Seniors Genesis Lara, Kevin Yon, Connor Monroe, Stephen Restuccia and Sam Paek play around with a dynamometer using an RC Car. A dynamometer is a device that can measure power or force of a machine. In this case, the dynamometer is measuring the power or force it takes to operate the RC Car. As the motor of the RC Car spins, it creates an electric current which is equal to the motor's power. This is where you can measure how powerful the motor is. This device is very useful for the RC Car projects because the more powerful the engine is, the faster the cars go.

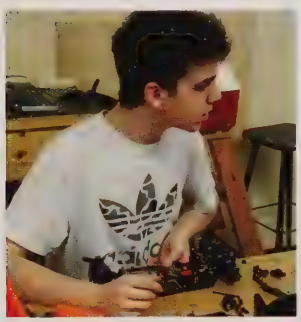
The 3D printer might be one of the coolest technological advancements yet. It works t same as a regular printer, but it creates any 3D object you can think of. You first desig an object you wish to print on any computer, then simply click "Print," and right befo your eyes your design made on a computer emerges in front of you in real life. The desig is split into layers, and then prints the object from the bottom up. This 3D printed car made of plastic.

Steam

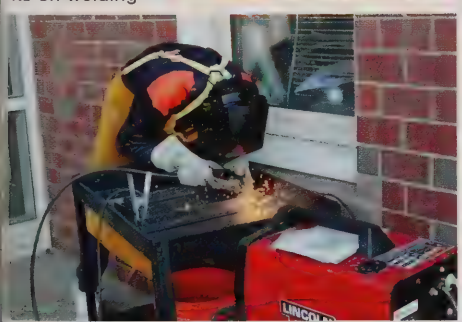
Below: Over the course of two weeks, senior Sam Paek customized a car shell that would fit on the RC Cars that students are working on in Mr. Gallant's Engineering class. Sam started with a plastic car shell, which he painted white. He added stickers including a "Martini Porsche" sticker covering the front hood of the car, along a large "#8." Sam explained that the car shell itself wouldn't be used in a race, but he plans to add LED lights and an exhaust pipe that can produce smoke to bring the car to life.

Above: Sophomore Chase Huntley connects two wires attached to the motor of the car

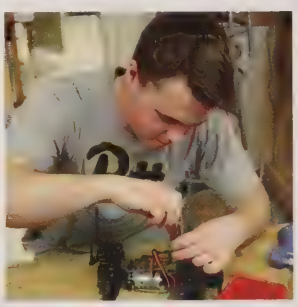
Below: Junior Michael Souter observes his neighbor's work on the RC Car

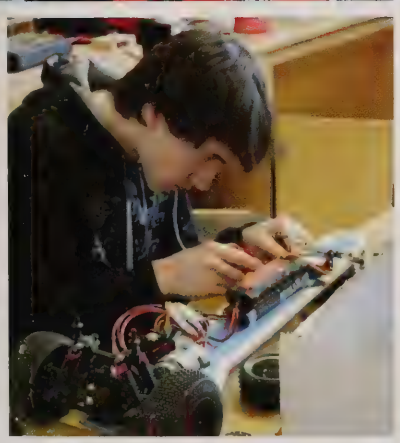


ow: Senior nor Monroe ks on welding



Below: Senior Nico Roesler tightens a bolt on his RC Car



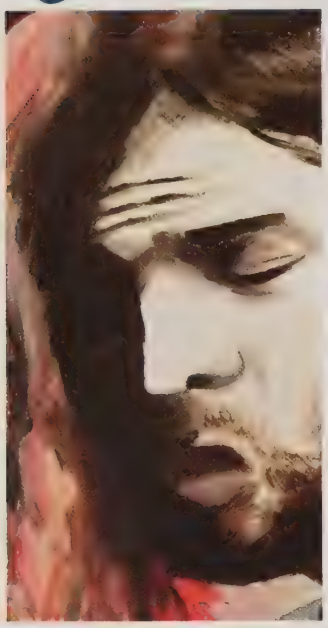


Above: Andrew Zambernardi connects the motor to the base of the RC car

Above: Chase Huntley, Jack Macklin and Andrew Zambernardi collaborate on their RC cars

Left: Junior Charlie Dorries and Sophomore Wilton Lestage measure a wood plank for their project

Visual Arts



Seeing Sounds

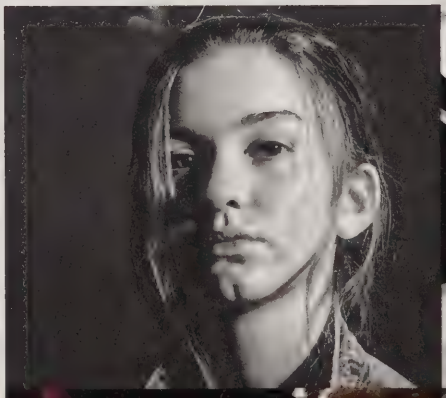
by Kylie Smith

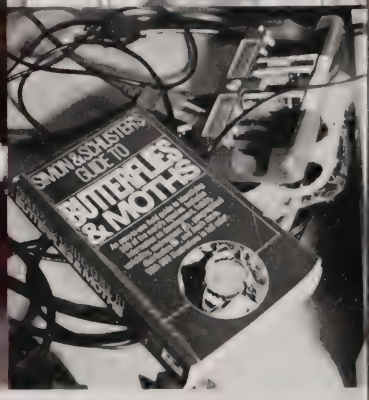
Ever since senior, Kiana Williams, was a child she has been making art. When she was in fourth grade she noticed she had begun to create art more than the average fourth grader. Ever since then her love for art has taken off to new heights and she has managed to come a long way.

Around the same time Kiana began to get really serious with her art, she realized she has synesthesia, which is a condition that allows people to see colors when they hear certain noises. This allows Kiana to see certain color palettes while listening to her favorite music.

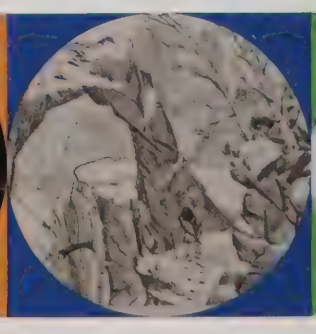
Kiana has a strong connection to music, which allows her to create unique color palettes to her art. One of Kiana's favorite artists is Pink Floyd. Her most played song of 2018 was "I Earn My Life" by Lemon Demon, which she described to be hot pink with hints of bright red.

Ever since middle school, Kiana has hoped to one day work at a studio similar to Laika, most known for creating *Coraline*. She hopes to create concept art and work in character design. Each year a plethora of new songs are released, who knows what time may bring, and what exciting new art Kiana will create from songs no one has even heard yet.

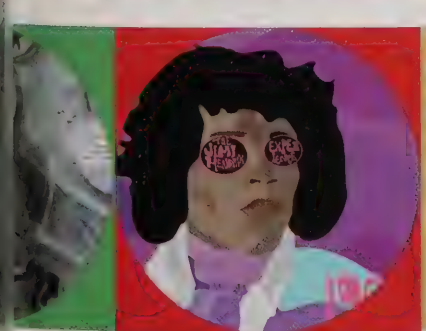




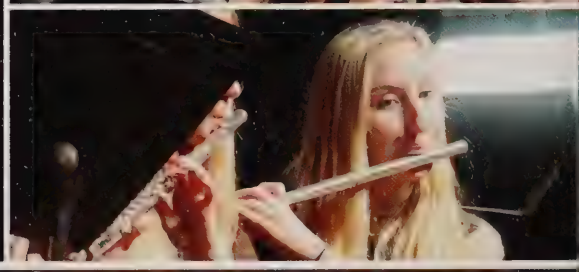
Every artist was first an amateur

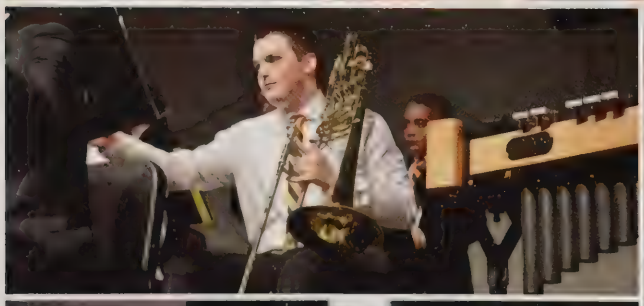


COME SEE LIL
UZI VERT
DECEMBER 8th
2018
IN
NEW YORK
WITH
SPECIAL
GUEST
PLAYBOI
CARTI



We don't make
mistakes, just
happy little
accidents





Band

Musical Medals

by Rayna Duffield

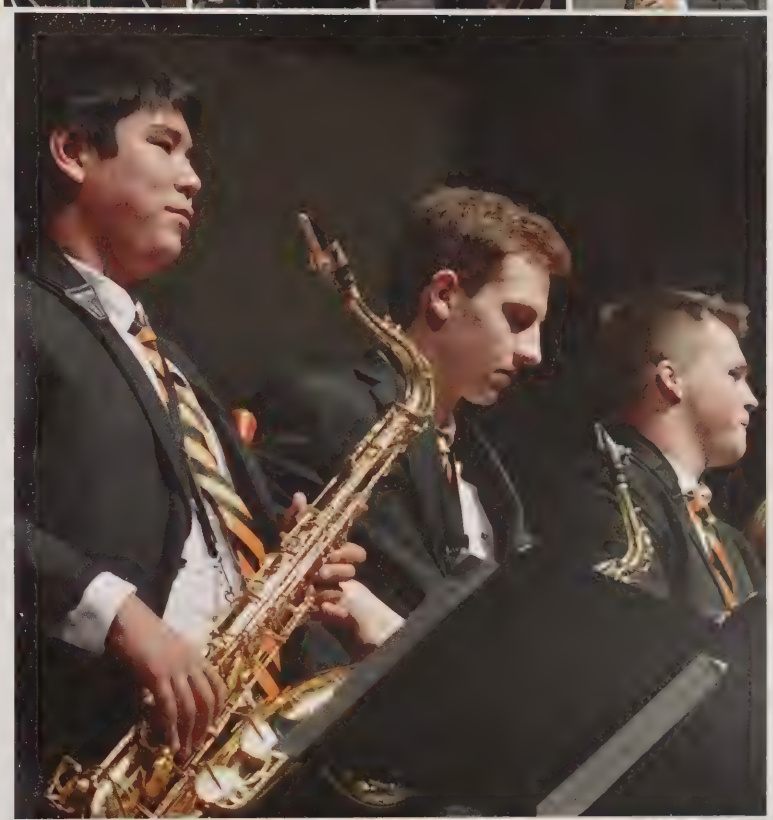
From pep band, to parades, to concerts, band members are always busy. Sometimes this may get a little tiring, but it doesn't stop the band from working hard.

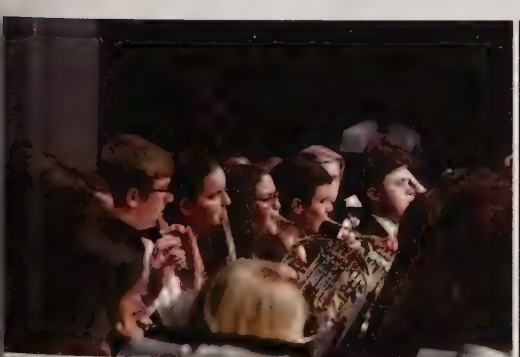
One group in particular showed just how this after receiving a medal at two different competitions. They won gold at the Nordwood Jazz Classic. They also traveled to Norwood to compete with other jazz bands at the MAJE Northeast District Jazz Competition.

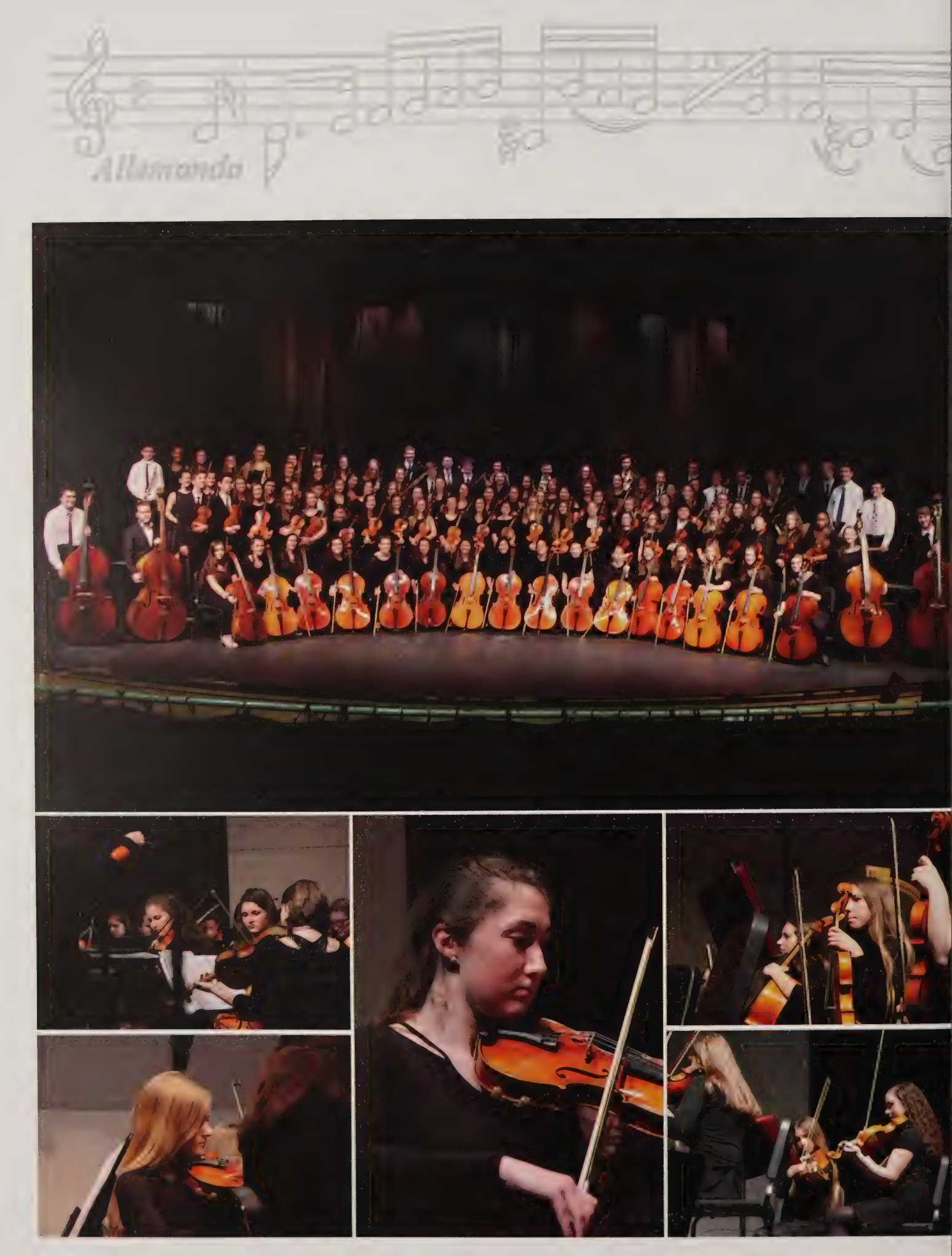
Ipswich being one among many other bands was able to pull out at the top. Ipswich was also the only Division two school to win gold.

Not only did they win Gold, but three musicians were presented with an Outstanding Musicianship award. Isaac Bergner, Julian Colville, and Liam Powers, Bergner also took home another award that night for MVP soloist.

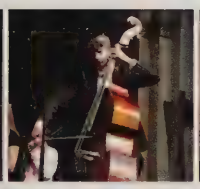
Not only was it the students talent, but also the help from their band direction Sean Lee. Mr. Lee recently started teaching the band and has done an exemplary job in shaping musicians and the band. Combined with hard work, perseverance, and success, the Ipswich band has been a successful attribute to the music program.






Allemanda

Orchestra



Super Strings

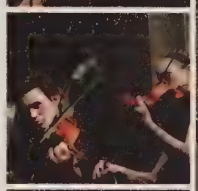
Ben DiBello

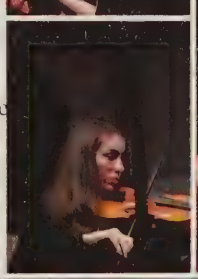
Tessa Devoe has been a part of the Ipswich Music Program since fourth ade, but that's not when her interest in music began. Tessa first started aying piano when she was six years old, so when she reached fourth grade e already had a musical head start.

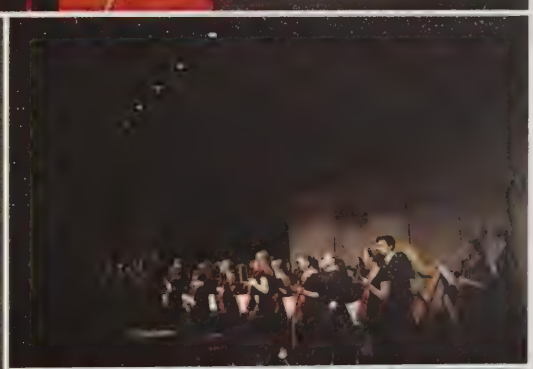
Tessa's initial talent earned her the principal cellist position in Orchestra at oyon and in middle school orchestra. Tessa said she "started getting serious out music in eighth grade." Eventually, her hard work earned her the incipal cellist position in Junior Districts, when she was only in eighth grade.

Her early successes made her passionate about music. Tessa practiced as ten as she could and earned her way into many other prestigious groups and rformances. Tessa is not only the principal cellist in the IHS Concert and amber Orchestra, but she has also played with the Senior District Concert chestra, the Boston Philharmonic Youth Orchestra, The New England nservatory Prep Orchestra, The All State Concert Orchestra, etc. In April of 18, Tessa was invited to play the solo in Haydn Cello Concerto with the chestra on the Hill lead by Tom Palance.

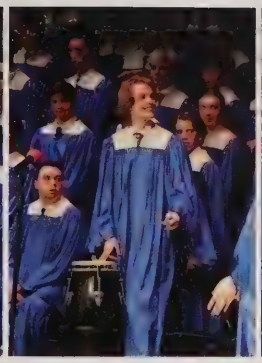
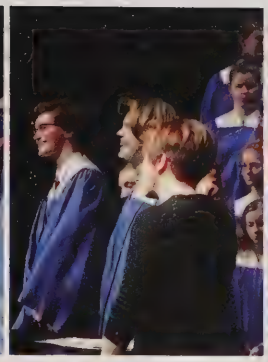
Tessa's passion for music and her hard work has taken her many exciting aces and given her a great community of friends, however she does not plan pursuing music in college. Tessa will be attending Brown University and sh ll study either environmental science or chemistry. Even though Tessa is not anning on majoring in music, she is hoping to play cello with the orchestra at own. "Music has shaped me into the person I am today." Tessa said "I am ore confident, focused, and compassionate because of my cello."







Chorus

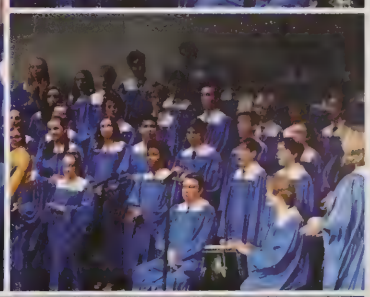



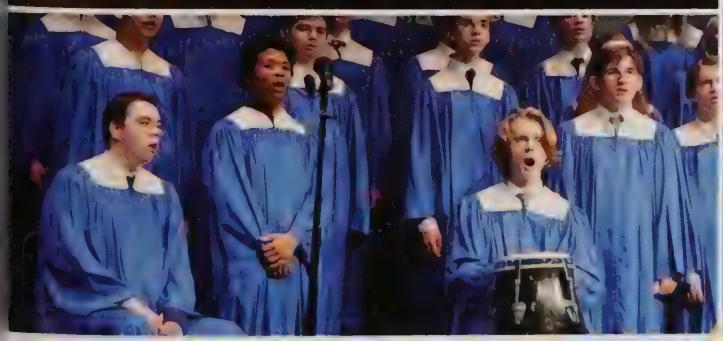
olorful Culture

Lucy Platt

Chorus teacher and director, Mrs. Frost, works
elessly not only to teach the class, but also to pick a set
t and conduct the chorus. The Choir rehearses and
rforms across a wide variety of musical genres -
metimes even in other languages. Frost pulls pieces
m different cultures, time periods, and styles,
mbining them to make a lively and colorful program.
metimes she adds in accompaniment to bring the
sic to life.

Chorus provides students with a chance to develop
ir voices, learn new techniques, and express their
otions through music. Like the other music ensembles,
orus is going on the tour of England in April.





Music and Arts Awards

Junior District Music Festival:

Madeleine Farris (orchestra) , Claire O'Flynn (band), Madelyn Duffy (orchestra), Jack Parr (chorus), Neil Woolfolk (orchestra), Tre Graney (band), Hannah Clapp (band), Alison Sullivan (chorus), Noah Bissell (orchestra), and Ava Seegman (orchestra)

All State Music Festival

Daniel Buletza (chorus), Lillyin Teal (chorus), Colby Delano (chorus), Bailey Amazeen (chorus), Jason Rollins (chorus), Tessa Devoe (orchestra), Julian Colville (chorus), Charlize Vermaak (chorus), Kiegan Iwanicki (orchestra), Lydia Brendel (chorus), Emily Fisher (chorus), and Avianna Gahm-Diaz (chorus)

Senior District Music Festival

Lillyin Teal (chorus), Daniel Buletza (chorus), Colby Delano (chorus), Jason Rollins (chorus), Julian Colville (chorus), Tessa Devoe (orchestra), Jeremy Powers (chorus), Lilian Powers (orchestra), Bailey Amazeen (chorus), Tessa Devoe (orchestra), Jason Seegman (bass), Rachel Devoe (band), Charlize Vermaak (chorus), Kiegan Iwanicki (orchestra), Lydia Brendel (chorus), Emily Fisher (chorus), Kayla Lattin (chorus), and Avianna Gahm-Diaz (chorus)

Massachusetts Thespian Festival: Outstanding Ensemble and Audience Choice

Jack Parr, Lydia Brendel, Seamus Gallagher, Margeaux Appleton, Kateri Moore, Ella Crudele, Jess Murphy, Katelyn Moseley, Jason Rollins, Cecelia McElwain, Natalie Schoonover, George Gallagher, Aaron Ross, Kiana Williams, Katherine Meaney, and Chloe Conley

Outstanding Technical Storytelling with Costumes and Use of Space:
Aaron Ross & Lydia Brendel

Outstanding Character Actor:
Kiana Williams

Open Jar Insitute Scholarship Winner:
Margeaux Appleton

Scholastic Arts & Writing Honorable Mention:
Faith Powers

Drama

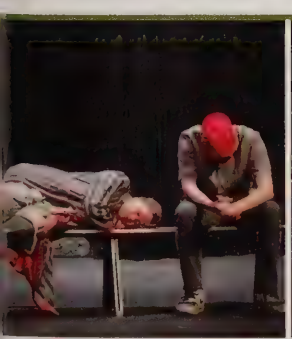
Tracks

Pupil Productions

by Lucy Platt

This was a year of firsts for Ipswich High School in many respects. In the theater world, it took the form of two student produced and directed one act shows. *Tracks* is a story about a group of people who end up in a subway station. They find out that they are all dead, and the train they board takes them to either heaven or hell. Throughout the show, the characters relive their lives in an attempt to figure out which way the train goes.

The second show, *Anonymous,* is about a girl who goes to a new school for mysterious reasons. The show has what most would consider a typical plot. The main character meets a boy and makes some friends. What sets this show apart is an interesting authorial choice: All the characters are referred to using pronouns such as they, me, you, her, and she. Essentially, the characters remain anonymous. Throughout the year "she" follows her love or art, and it helps her begin to open up and let people in. Although student directed shows were a risk, it was well worth the reward, and in the end, all the hard work and motivation paid off.



Anonymous

French Exchange Program 2018

Ipswich

French Connections

by Rayna Duffield

On October 19, 14 students from Hyéres High School in France came to the U.S. to spend 12 days at with us. Ipswich High School participated in the French exchange program for three years now, and it has always been a great success.

After arriving on Friday night, these students met with their families and students before a fun filled week. On Monday, everyone was excited to see all the new faces on the first day at school.

Outside of school hours the visitors enjoyed various activities in Ipswich. They were able to go to the Russell Orchard, Crane Beach, and many other Ipswich favorites. Unfortunately the weather prevented a trip to Boston, which was the big highlight, but many students were able to make their way into the city on their own.

Although experiencing Ipswich is fun, visiting students said their favorite part was "Making new friends that live across the world so that we will always have a connection and be able to visit in the future." Another Senior who didn't take French had a different experience. Alyssa Terry said she "has never had anyone she hadn't met stay in her house before." She was also a little more nervous because she didn't know any French. But this barrier was quickly broken as she created a close bond and a natural connection.

The program is a great success because it gives students the opportunity to make a lifelong connection with someone from the other side of the world.

Hyeres

Immersion Experience

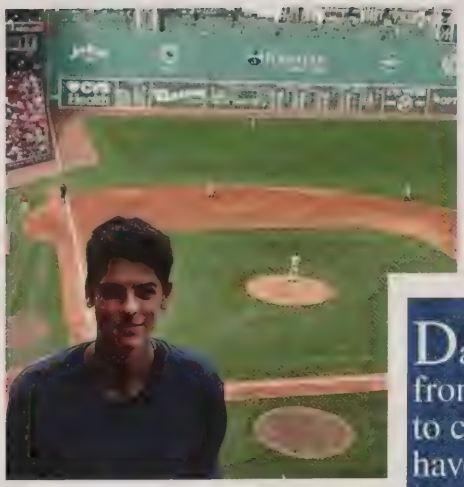
by Eva Capobianco

After a day long journey across the ocean, three seniors, four juniors, one sophomore, and one French teacher arrived in the South of France on April 13th, 2018.

Our first two days there were family days - days where the students would spend time with host families and likely not see any of the other Americans. Lucky for us, the second night we were there, the French students had a surprise for us. We were all going to meet up for a pizza party. Eating pizza and talking then lead to summer camp games such as assassin. Most of the games were similar between cultures but all of us had to work to understand each other.

The teamwork we experienced fumbling our way through explaining directions in both English and French carried through the week. Initially, we American students had been worried. But after that night we were all able to work smoothly as a team and have one of the greatest experiences of our lives.

Foreign Exhange

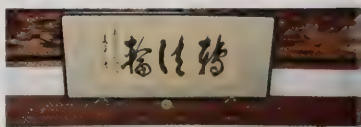


Damian Guldimann traveled 4,973 miles from Switzerland to the US. Damian decided to come to the US to improve his English and have a new experience. Soccer also made an impact on Damian. Playing back home he immediately signed up for Ipswich High School soccer. He quickly made many friends on the team, and also joined the indoor track team. Damian has also gotten the chance to go skiing in Vermont, and hopes to continue while he's here. Damian has also eaten chicken finger pizza which is his new favorite food. Even though Damian misses his friends back home, he has enjoyed his host family experiences thoroughly.

Being across the globe from your family in a place where you don't speak the native language can be daunting. This isn't an experience most IHS students are looking for. But for Sara Hughes, spending her junior year in Japan was exactly what she was wanted.

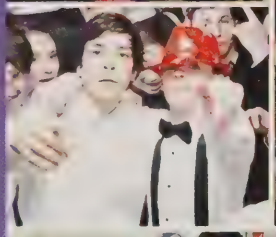
Going into the program, Sara did not speak Japanese. Thankfully, Sara told herself at the beginning to "not to have any expectations. Whatever happens, happens." Over the course of a year, Sara stayed with three different host families. In her second living situation, she was living with a monk and his family. Sara learned to speak Japanese and even connected with childhood friends who were living in Japan. In Japan's Harajuku District, Sara found inspiration for her love of fashion, including the designs she has featured in the senior fashion show.

Again, not everyone has the urge to live for a year in a place where you're thousands of miles from home and you don't even speak the language, but Sara was more than happy to spend this year abroad. She now even plans to attend college in Asia.

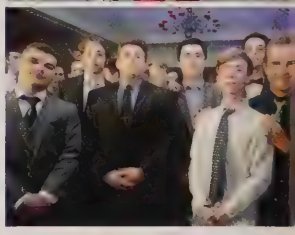


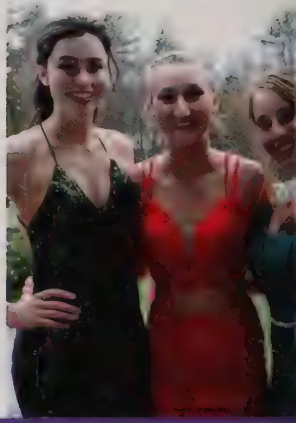
Coming from Netherlands, Rixt Van Der Kooi, made the 4,661 mile journey to start a new experience here in the US. Even though Rixt came primarily to improve her English, it didn't stop her from becoming involved in activities. She became a member of the field hockey team and loved how welcoming her host family." Outside of school, Rixt has traveled to Newburyport, and Boston, getting the American experience up close. Rixt has also tried many American foods, her favorite being macaroni and cheese. Rixt explains that "sometimes it's hard after a whole day to speak English and not be able to speak Dutch," but that she loves being here with her host family and her new friends.

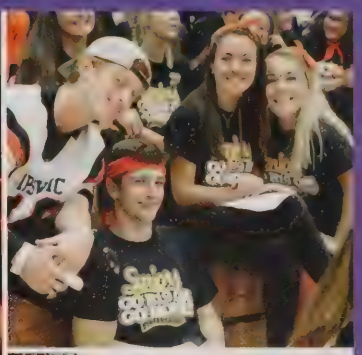
Coming from Norway, Martine Holmen Linnerud made her journey to the US. She decided to come to the US to try something new, instead of staying in Norway for her second year of high school. Martine quickly made many new friends, as she joined the soccer and basketball team here at Ipswich. Martine has gotten the full experience here as she has been to Boston and New York. Even though the school systems are different back home, Martine has been able to adjust well. Back in Norway, they have one more year of schooling than we do, and instead of moving around classrooms, they stay in one. Martine sometimes misses her family and friends back home, but her host family makes her feel welcome, and she enjoys spending time with all the new friends she has made.



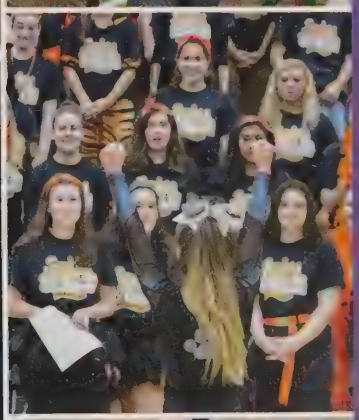
class of 2019







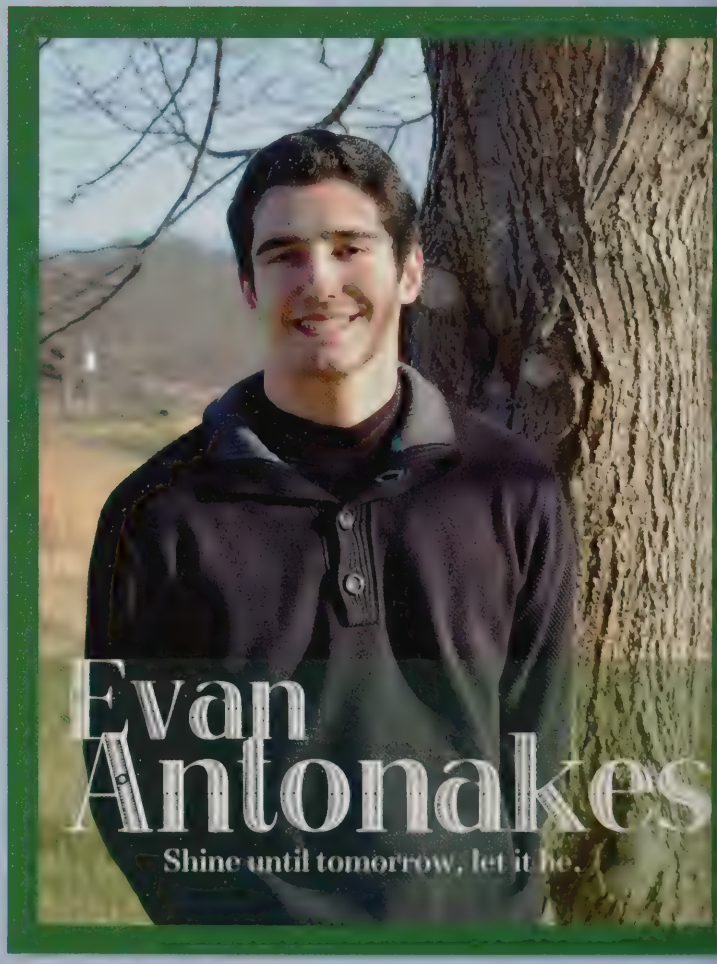
2011 2012 2013 2014 2015



Zeke
Acevedo
"Don't let the pain of the world steal your smile"
-Xiuhtezcatl Martinez

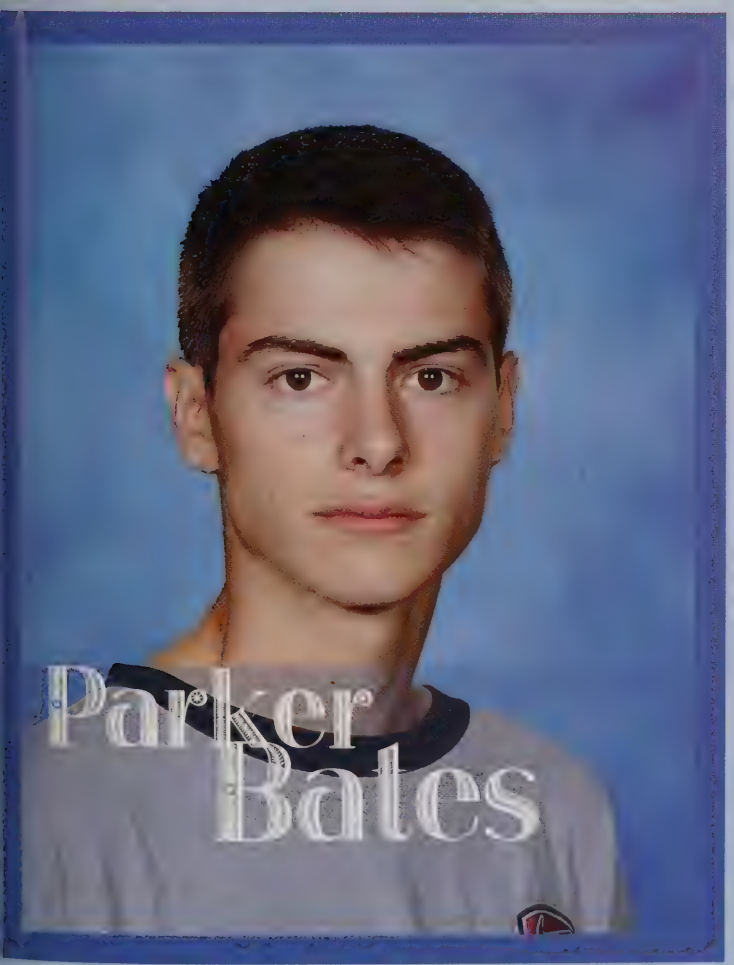
Drew
Anderson

Erik
Anderson
Make American great again.


Evan
Antonakes
Shine until tomorrow, let it be.

Kayley
Baker
The best things in life aren't things.

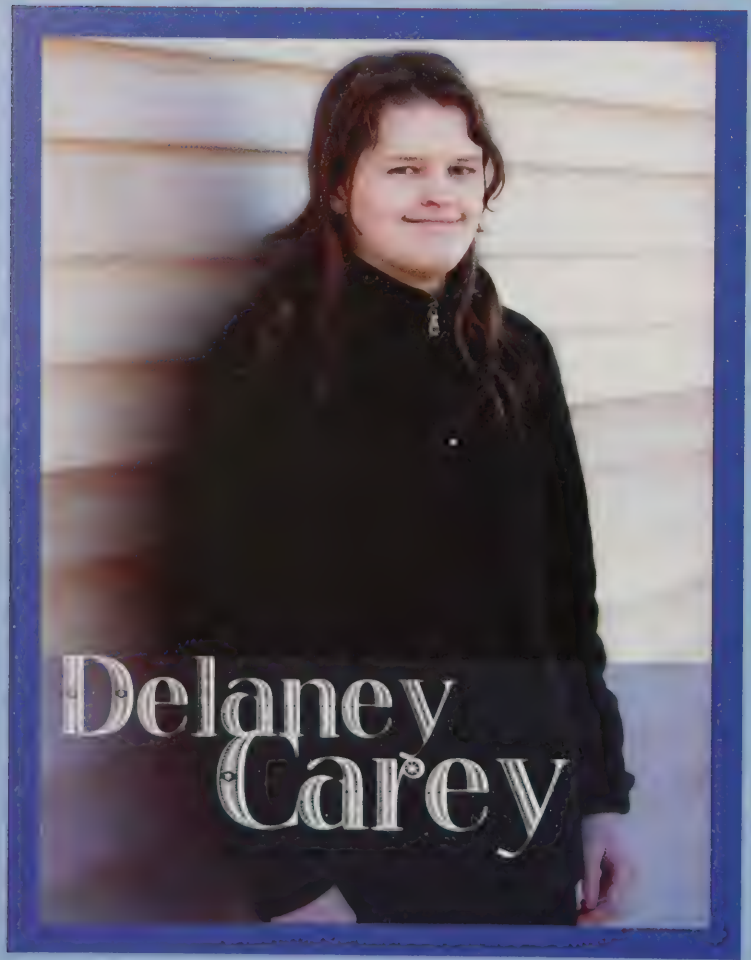
Ian
Barg
To my classmates reading this years from now, I hope things are going well and I hope the same for me. It's never too late to make moves.


Parker
Bates

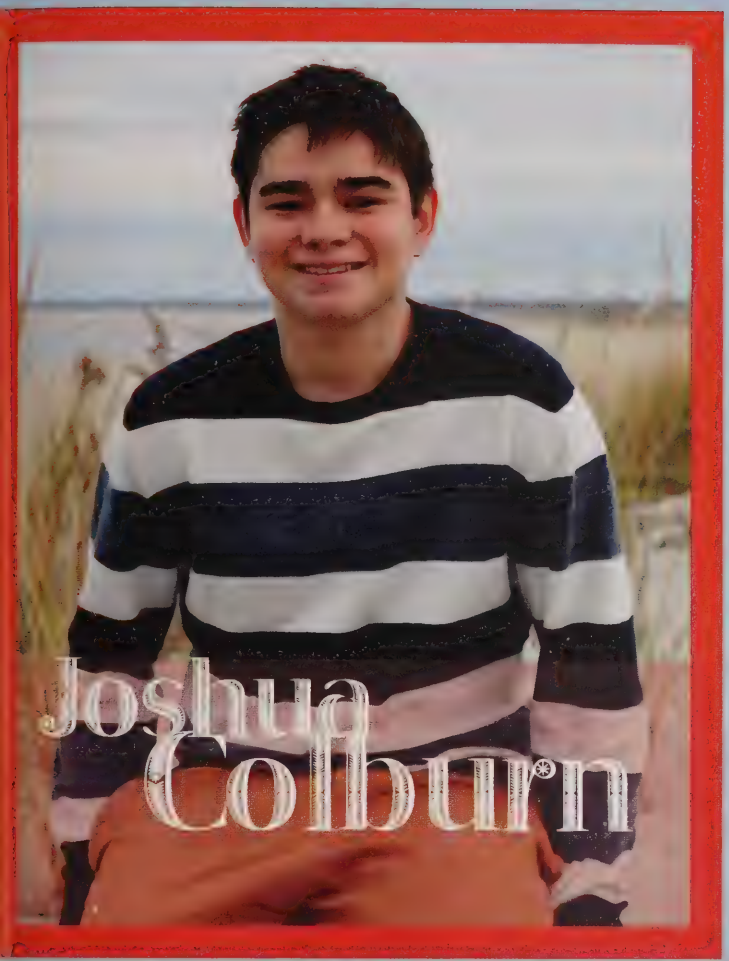
Madison
Bowen
Coming up with your own quote is too much work.

Kayci
Brouillette
Everyone in the basement.

Eva
Capobianco


Delaney
Carey

McKenzie
Carey
"It never hurts to keep looking for sunshine."
-Eeyore


Joshua
Colburn

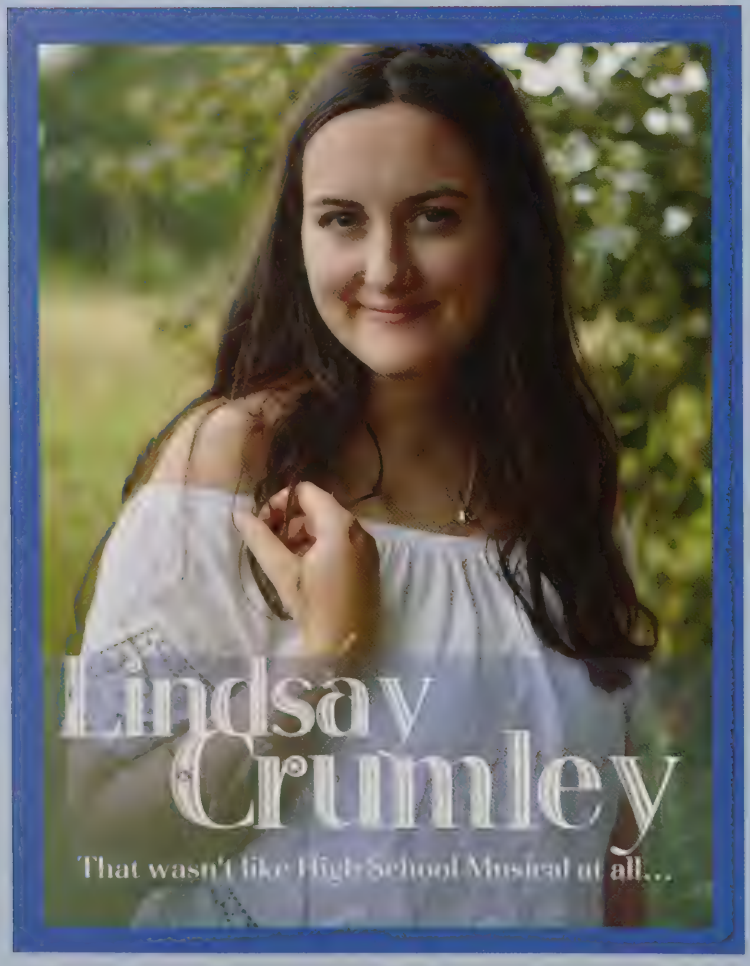
Ashley
Comeau
I am whatever I need to be at the
eed to
be it." -Frank Gallagl

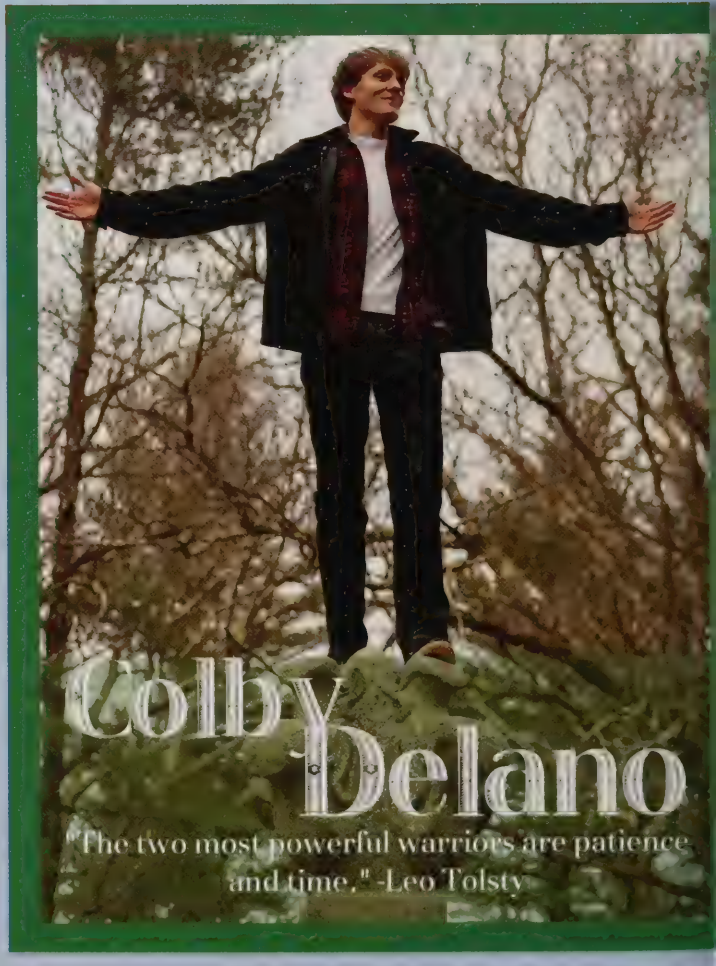
Navely
Contreras
"I am not choosing one of your paths. I'm
making one of my own." -Rick Riordan

Paschal
Corrigan

Kelsey
Cranston
Sorry I can't...I have soccer.

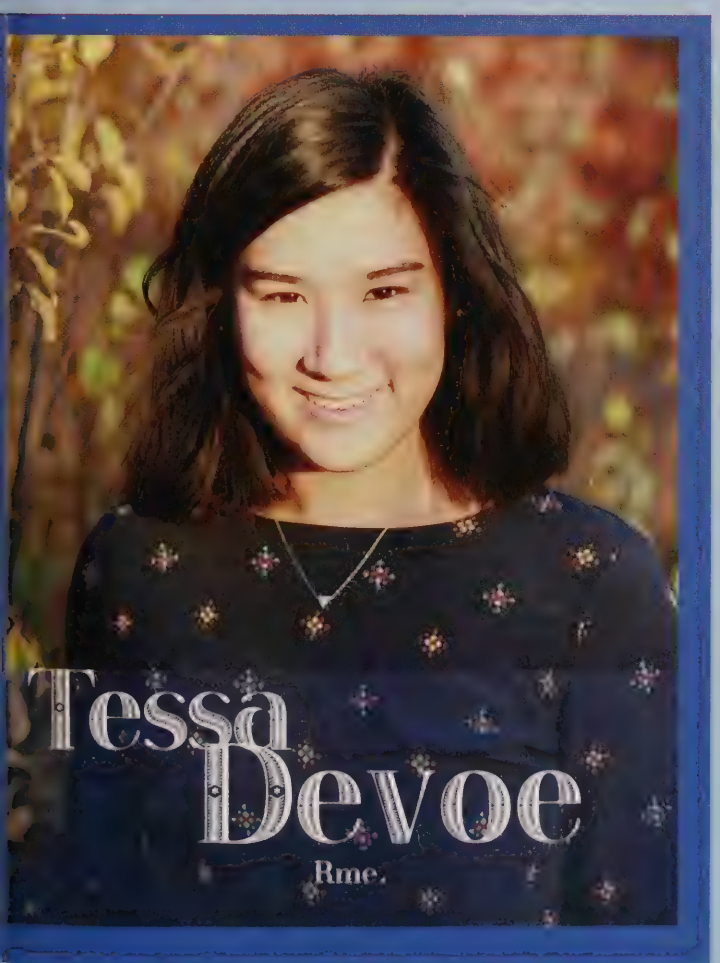
Madison
Crudele
You give life to what you give energy to.


Lindsay
Crumley
That wasn't like High School Musical at all...


Colby
Belano
"The two most powerful warriors are patience and time." -Leo Tolsty

Maeve
Bella Valle
Got 'em.

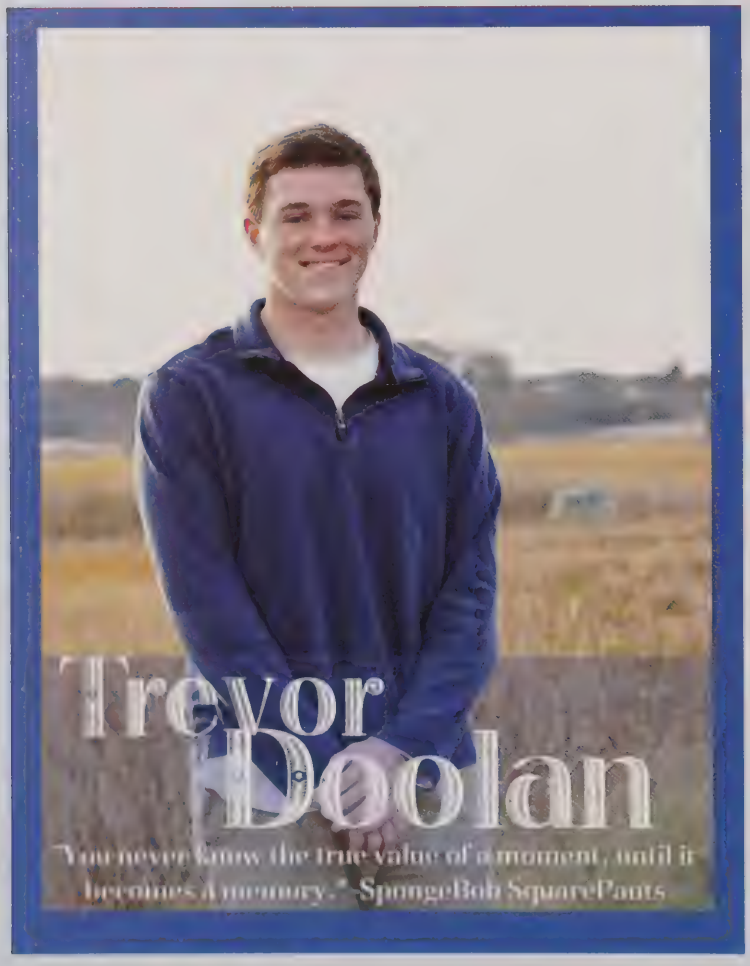
Christopher
Demasi-Eliopoulos

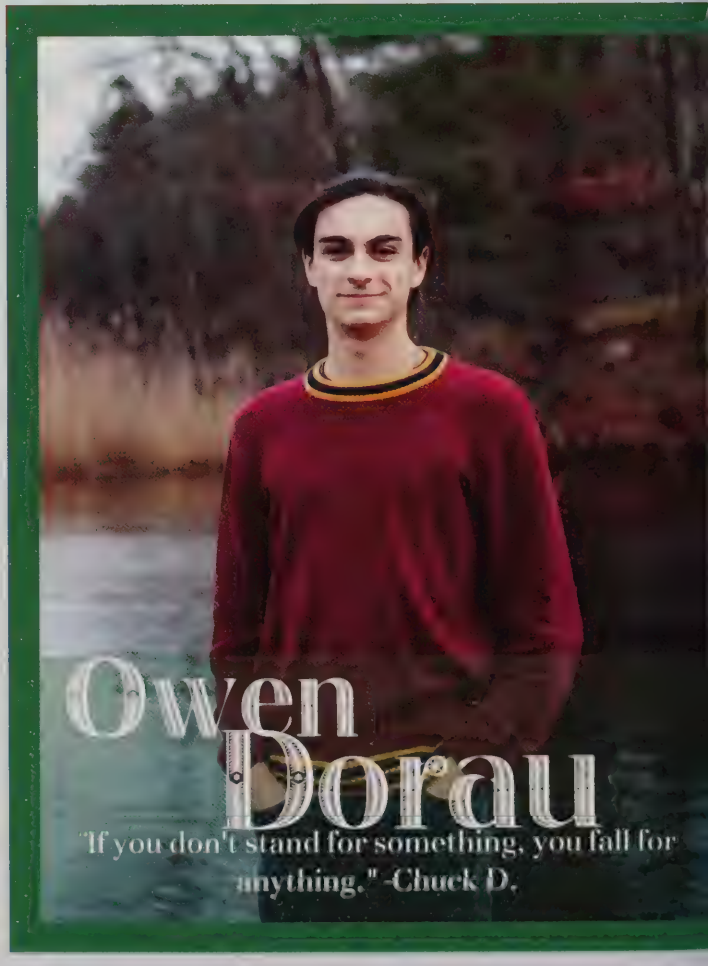

Tessa
Devoe
Rme.

Benjamin
DiBello
Sometimes I think the surest sign that intelligent life
exists elsewhere in the universe is that none of it has tried
to contact us." Bill Watterson

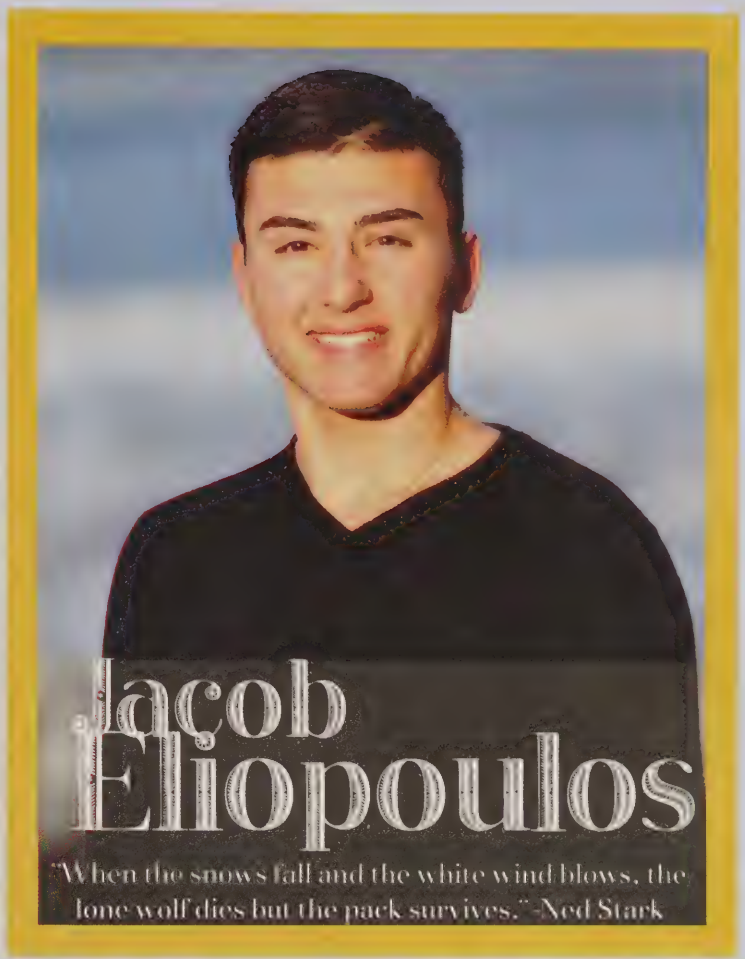
Morgan
Dodge

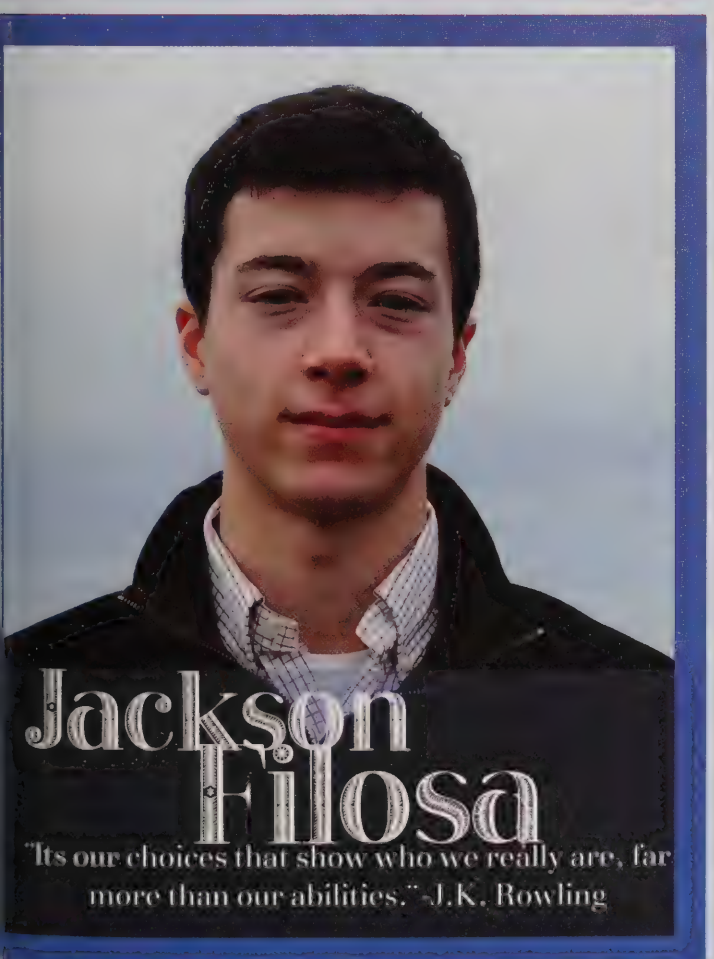
Sydney
Boolan
"Today is where your book begins, the rest is still unwritten." -Natasha Bedingfield

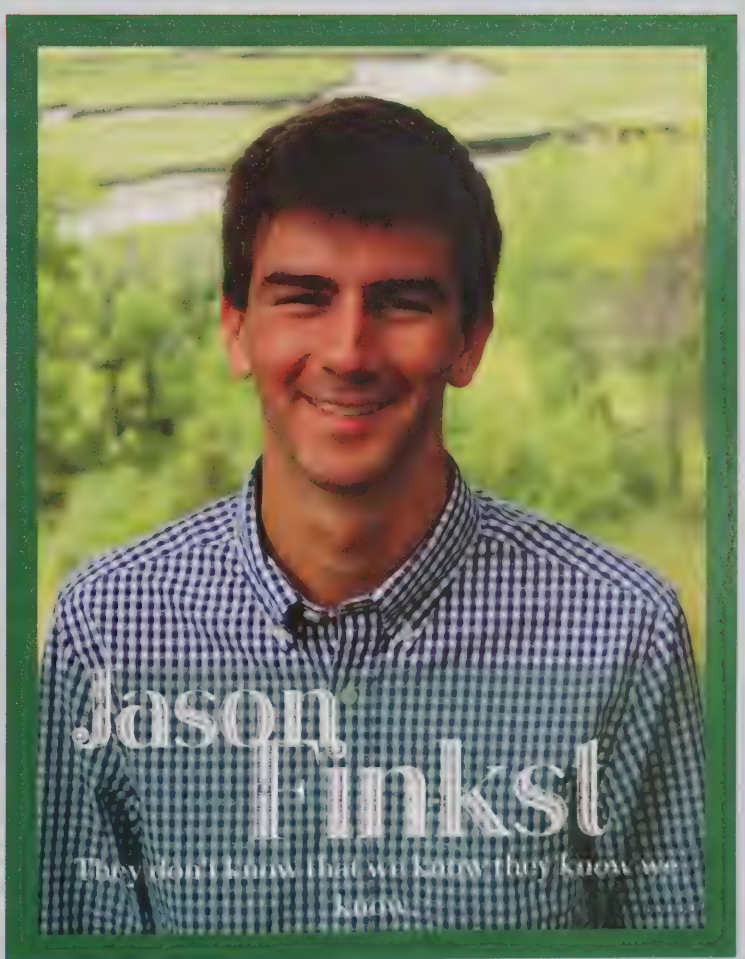

Trevor
Doolan
"You never know the true value of a moment, until it becomes a memory." -SpongeBob SquarePants


Owen
Dorau
"If you don't stand for something, you fall for anything." -Chuck D.

Rayna Butfield
knew exactly what to do, but in a much more real
sense, I had no idea what to do." -Michael Scott

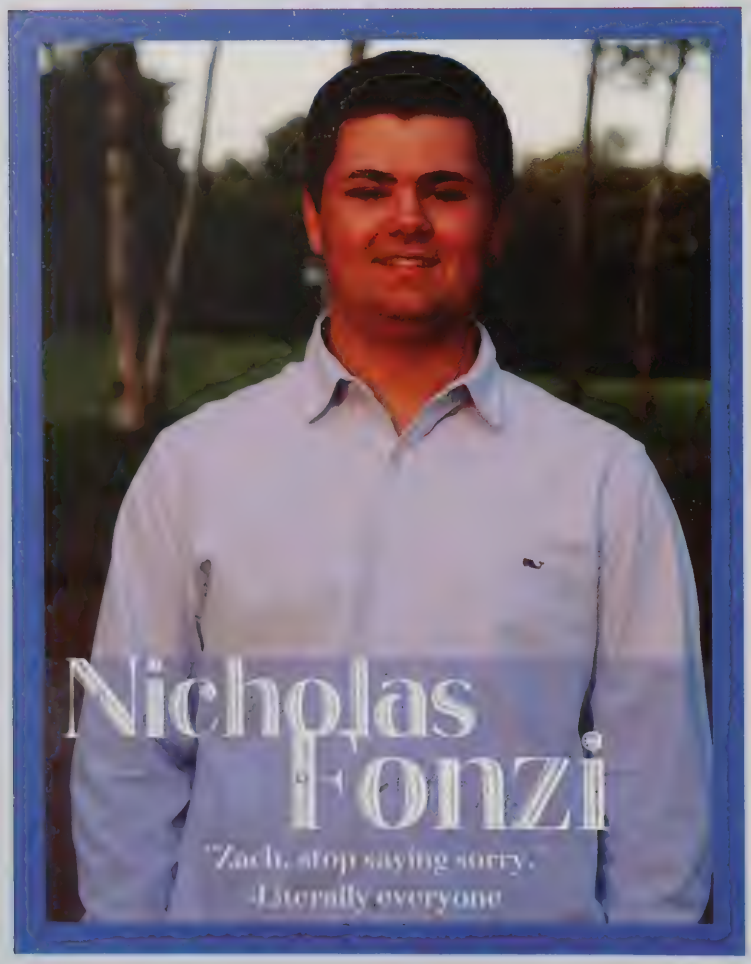

Jacob Eliopoulos
"When the snows fall and the white wind blows, the
lone wolf dies but the pack survives." -Ned Stark

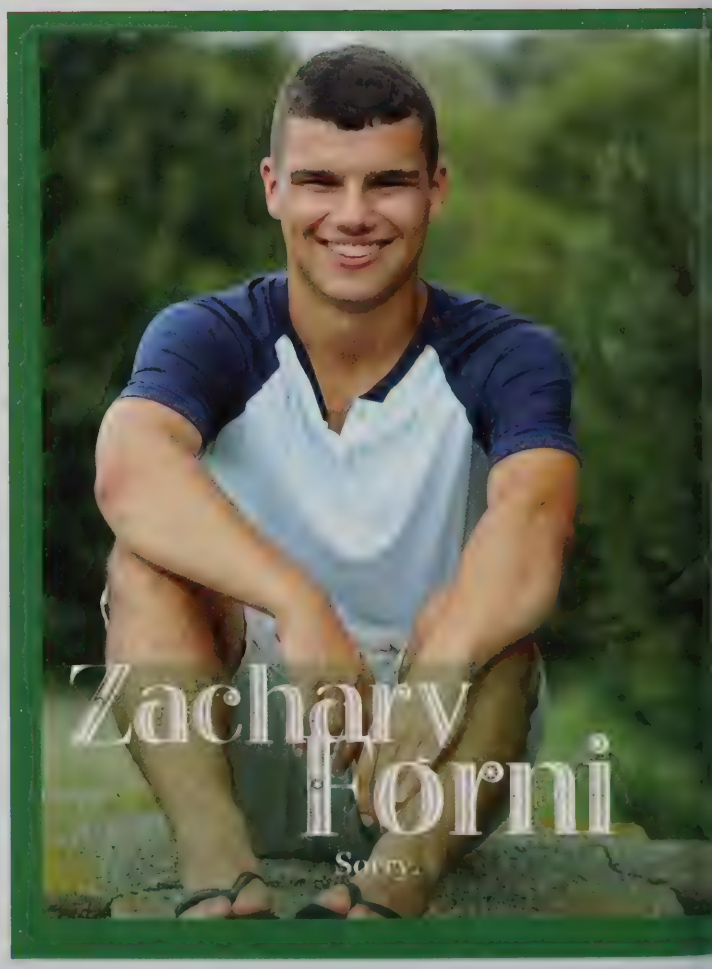

Jackson Filosa
"Its our choices that show who we really are, far
more than our abilities." -J.K. Rowling


Jason Finkst
They don't know that we know they know we
know.

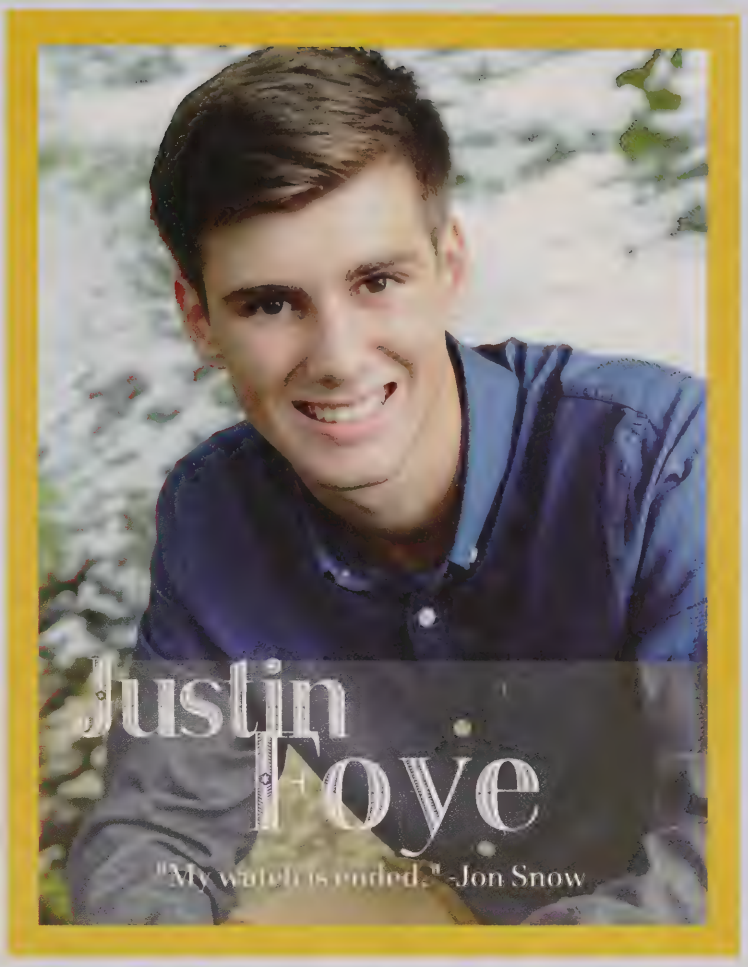
Nathaniel
Fisher

Samuel
Fitzpatrick


Nicholas
Fonzi
"Zach, stop saying sorry."
-Literally everyone


Zachary
Forni
Sorry.

Jack
Forrester
"If a man does not have sauce, he is lost. But the same man can get lost in the sauce." -Gucci Mane


Justin
Foye
"My watch is ended." -Jon Snow

Chase
Gagnon
"Never follow your passion, but always bring it with you." -Mike Rowe

Stuart
Celler
Find your beach.

Benjamin
Gibbs
So be it.

Mackenzie
Greenleaf

Grace
Grotnik

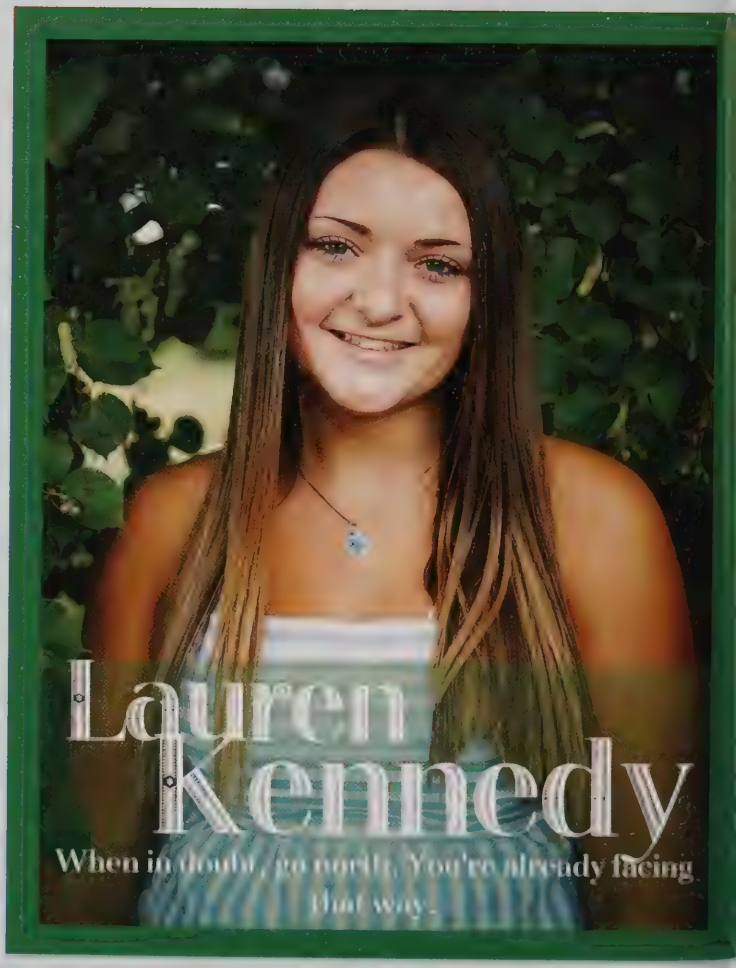
Sophie
Harmon
Shine on you crazy diamond.

Hannah Herron
- roads diverged in a wood, and I - took the one less - - -

Adriana
Jimenez
Laugh and the world laughs with you, weep and you weep alone.

Ajden
Johanson

Kayla
Kaluzny
It's not that deep.


Lauren
Kennedy
When in doubt, go north. You're already facing that way.

Alina Kenny
Knock knock. Who's there? I'm. I'm who? I'm out.

Courtney Kent
For the last time, yes I am related to Mrs. Kent.

Cassidy King
How do I feel when there's no coffee? Depresso.

Max Kivekas
Accept defeat without being defeated.

Samuel
Krason
"The lowest ebb is the turn of the tide."
Longfellow

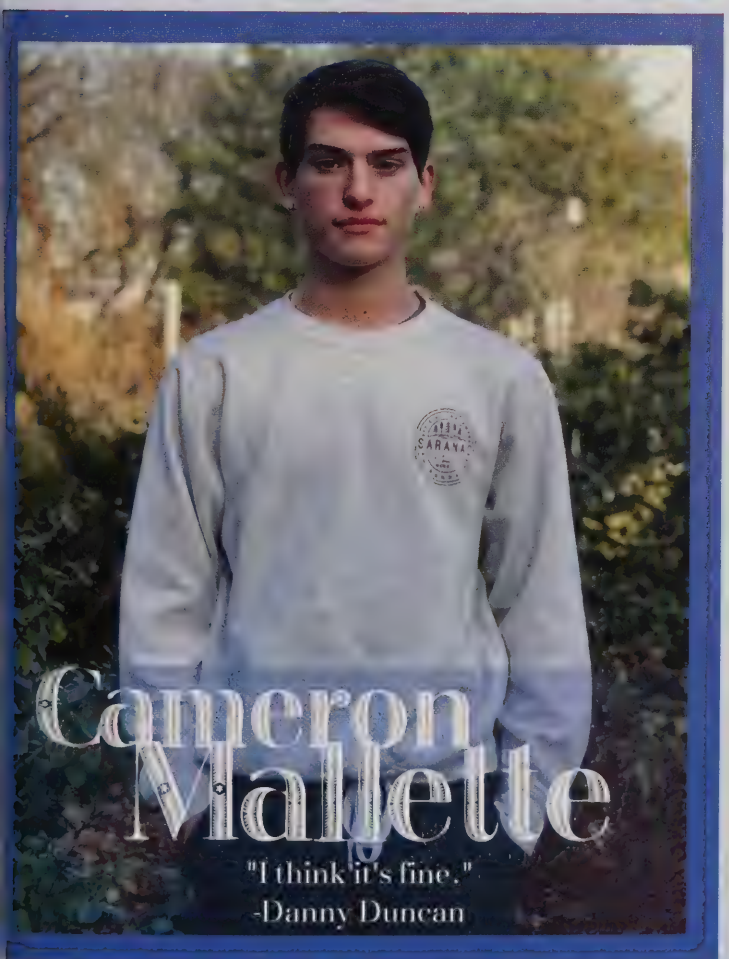
Genesis
Lara

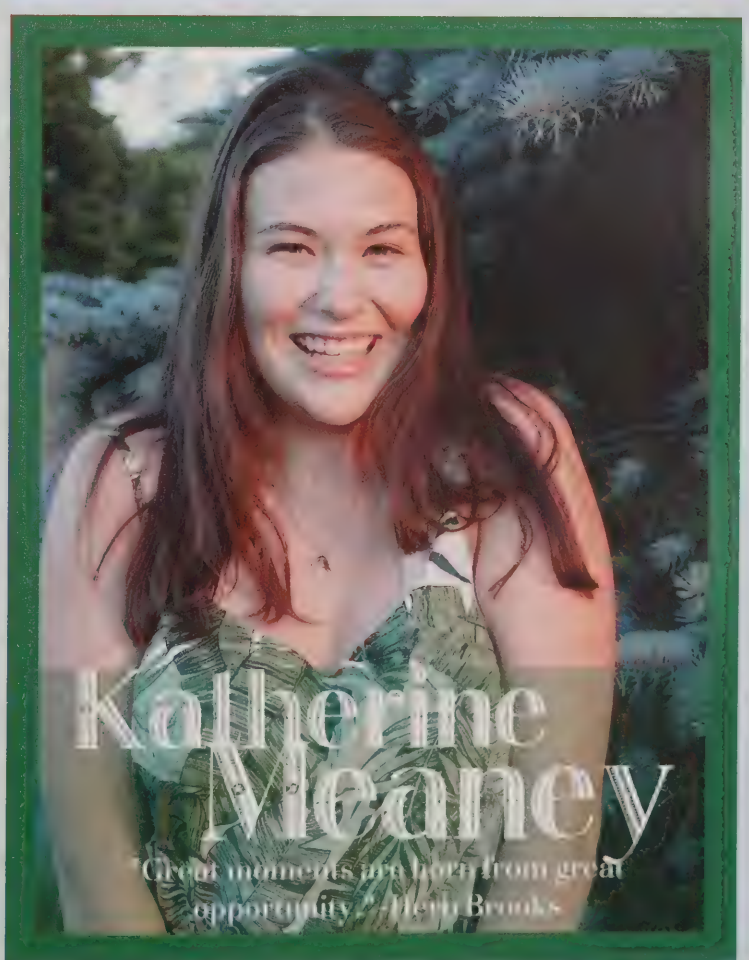
Laura
Levesque

Chloe
Lewis
"Around here however, we don't look backwards for very long.
We keep moving forward, opening up new doors and doing new
things...and curiosity keeps leading us down new paths."
Walt Disney

Martine
Linnerud

Brian
Lucchesi
"I'm glad we're having a rehearsal dinner. I rarely practice my meals before I eat." -Chandler Bing

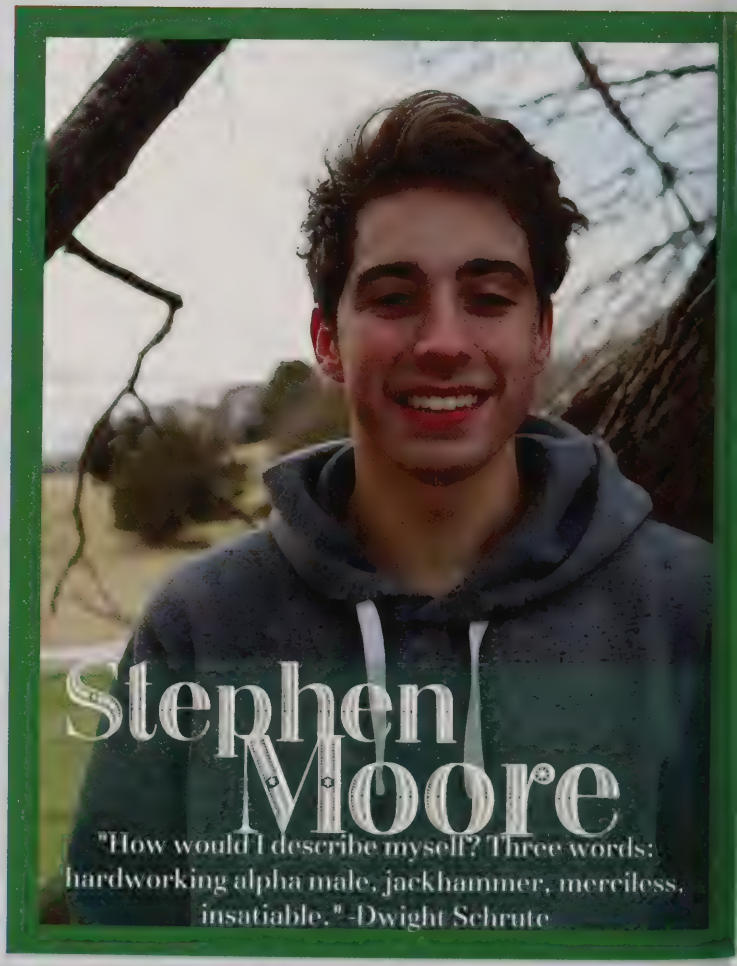

Cameron
Mallette
"I think it's fine."
-Danny Duncan


Katherine
Meaney
"Great moments are born from great opportunity." -Herb Brooks

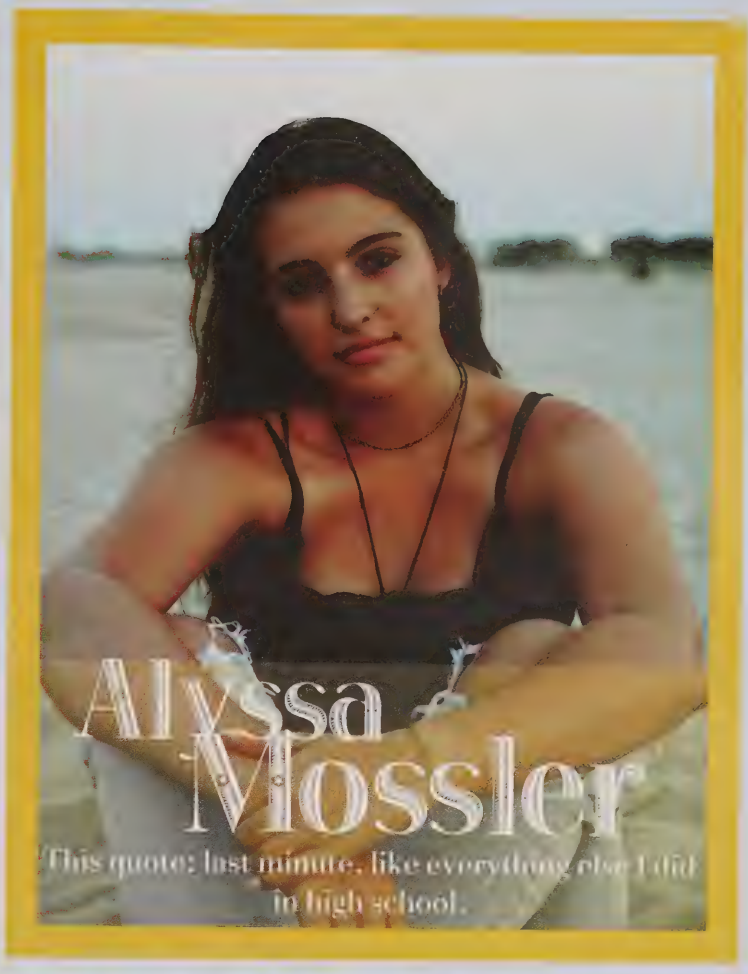
Brandie Melanson
"But you know, happiness can be found even in the darkest of times, if one only remembers to turn on the light." -J. K. Rowling

Connor Monroe

Alexander Moon


Stephen Moore
"How would I describe myself? Three words: hardworking alpha male, jackhammer, merciless, insatiable." -Dwight Schrute

Isaiah
Morrisey
"There is only one god... and his name is death... and you know what we say to him... not today."
-Syrio Forel

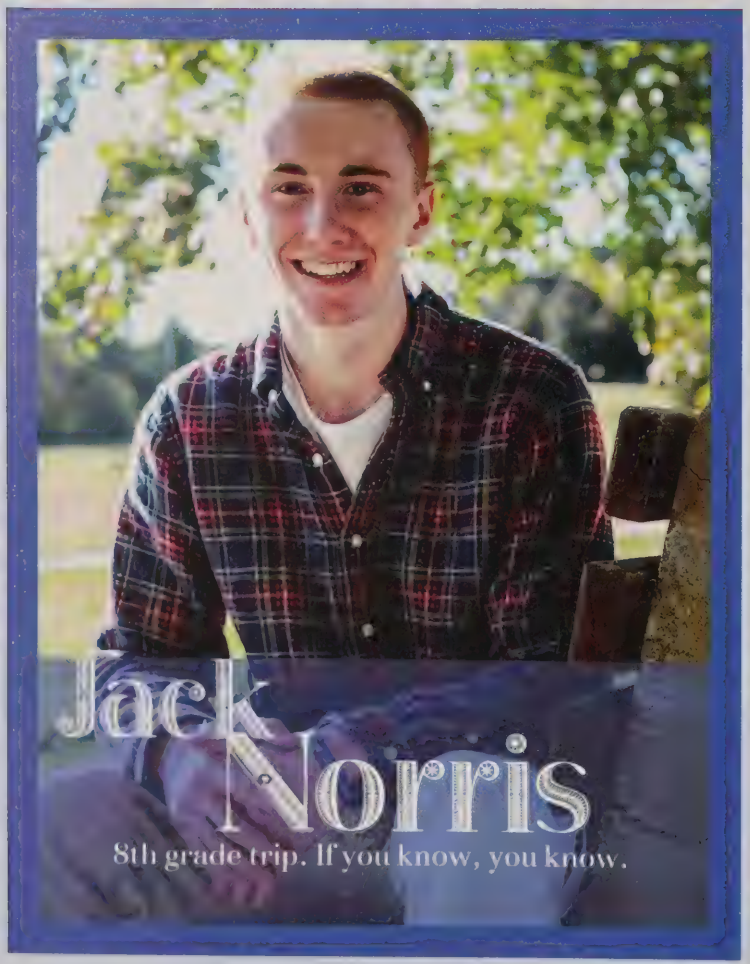

Alyssa
Mossler
This quote: last minute, like everything else I did in high school.

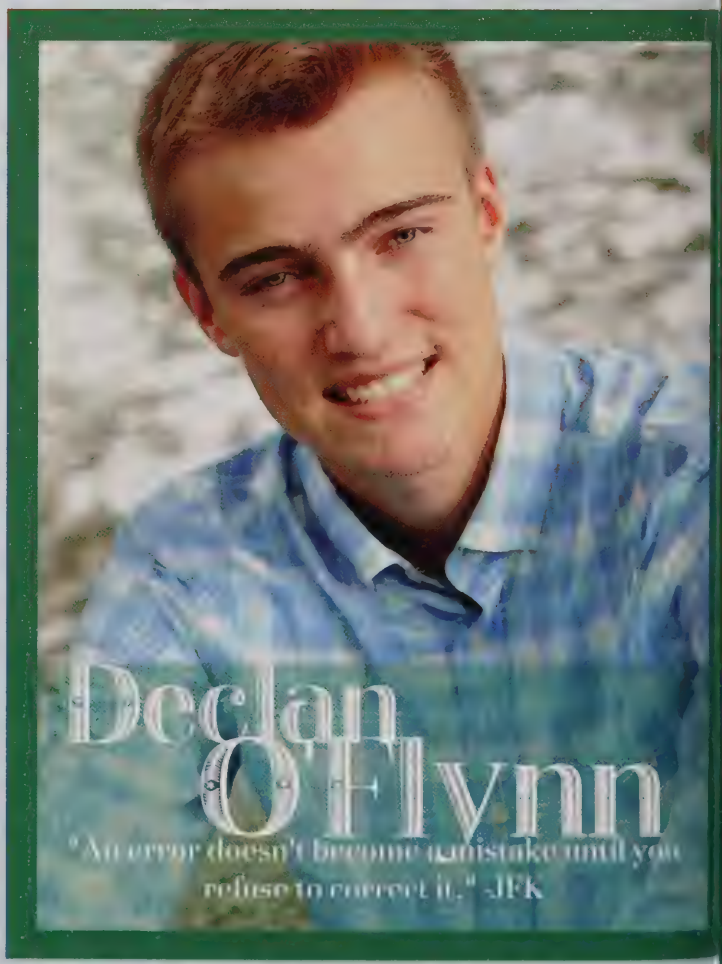
Joanna
Mullen
Watermelon
Wearing stripes
Thank u next

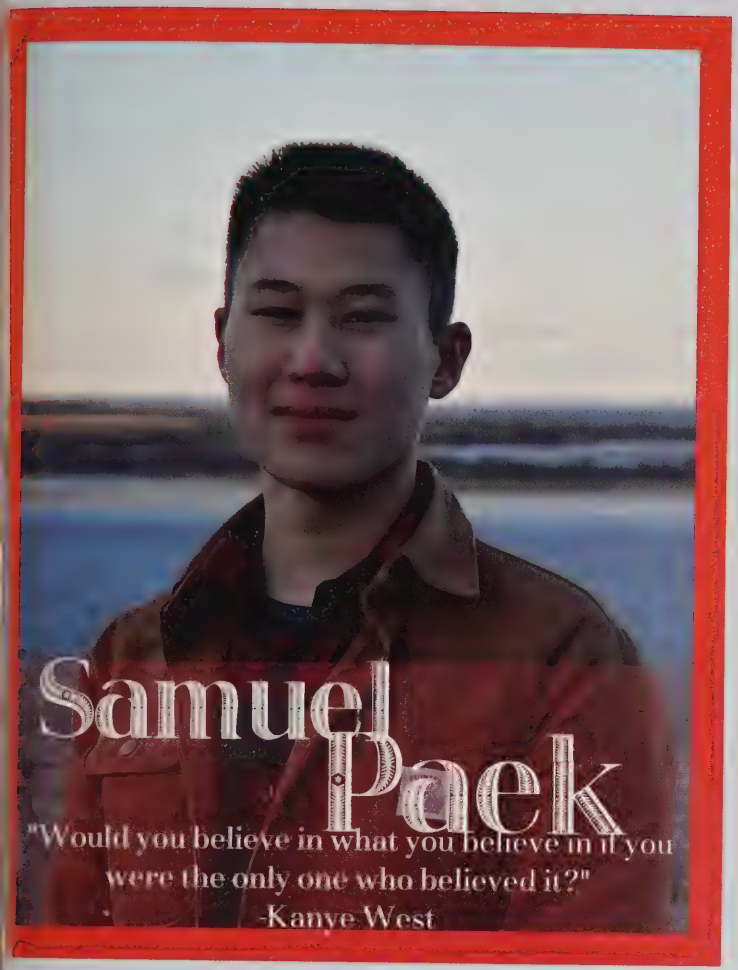
Danielle
Nardo

Heather
Nelson
Let the bridges I burn light the way.

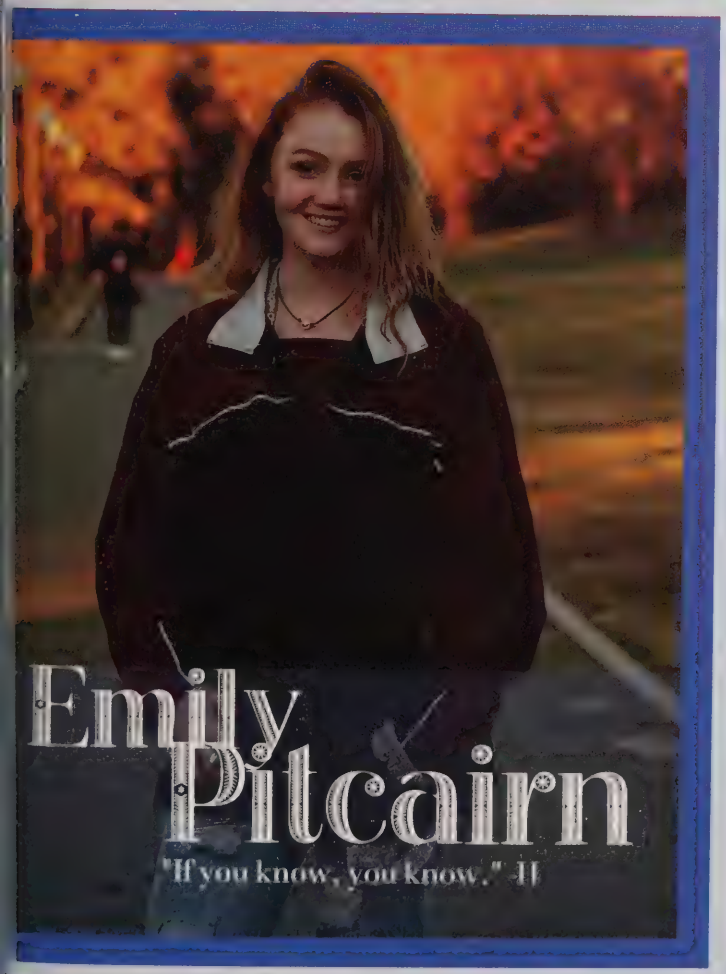
Katherine
Norfall
It's okay if you don't
Not everyone has good


Jack
Norris
8th grade trip. If you know, you know.


Declan
O'Flynn
refuse to correct it." -JFK


Samuel Paek
"Would you believe in what you believe in if you were the only one who believed it?"
-Kanye West

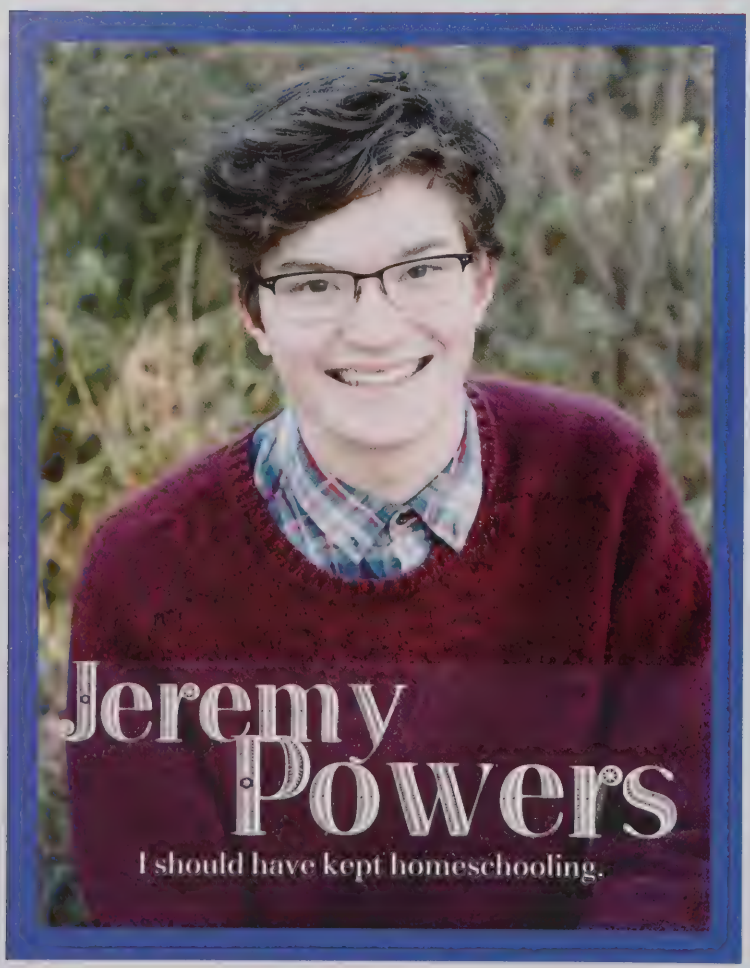
Catherine Phypers
"Everyday above ground is a great day. Remember that." - Mr. Worldwide

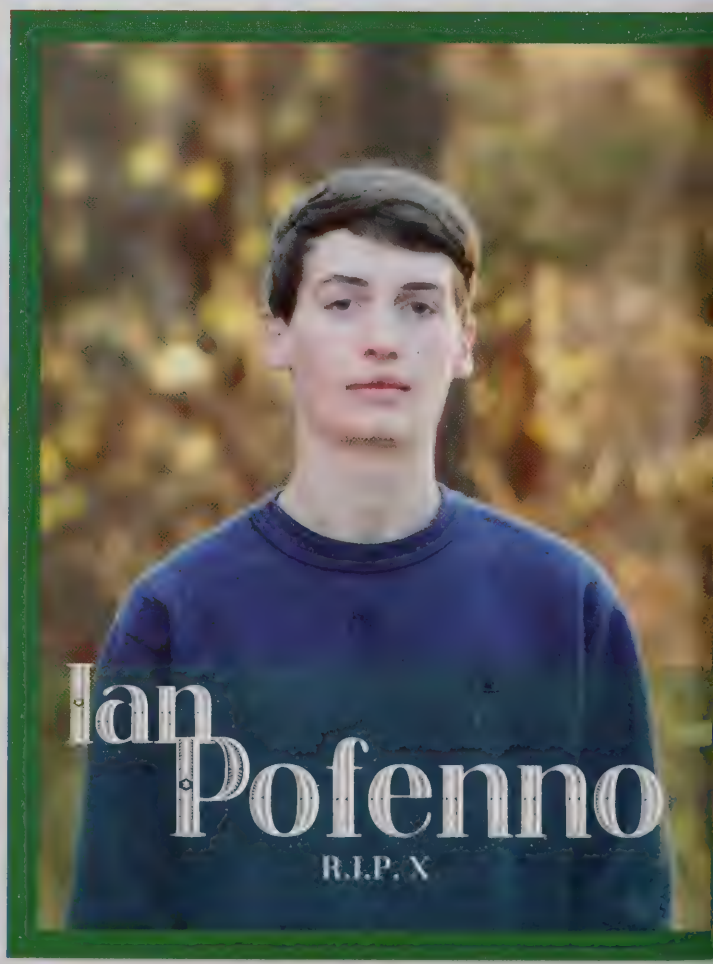

Emily Pitcairn
"If you know, you know." -H

Annabelle Platt
That's insufferable, I love it.

Aaron
Poetz

Faith
Powers

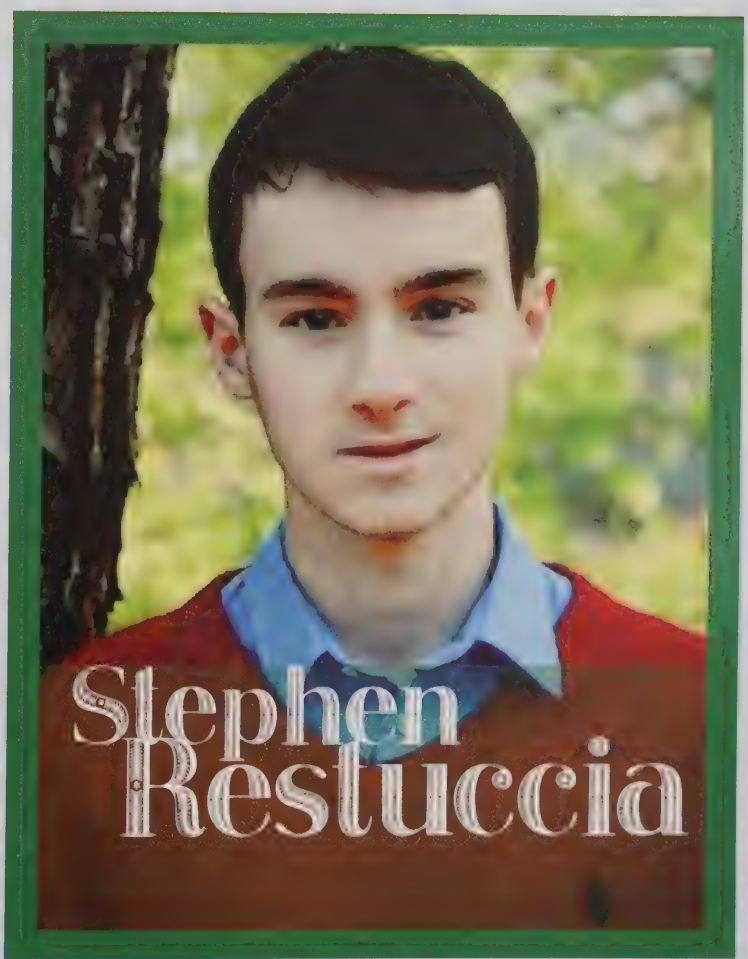

Jeremy
Powers
I should have kept homeschooling.


Ian
Pofenno
R.I.P. X

Shao Qiu
My original quote was in Mandarin but I had to change it because Jessie said it wouldn't work :/.

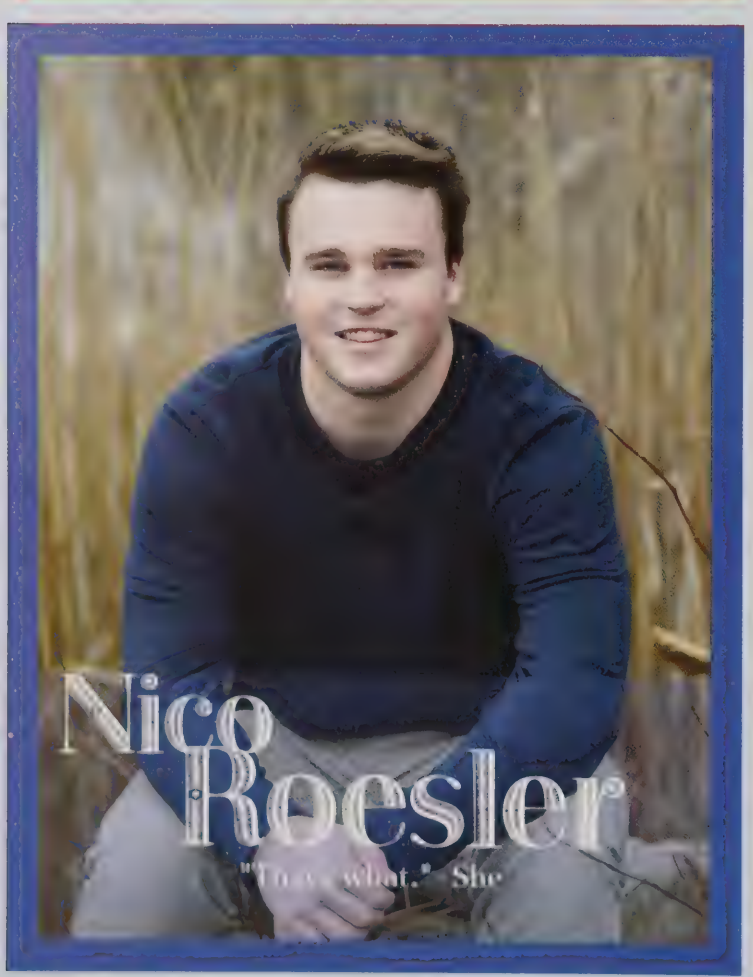
Rand
Opportunity dance with those already on the dance floor.

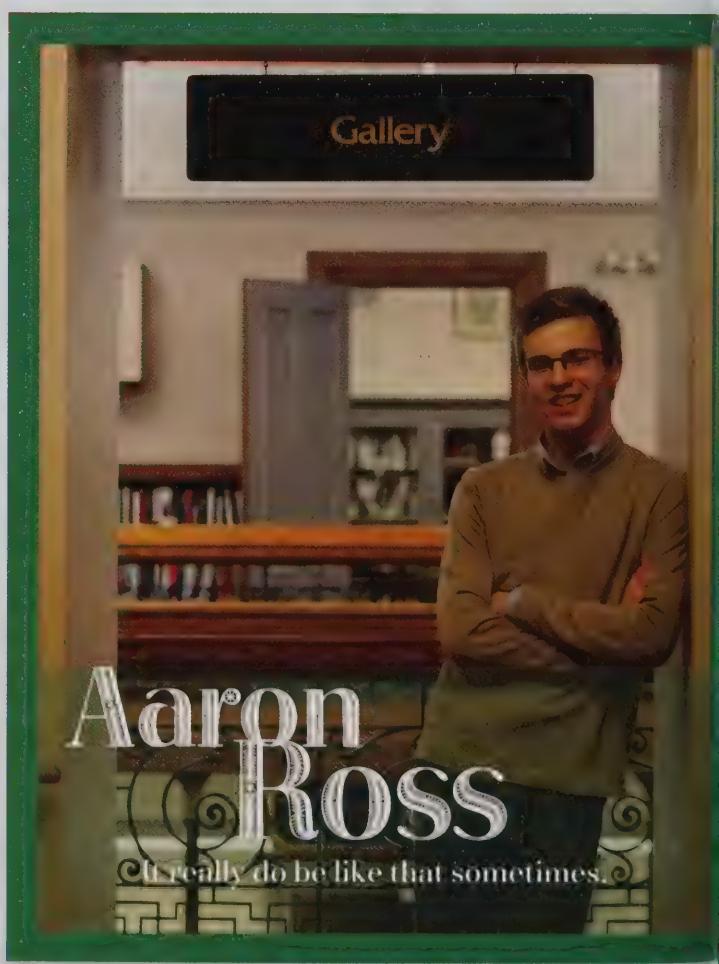
Real


Stephen Restuccia

Charlize
Rayes-Robinson
Great Googly Moogly!

Alexander
Rishi
"All I can do is be me, whoever that is."
-Bob Dylan


Nico
Roesler


Gallery
Aaron
Ross
It really do be like that sometimes.

Alexandra Sanidas
"Be who you are and say what you feel, because those who mind don't matter, and those who matter don't mind." -Dr. Suess

Isabelle Schell
How do you stop a hangtache?
You put your head through a window and the pane will disappear.

Cole Schildkraut
Like everything else I've ever done here, I came up with this at the last minute.

Clyde Schultz
The door is the reason that you open the door.

Hannah
Scruton
I'm not actually funny. I'm just mean and people think I'm joking.

Dylan
Shea
It's a doggy dog world.

Marisa
Sheppard

Andriana
Silva

Nicole
Sindoni
Every star hits periods of hardship, it takes a

Joseph
Sirois

Jack
Soliropoulos

Samantha
Souter
"I dress to kill, but tastefully"
--Freddie Mercury

Olivia St. Peter
"We have to remember what's important in life: friends, [illegible] and work. Or waffles, friends, work. But work has to come third." -Leslie Knope

Daniel Stedman
-The Giants may be awful, but never forget the '07 and '11 Superbowls.

Shannon Sullivan
"Music gives a soul to the universe, wings to the mind, flight to the imagination, and life to everything." -Plato

Alyssa Terry

Carter Tracy
"Haters gonna hate, hate, hate, hate, hate"
-Taylor Swift

Nadja Ueckert-LaPlante
I'm in love with cities I've never been to and people I've never met.

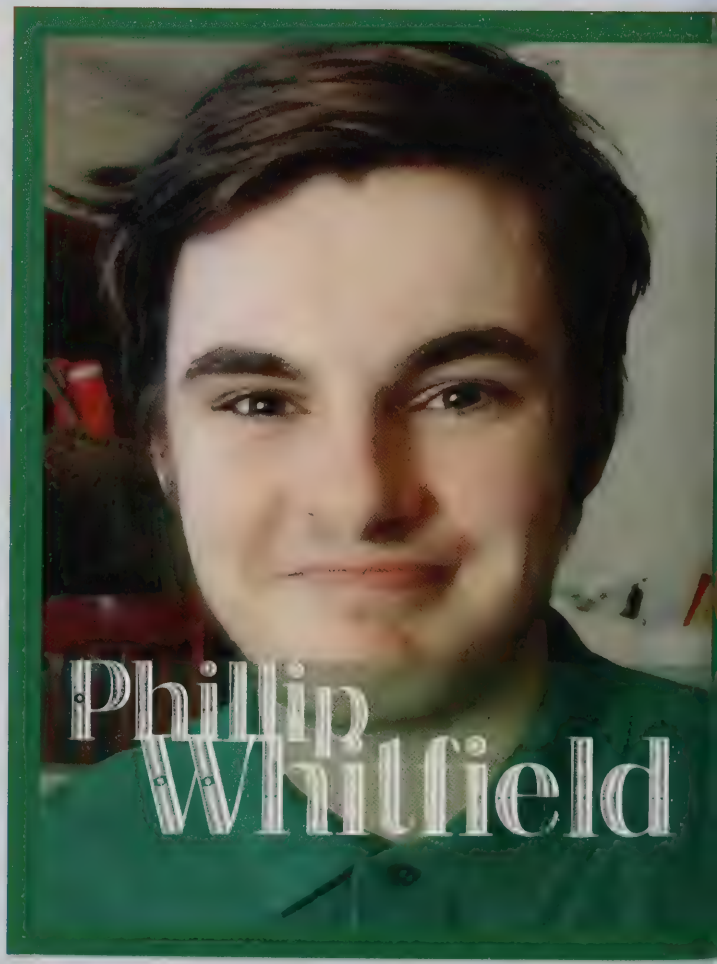
Rixt Van Der Kooi

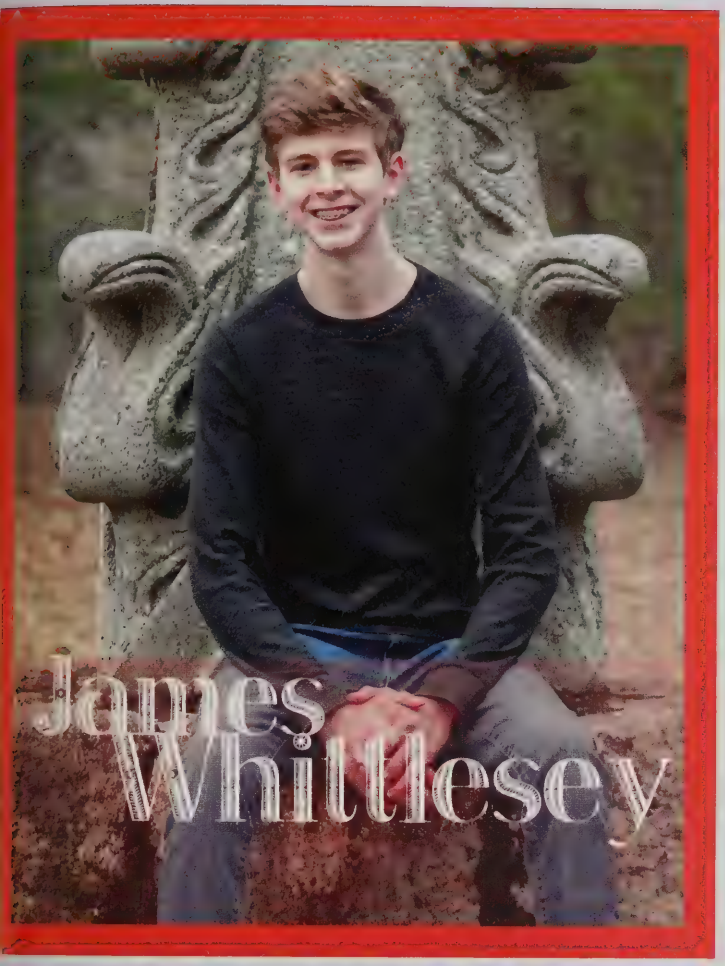
Charlize Vermaak
"Every time I look up into space that's the life leaving my eyes." -Abigail Frost

Tye
Wallis

Ava
Warren

Mason
Webb
My main goal is to blow up, and then act like I don't know anybody.


Phillip
Whitfield


James
Whittlesey

Kiana
Williams

Madeline
Wilson
They say you shouldn't bite off more than you can chew. But I'd rather choke on greatness than nibble on mediocrity.

Benjamin
Yanakakis
"Cats outta the bag." -Kevin Swenson

Good luck in your future endeavors Class of 2019!

Sydney Doolan, Adriana Jimenez, Jacob Eliopoulos, and Ben DiBello

2019 Senior Class Will

I, Ben Yanakakis, leave my sleeves to Flexi.

We, Drew, Max and Dan, leave the bats to Cam and Brendan.

I, Laura Levesque, leave the chorus to Summer Smith.

I, Ben Yanakakis, leave Cam James the quarterback position.

I, Stuart, leave a firm handshake for Rex Geller.

I, Morgan, leave the 7:40 Dunks run to Laurel Markos.

e, Kayci, Marisa, and Katherine, leave Emma and the sophomore boys the aux cord and neck runs.

Ve, Cate, Cassidy, and Ava, leave pep band, the front row, and band librarian to Tomo.

I, Courtney, leave lunch in Whitman to Kateri and Mackenzie.

We, Ava and Lauren, leave our big hops to Claire.

I, Phillip Whitfield, leave hard work to all the underclassmen.

I, Allie Sanidas, leave Ipswich River Provisions to the underclassmen.

I, Kivs, leave my "intelligence" to John Lear.

I, Nico leaves the saxophone section to Beckett Devoe.

I, Erik, leave “him” jokes to Cam James, Justin Bruhm and the other Bibbs.

I, Hannah Herron leave the Ipswich Track and Field Instagram to Grace DeBoer

What Would It Be Like If...

...Zach didn't say sorry

...there were no greenheads

...Seniors hadn't lost tug o' war

...Jack Norris didn't play video games

...Ipswich wasn't on the ocean

...Juniors actually got presented with the 2017 Spirit Week win

...we never watched Screenagers

...kids actually did work in the pods

...there weren't sports suspensions every week

...Mr. Seeley didn't work here

...Ipswich didn't have pep rallies

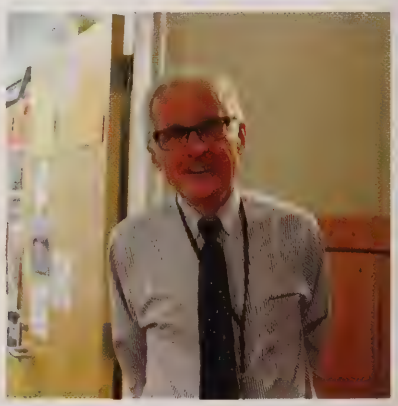
...Vball won states

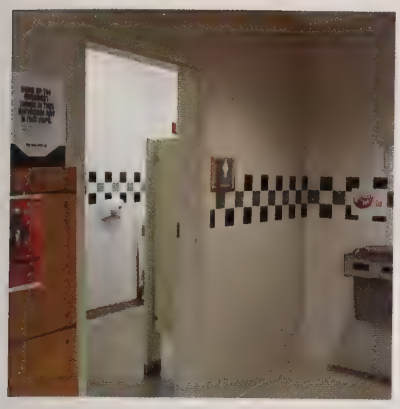
...there were no huge families

...Mr. C was bald

...there was a powderpuff game

...Musical chairs wasn't replaced with Simon Says





...there were doors on the bathrooms

...Stevie wasn't lost

...the bells actually worked

...Brian didn't cut his hair

...Colby won every superlative

...the schedule didn't change

...vape assemblies worked

...we could wear headphones in the hall

...Bunz and Marty's Donuts didn't close

...there were no cell phones

...nobody worked at the brewery

...no one watched Rick Steves

...Mr. C didn't say "Hey, how ya doin?" in the halls

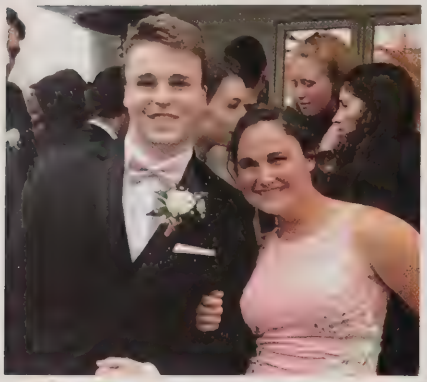
...Ben Y wasn't a ginger

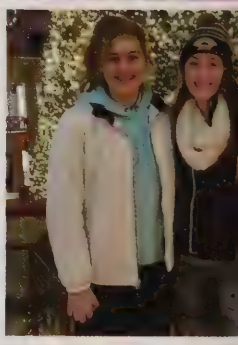
...the student wifi actually worked

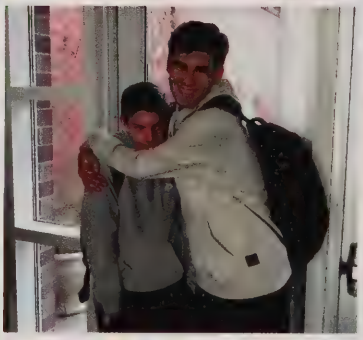
...Pep Band didn't play during the football games

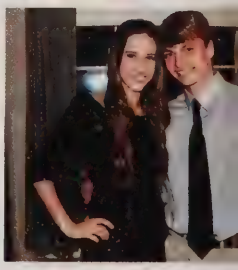
...there were senior privileges

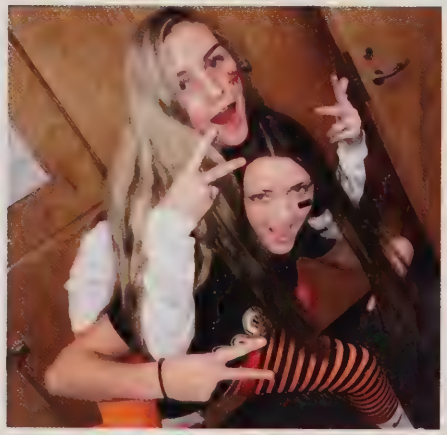
Seniors with Underclassmen

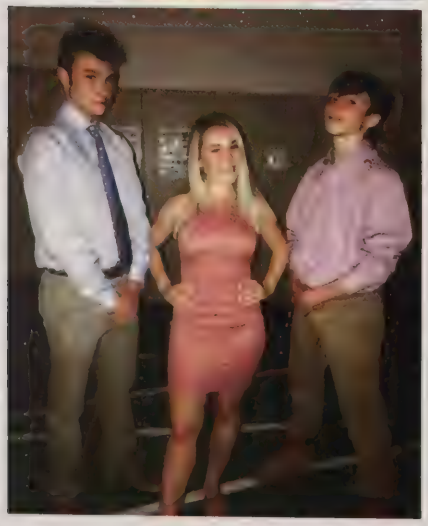


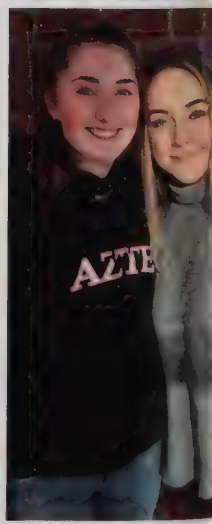


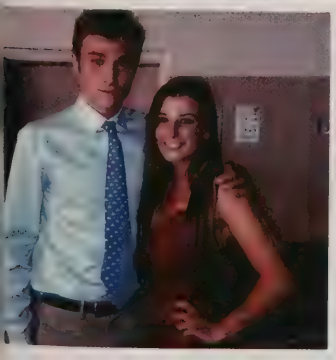


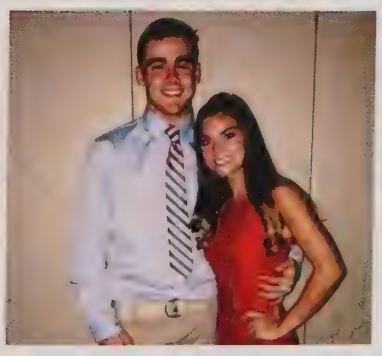


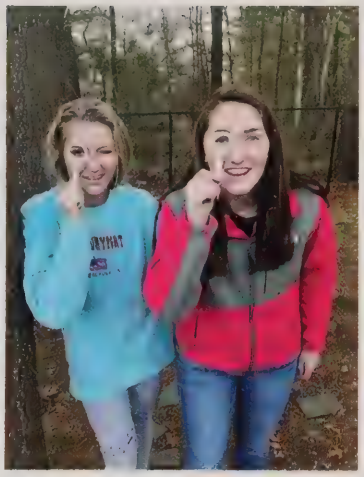
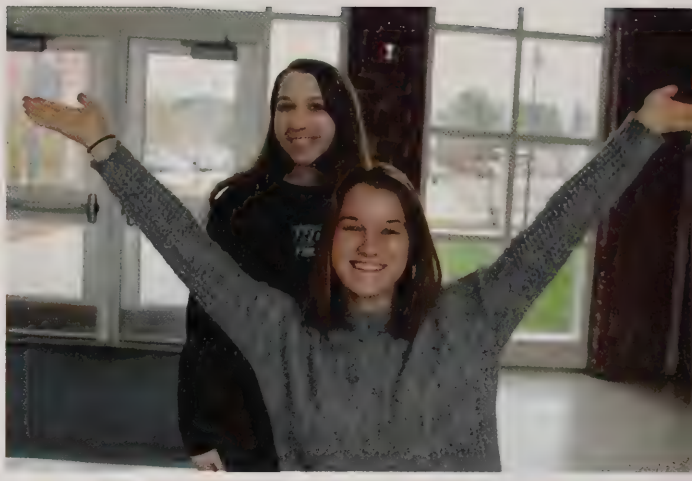




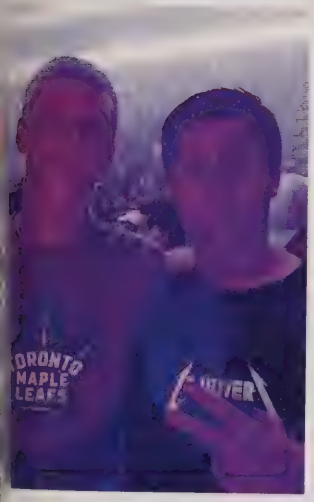




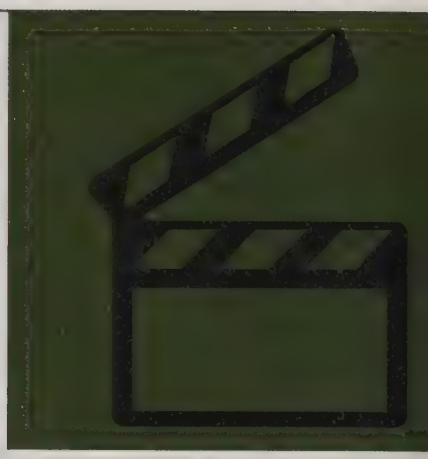


Then & Now


TORONTO
MAPLE
LEAFS

Besties:
Kayci B, Andriana S, & Marissa S



Senior

Next Broadway Stars:
Charlize V & Aaron R

Biggest Flirts:
Alyssa T & Brian L

Should've Been a Couple:
Katherine N & Jacob E

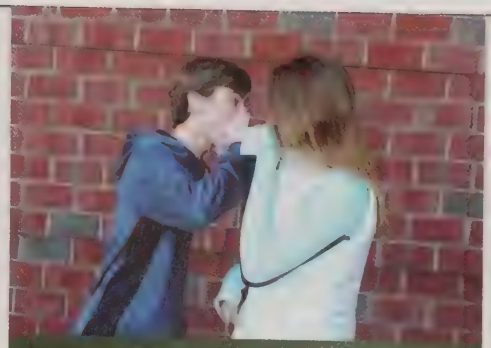
Next American Idol Winner
Izzy M & Ashley C

Biggest Hearts:
Nicole S & Izzy M

Best to Bring Home:
Jackson F & Maddie W

Tallest:
Charlize V & Ben G

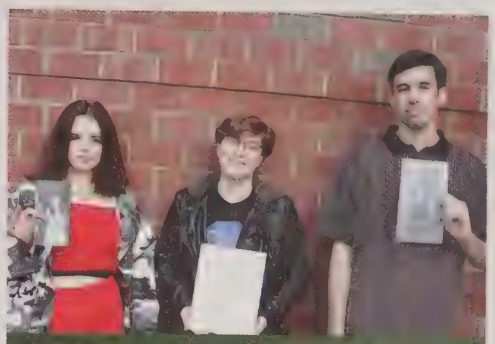
Shortest:
Drew A & McKenzie C



Most Talkative:
Drew A & Kelsey C

Most sarcastic:
Connor M & Annabelle P

Best Bromance:
Ben G & Ian B



Biggest Transformation:
Kayla K, Zeke A, & Brian L

Superlatives

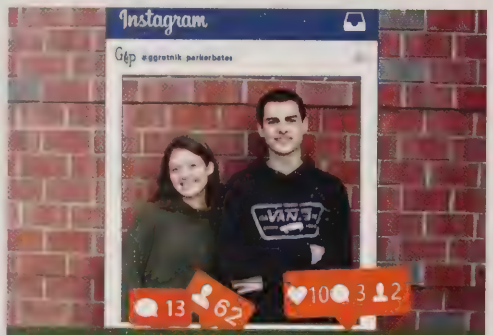
Best Smile:
Cam M & Cate P

Best Hair:
Gena L & Owen D

Best Cars
Kayley B, Trevor D, Sydney D, and Nick F

Best Dressed
Gena L, Sam P, & Mackenzie G

Most Nominations
Colby D



Next Instagram Stars
Grace Grotnik and Parker Bates

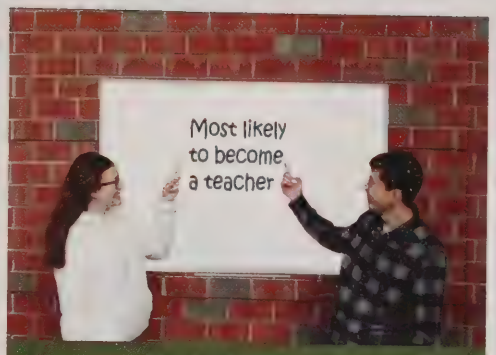
Class Clowns
Adriana J & Alex R

No Filter
Hannah S & Alex R

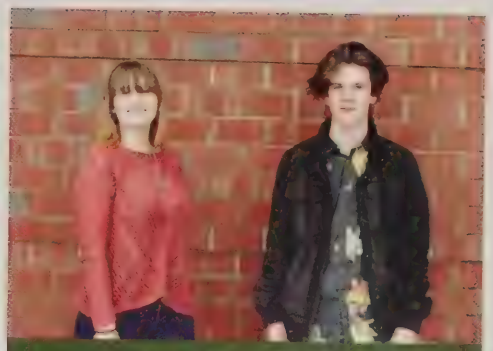
Best Eyes
Nico R & Olivia S

Life of the Party
Jack S & Lauren K

Biggest Gossips
Jason F & Kayci B



Most likely to become a teacher
Katherine M & Jackson F

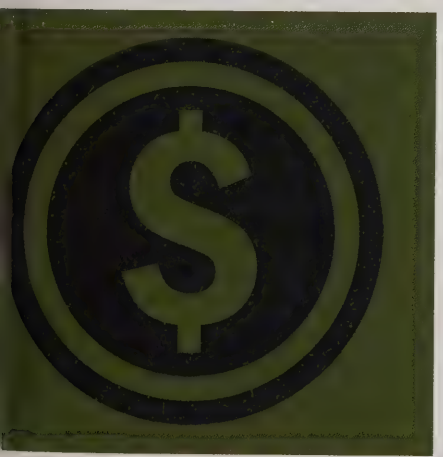


Next Van Goghs
Courtney K & Clyde S

Cutest Couple
Clyde S & Sophie H

World Travelers
Nadja U & Stuart G

Townies
Hannah H & Declan O



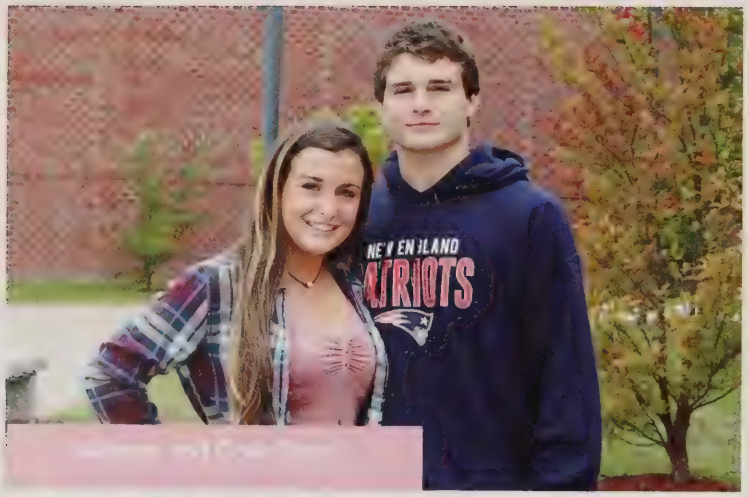
Next Millionaires
Kevin Y & Martha R

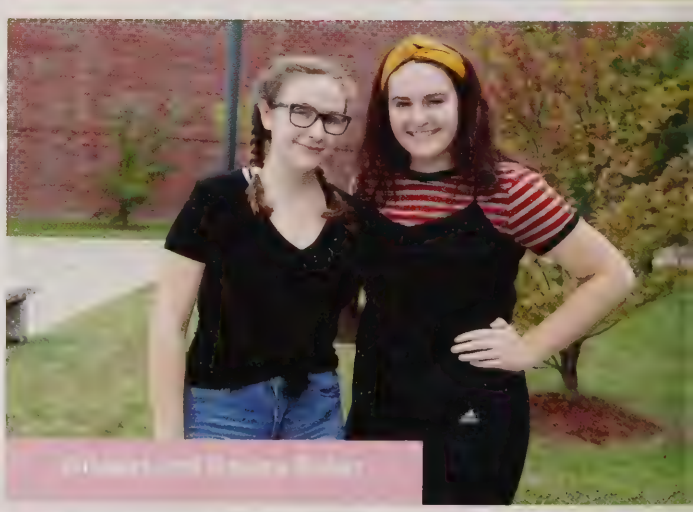
Teachers Pets
Martha R & Carter T

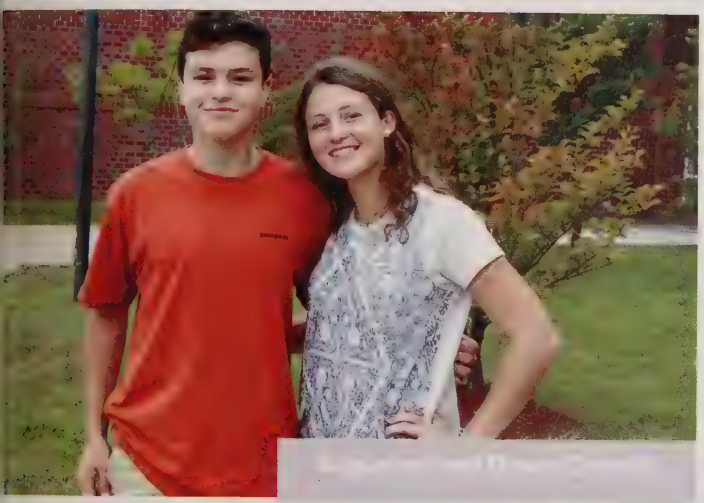
st Likely to Sleep in Class
Emily P & Parker B

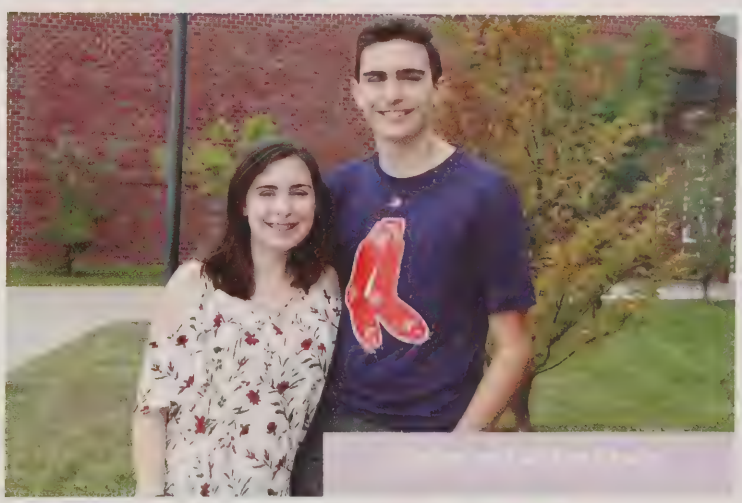
Next Olympians
Katherine K & Ben Y

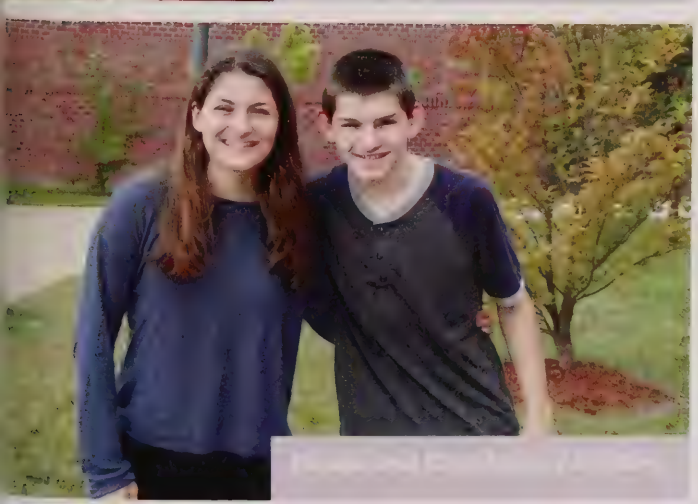
Senior Siblings











7

[illegible] and [illegible] Moore

Alyssa and Anna Mossier

[illegible] and [illegible] Scottopoulos

Trevor and Sydney Osburn

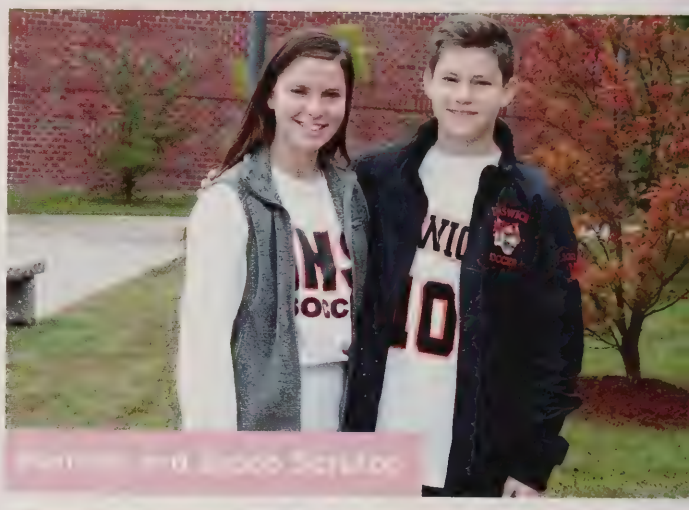
[illegible]

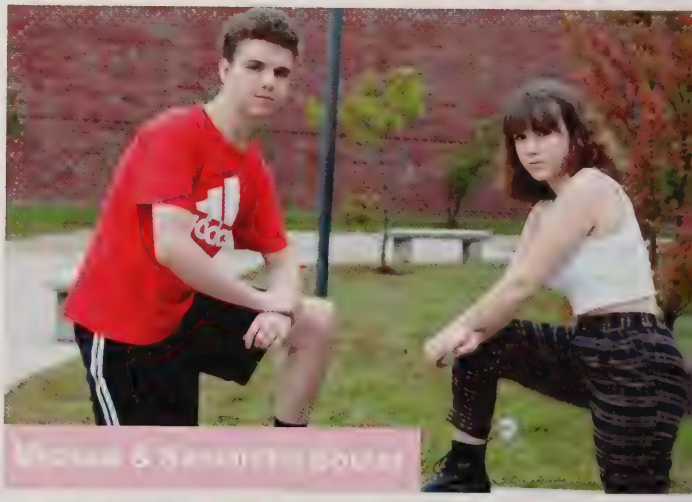
Josh and Cam Mallette

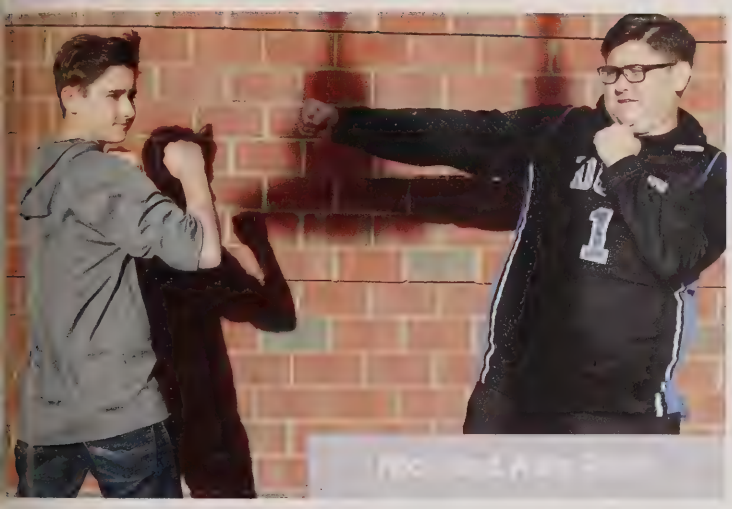
Faith and Liam [illegible]

Annabella and Lucy Plant

NIKE
I FLEXED AND THE SLEEVES FELL OFF







Sibling Survey:

What is the best thing about having a sibling?

They keep my parents distracted."

You have someone to blame when you get in trouble."

You have a friend who lives with you."

They can drive."

There's always someone to hang out with."

I never feel alone because he is always here for ne when I need him."

Always having someone to laugh at my horrible okes."

The special bond that you can't ecreate with anyone."

What is the worst thing about having a sibling?

"Cleaning up after them."

"Seeing the dumb decisions they make after going against what I suggest."

"Having to wait for them to get ready before school.'

"Having to drive them. Everywhere."

"There's always someone to annoy you."

"They always steal your food!"

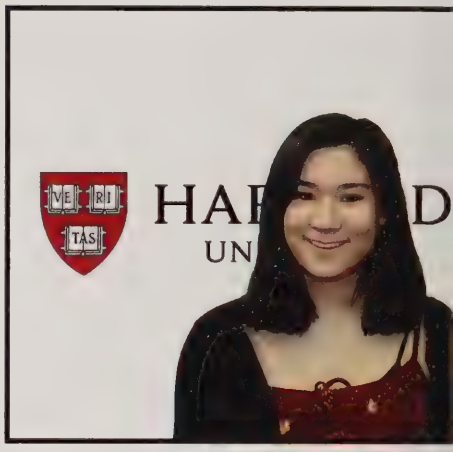
"They steal all of your clothes and hound you for rides"

"He a snitch."

Book Awards

Harvard: Maddie Wilson

Harvard: Martha Rand



Harvard: Tessa Devoe

Chatham: Curt Holiday

Wellesley: Ava Warren

Dartmouth: Nadja LaPlante

Cornell: Mackenzie Greenleaf

Smith: Nicole Sindoni

Brown: Sophie Harmon

St. Michaels: Zach Forni

St. Michaels: Jessie Harrington

Rochester George Eastman: Clyde Schultz

Rochester Xerox: Jackson Filosa

Rochester Douglas: Cate Phypers

Rochester Bausch: Carter Tracy

St. Anselm: Hannah Scruton

orge Washington: Stephen Moore

Williams: Heather Nelson

Rensselaer: Annabelle Platt

The Senior Fashion Show

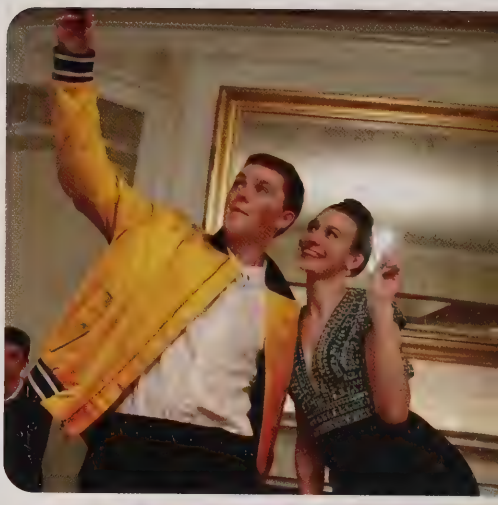
Keeping it Classy

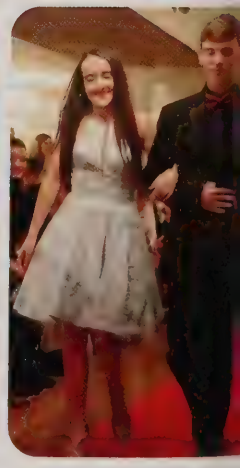
by Lauren Kennedy

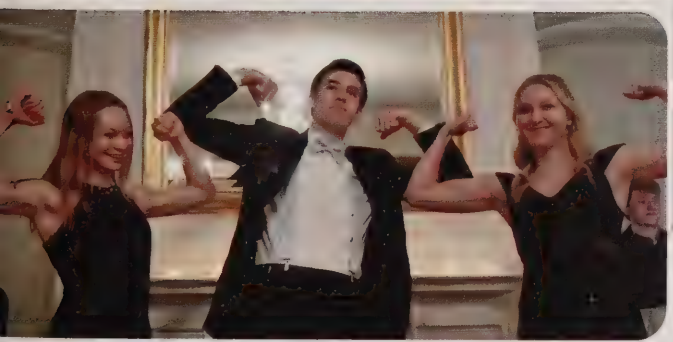
After a normal school day filled with textbooks and tests, girls put on their highest heels and donned dresses from top stores including David's Bridal, The Ultimate, and Glitterati, while the boys rocked their fire fits from all around. Everyone slayed the red carpet all the way from top notch dresses and tuxes to camouflage pants and suitcases. The auction and dinner kept the audience entertained while the models waited on the staircase for their time to shine. The fireplace served as a perfect backdrop for everyone's closing pose. As a final touch, the first snowfall of the year made the evening unforgettable.

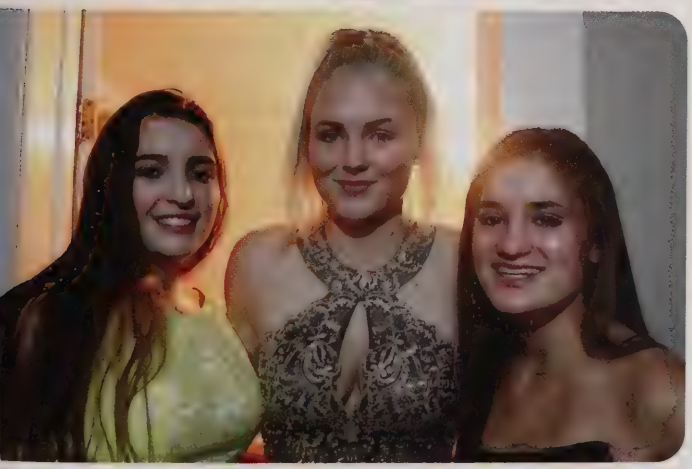
Adriana J. & Carter T.

Adriana and Carter, current and former Presidents of the class of 2019, acted as MC's for the night. They introduced the models as each set took the runway, telling where the clothes were from along with cracking witty jokes throughout the show. Their entertaining commentary kept the audience informed and engaged.







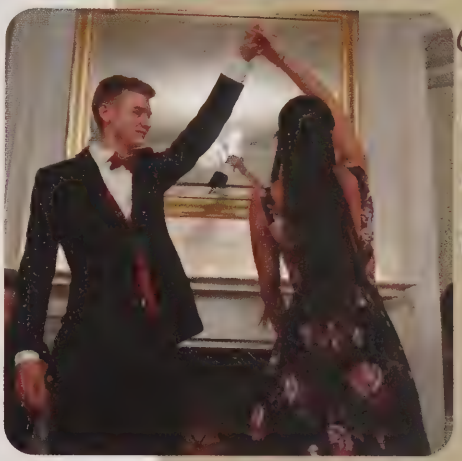


Dan & Sydney

Daniel hits his bed off to the mediums as Sydney strikes a modeling pose to the crowd showing the fun side of the red carpet.

Ben & Andriana

After walking down the aisle all pretty in pink, Ben scooped Andriana up in his arms and put everyone in awe.



Chase & Jessie

"Do it big, do it right and do it with style."
If the outfits weren't already safe enough Chase gave Jessie one last fond spin at the end of the carpet.

Ava & Nico

The better you look, the bodder you can eat. Gervais fresh looks in a lower outfit and a gorgeous red dress. Nico and Ava take control of the stage.

Joanna & Evan

Evan shows off his handsome and charming looks on the escort. Joanna shows the aisle on the looks showing in her big flower dress.

Where are we going?

Katherine Noftall

Bentley University

Mackenzie Greenleaf

University of New England

Courtney Kent

New Hampshire Institute of Art

Justin Foye

Endicott College

Allie Sanidas

Regis College

Laura Levesque

Sacred Heart University

Nick Fonzi

University of Maine

Sam Paek

University of Massachusetts Lowell

Nate Fisher

Liberty University

Hannah Herron

Westfield State

Maddie Bowen

Southern New Hampshire University

Lindsay Crumley

Salem State University

Tessa Devoe

Brown University

Olivia St. Peter

University of Massachusetts Amherst

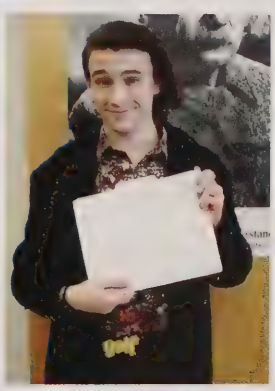
Evan Antonakes

Bates College

Kiana Williams

Mass Art

Jack Forrester



Brandeis University

Declan O'Flynn

College of the Holy Cross

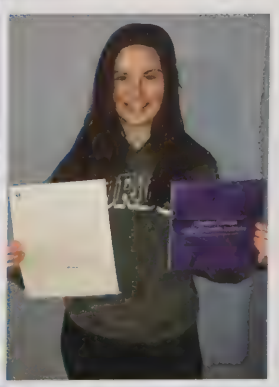
Aaron Poetz

Embry-Riddle Aeronautical University

Kelsey Cranston

Colby-Sawyer College

Hannah Scruton



Gordon College

Advice for Underclassmen

1. Don't drop out, even if you want to
2. Don't dust your work off. The year will go by faster than you think.
3. Never worry about how other people see you, focus only on how you make others feel when you're around.
4. Don't Juul in the bathrooms.
5. Apply early action to colleges, then get a massage.
6. Keep it real.
7. Know what homework you can do right before class and what you should do at home.
8. Stay ahead of your work and don't procrastinate.
9. Walk on the right side of the hall
10. Respect upperclassmen.

1. Teachers know more than you think.
2. Challenge yourself.
3. Don't fall apart after getting one bad
rade.
4. Use your R-Blocks wisely.
5. Stay on the teachers' good side.
6. Don't worry about losing friends,
ou'll make more.
7. Don't be afraid to get help from
our teachers.
8. Participate in Spirit week.
9. Balance academics with your social
fe.
0. Enjoy high
chool, it'll go by
uicker than you
ink.

Good luck class of 2020!

OUTSIDE OUR WALLS

What's Great in 01938

At first glace, Ipswich doesn't appear to hold much or strike you as particulary unusual, but for Ipswich residents and IHS students, Ipswich has more to offer than you think. When IHS students aren't in classes you can find them at various hot spots throughout town.

In the heart of small downtown of Ipswich, Zumis attracts students with its "caramel clouds" and organic fair trade coffees. Many students around the school sport the "Ipswich Brewery" label, too. The Brewery is another well known spot in town and students spend their hours working at the local restaurant.

If you can' find them hanging out, you might catch friends hard at work in the summer and fall Marinis Farm or Russell Orchards. Marinis, famous for their cornmaze and delicious kettle corn, has its fair share of HS employees. If students crave cider donuts and some bonding time with th animals, they head on over to Russell Orchards.

When students want to relax, they head over to our fine beaches; Pavilion and Crane's being the top hits. In the summer you can find classmates mingling together at the Crane Castle Concerts, listening to music with friends. Another fun summer activity is bridge jumping at Labor In Vain when the tide is just right. Students looking for prime sunset watching locations may pull up to Eagle Hill Landing or take a walk down Strawberry Hill's trail.

At the end of the day, deciding on dinner isn't hard with many local restaurants including Riverview and Good Taste within walking distance of downtown. For a little town, our Ipswich has much to offer.

Russell Orchards

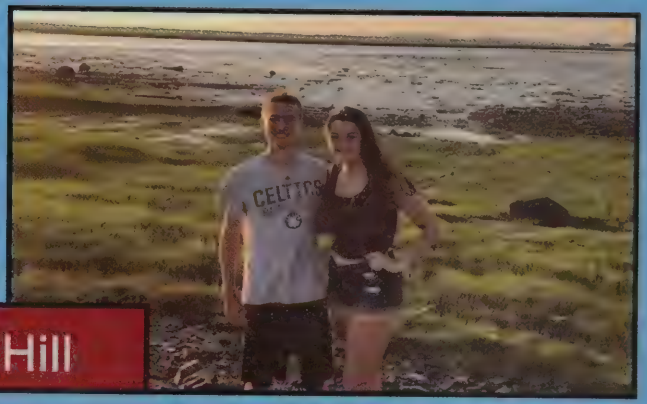
Crane's Castle

Crane's Beach

Riverview

The Brewery

Strawberry Hill

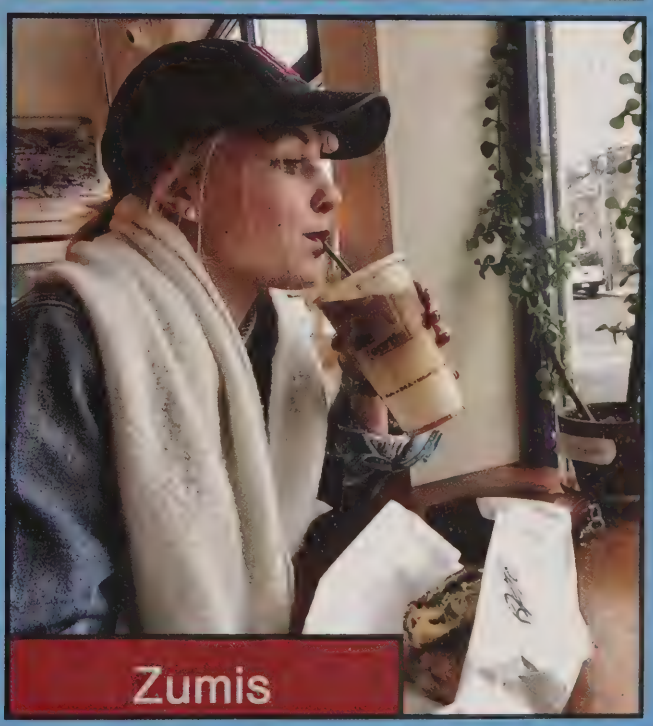


Good Taste

Marini Farm

Labor in Vain

Pavilion Beach



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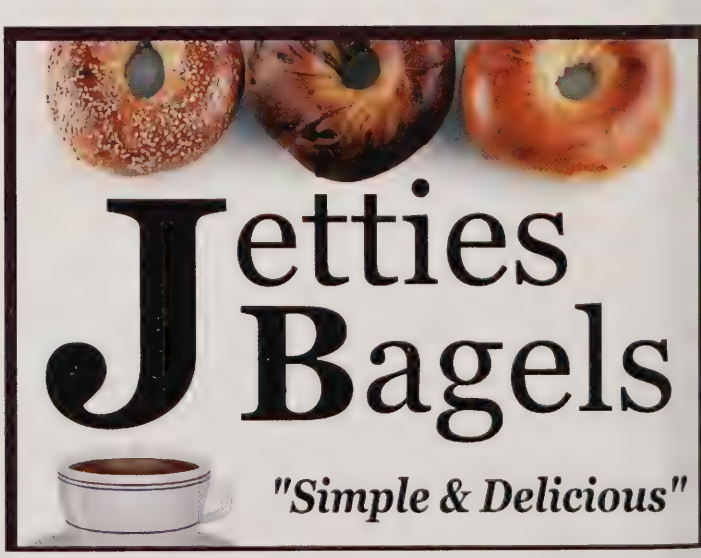

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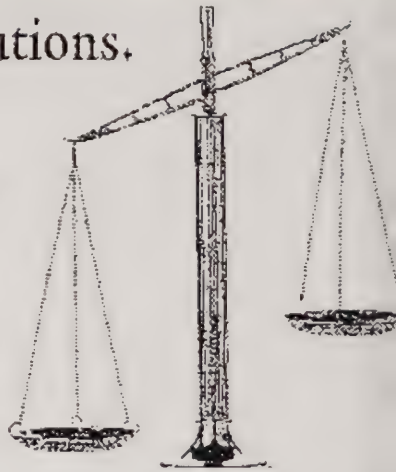

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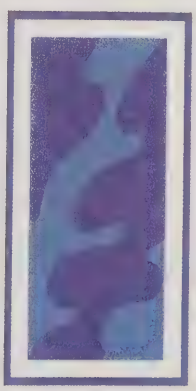

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*not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes up short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who, at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.**

Theodore Roosevelt, April 23, 1910

Donald M. Greenough
Attorney

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**The Man in the Arena: Citizenship in a Republic.* Speech delivered at the Sorbonne, Paris, April 23, 1910. www.theodoreroosevelt.org/research/speech%20arena.htm

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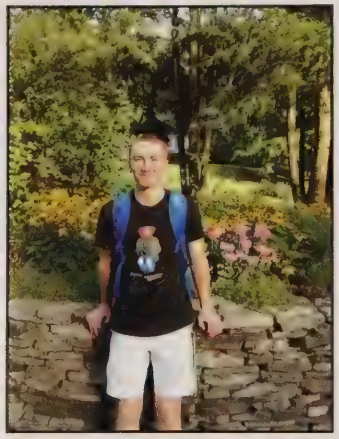


Congratulations! It's hard to believe that this day has come so soon. We are so very proud of you. Continue to make good choices and be a light in the world. Love you always and forever...

Mom and Dad

Nicholas Roesler & Martine H. Linnerud

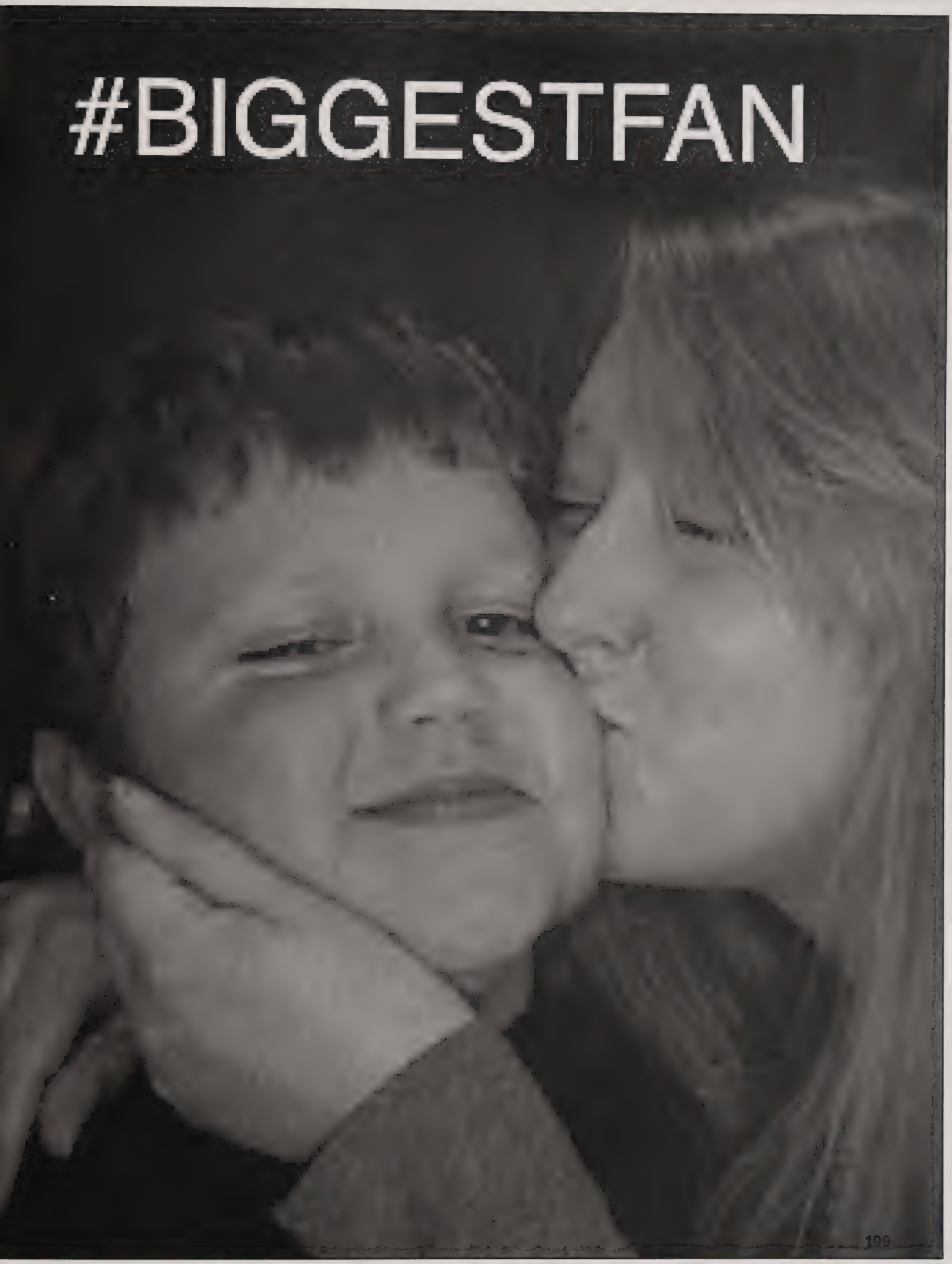
Congratulations - We're so proud of you both and can't wait to see what adventures await you! We love you!
Mom/Rachel, Dad/Rob, Ellis and Louisa

Kiana Rose Williams

Congratulations Kiana,

Were so proud of you and everything you've accomplished in your life so far. You have so many amazing gifts to share, and we cant wait to see where you start. We love you so much, Good luck,

Angela, Steve, Dylan, Tag, and Milani.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Izzy Schell

Congratulations on a successful campaign!

Have fun storming the castle!

Love,
Dad, Mom, and Sophie

Mackenzie Greenleaf

Kenzie Girl...your laughter is contagious, your perseverance is undeniable your compassion is sincere...
we are so very proud of you.
Love, Mom & Dad

Declan O'Flynn

We love you and are very proud of you!

Love,
Mom, Dad, Aidan, Aubrey and Tess

Sara Hughes

We can't wait to see how far and high you fly!
Congratulations and love always,
Mom, Connor, Keeg, Nora, Aunty Laura, the Grammys, Peeka & Poppy (& Salty)

Rixt van der Kooi

Being chosen as your host family was like winning the lottery! We will never forget you and we thank you for all you brought to Ipswich, to the High School, and to the Wilson family. Dankjewel, Rixt, and congratulations! Love, Joanne, Todd, Maddie, Nicole and Griffin

Samuel,
Your zest for life is infectious!
We are grateful God gave you
to us to complete our family.
We can not wait to see
how you will glorify Him
in your life.
We love you.
May your life be always full
of joy, love and laughter!

Love, Dad & Mom
with Naomi and Josiah

Nicole Sindoni

Nicole, we are so proud of the hard work you have done over the last four years. We are looking forward to watching you blossom in your future college years! Love Mom & Dad, Chris & Matthew

Jack Sotiropoulos

Jack
Look How Far You've Come!
Congratulations!
Your family is so proud of you!
We love you.
Dad, Mom, Nick and Ava

Rayna Duffield

Congratulations Rayna!!!

Love Ya!

Hannah May Herron

Dear Hannah, Your enthusiasm, love of adventure, & kind heart will surely take you to great places in life. The world is yours!! We are so proud of you and we all love you so much! Mum, Dad, & Tommy xo

Maeve Della Valle

Take pride in how far you've come. Have faith in how far you can go. But don't forget to enjoy the journey.

We are So proud of you and Love you so much! Congrats! Mom, Dad and Dominic

Madeline Wilson

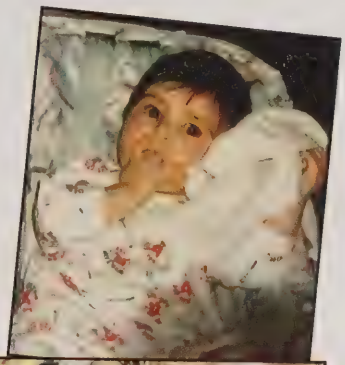
You have grown from a happy baby with the biggest smile into an intelligent, caring and beautiful young woman. We are so proud of you and can't wait to see what's next. Love, Mom, Dad, Griffin and Nicole

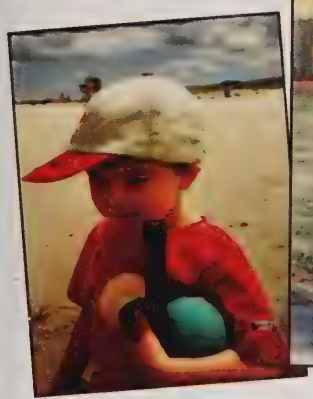
Nicholas Fonzi

We are so incredibly proud of you!! Looking forward to all of the amazing things you will accomplish in the future! Keep being you!! "Great Success" Love, Mom, Dad, Matt & Tory OXOX

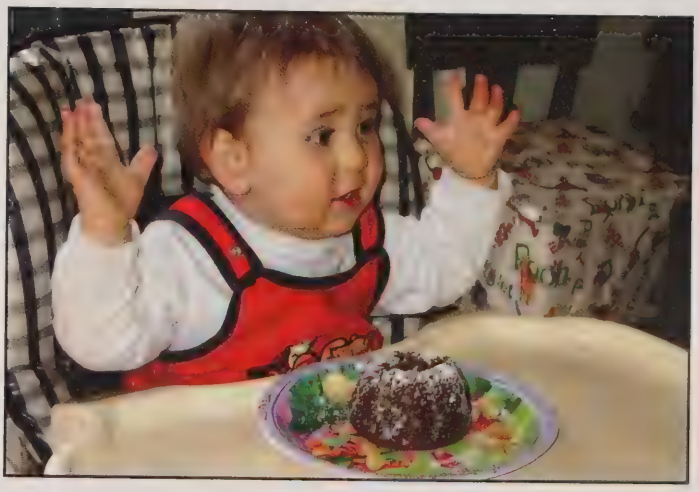
Jason W. Finkst

Jason, We are very proud of you. You have accomplished a great deal and it is just the beginning for you. Always stay true to yourself and those around you.
Love,
Mom, Dad & Ryan





Alex Rishi



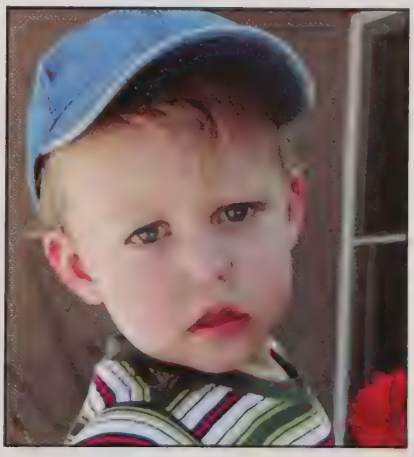
Congratulations on your graduation!

We are very proud of you.

Love, Mom & Dad

Cole Schildkraut

We are so proud of you! We love you every minute of every day, now and forever! Love, Mom, Dad & Maya



Erik Johan Anderson

My Erik Johan, I can't believe you are all grown up. Anxious to see all the places you will go and the things you will do. Strive to do better than your best. Always remember I love you. XOXO, Mom

Jessie Harrington

Congratulations!

Love, Mom, Mary, Bob, Rachel, Brian, Jack & Piper

Kayci Brouillette

CONGRATULATIONS

We Are So Proud Of You. Best of Luck On You Next Adventure!

Love,Mom,Dad and Sami

Marisa Sheppard

CONGRATULATIONS

We Are Very Proud Of You. Shoot For The Stars
Love, Mom, Jake and Anthony

Lauren Kennedy

LK - We are so proud of you!! Take pride in how for you have come and have faith in how far you can go! We love you.
Mom, Dad and Julia

Eva D Capobianco

We are so proud of all that you've already accomplished! We are looking forward to witnessing the greatness that you will achieve!
Love, La Famiglia

Heather Nelson

We are so proud of the person you have become and look forward to seeing where your dreams take you!
Love,
Mom, Dad, & Alex
Maui & Shadow

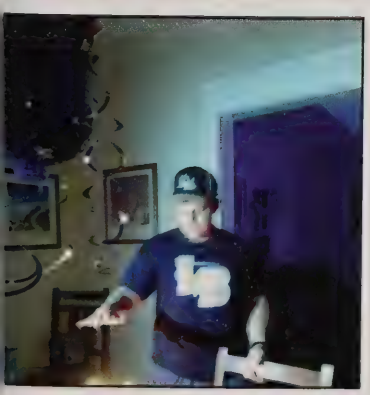
Kelsey Cranston

It is amazing to have watched you grow up to be who you are today, a strong young woman ready to take on the world. You have only just started. Do not let anyone or anything stand in your way. Papa would be proud of everything you have accomplished. Congratulations on becoming a Charger, we cant wait to see you on the pitch in college! We love you very much.

- Mom and Dad

Enjoy a rewarding future! Love, Mimi.

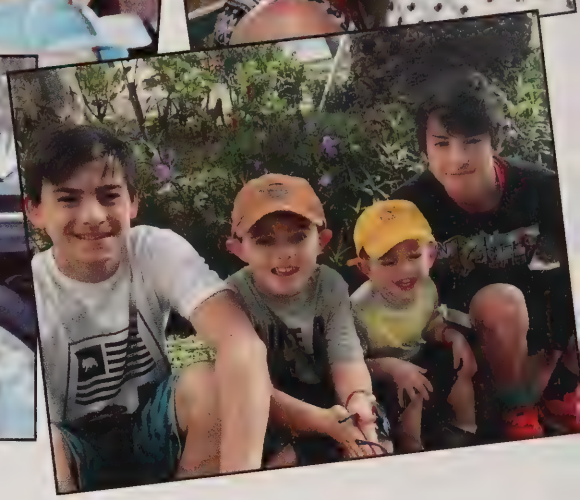
Cole, it has been an amazing 18 yrs of sharing family time and watching you grow into a young man. I hope you embrace opportunities and live a fulfilling life! You are deeply loved and I look forward to sharing good times in your adult life.
Stay safe and be happy!



Cameron Mallette

Cam,
You are a shining star! May you always reach beyond the sky, never assign a limit to knowledge and endlessly light the way for others. We are so very proud of you!

Love,
Mom, Joe, Dad, Ange, Josh, Ben and Logan



Stuart Geller

We are SO proud of you! You bring sunshine and happiness everywhere you go!
We love you so much!
Mom, Dad, & Rex

Tessa Devoe

Congratulations, Tessa! You've blossomed from the cute little sprout who was always in on the joke into a lovely and caring young woman that we all enjoy spending time with! We can't wait to hear about your future adventures (and share some with you!). Good luck next year!

We love you!
Mom and Dad, Cami and Beckett

Daniel Stedman

I am SO very proud of you and so excited for your next adventure!!
I Love You,
Mom xoxx

Justin Foye

Congratulations Justin!

We are so proud of you and the young man you have become. Always believe in yourself and make your dreams come true..

We love you,
Dad, Mom, and Kaitlyn

Drew Anderson

Congratulations Drew!! Wishing you the best in all you do. We love you!! Mom, Mike, Dad, Judy, Liv and Craig.

Courtney Kent

We are so proud of all you have accomplished and amazed at your continuously emerging talent. Thankfully, it is not reflected in this photo! We love you!
Love, Mom & Dad

Isaiah Morrissey

Isaiah,
We are so very proud of the kind and thoughtful young man you have become! Congratulations on your graduation. You have a bright future ahead of you!
Lots of love,
Mom and Dad
XOXO

Cassidy King

Hey CK
When your ship sets sail...we will be with you forever dancing on the shore.

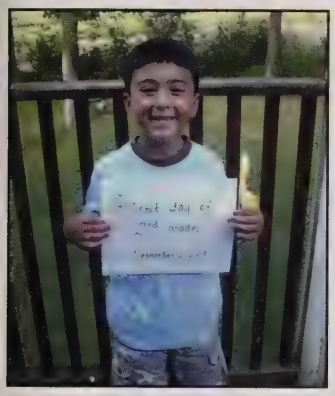
Love You So Much,
Dad Mom & Carter

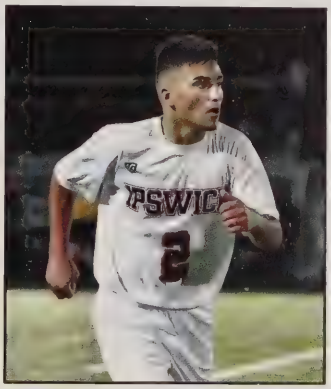
Memories Are Made Of These

You are the finest, loveliest, tenderest, and most beautiful person I have ever known. -and even that is an understatement.
-F. Scott Fitzgerald

Jacob Eliopoulos

Dear Jacob,
Thank you for all the love and happiness you brought into our lives.
You have a kind heart and we wish you great success in college and in life.
With love,
Mom, Dad, Peter, Zachary and Alexa





Joanna Mullen

Congratulations Joanna! We couldn't be prouder of you.

All our love,

Mom & Dad

Hannah Scruton

Hannah-
We are so proud of all you have accomplished and can't wait to see what you do next.
Love-
Dad, Mom and Jake

Emily Pitcairn

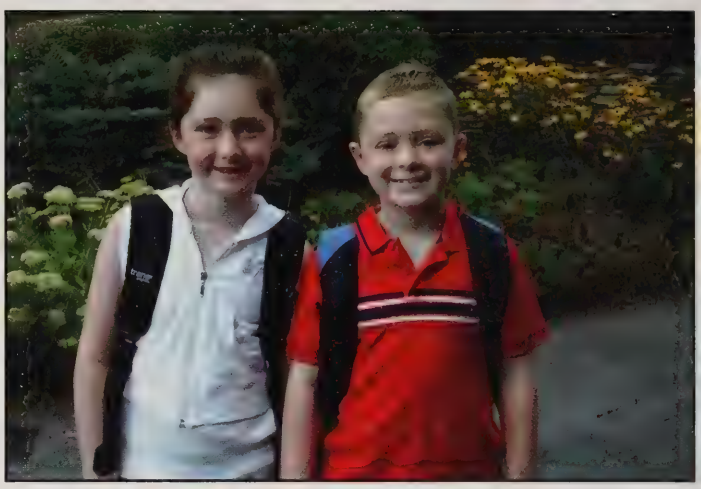
Be bold enough to use your voice,
brave enough to listen to your heart,
and strong enough to live the life you've always imagined.
We are so proud of you!

Cole Schildkraut

¡Felicitaciones en su graduacion, nieto!

Con amor,
Bam & Pop

Trevor and Sydney



Dear Trevor and Sydney,
We are so proud to see the hard working, thoughtful adults you have become. We are positive that you will successfully accomplish anything you set out to do. May you have lots of fun in life and good luck along the way. Stay close and know we love you! - Love Mom + Dad

Chase Gagnon

Congratulations! We are so proud of the always smiling, kind, sweet person that you are. On to your next adventure!

Love,
Mom, Dad and Eddie

Brian Lucchesi, Jr.

Behind you, all your memories.
Before you, all your dreams.
Around you, all who love you.
Within you, all you need.

We love you with all our hearts, today and always! LOVE Dad, Loren, Max & Charlotte

Jeremy Powers

Our sweet boy Jeremy - we are so proud of you! You are an amazing and talented young man and we are excited to see what the future brings for you! Thank you for being a wonderful son and a super cool big brother!

With all our love,
Mama, Papa, Melanie, Joey and Maya

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